SMC OPENS 2ND BUCAS

of Health (DOH) and of the first-ever private- far, promoting better San Miguel Corporation ly-supported BUCAS Cenhealth and wellness prac-(SMC), through its San ter, also with the SMF, tices to hundreds of partic-first private partner of the Miguel Foundation, Inc. through its Better World ipants. (SMF), opened recently Clinic in Cubao, Quezon a second Bagong Urgent City, which started oper- are designed to address Care and Ambulatory Ser- ations in partnership with healthcare needs that ru- World Clinic in Cubao to vices (BUCAS) Center, the Quirino Memorial Med- ral and city health units further strengthening their ical Center (QMMC) last cannot always address, pioneering partnership to year. bridge public healthcare gaps especially for the Smokey Mountain — an

center, located at the San - now offers outpatient medical procedures may viding essential medical Miguel Foundation's Bet- services alongside Phil- be available in higher-levter World Smokey Moun- Health Konsulta Packag- el government hospitals, tain facility in Manila, is op- es, with medical staff from these facilities primarily erated in partnership with TMC attending to BUCAS attend to emergency and made it possible for pathe Tondo Medical Center Center patients.

Better education and training fa-The new BUCAS cility run by SMF in Tondo

The Department ter builds on the success education sessions thus

BUCAS Centers such as lab work, diagnos-World tics, and minor surgical urban areas where gaps in

> While laboratory services and certain complex cases — often

more routine or less urgent needs.

SMC became the DOH in the rollout of the BUCAS program, offering facility space at its Better QMMC as a benchmark for how the initiative can work. particularly in high-density medical care access are most pressing.

By readily proservices in the community level, the BUCAS Center run by SMF and QMMC tients to be treated sooner The facility has resulting in long waiting This setup helped ease The new cen- also conducted 15 health times for patients with the burden on public hos-

pitals, which must prioritize emergency and critical care cases.

Driven by a deep sense of "malasakit" — a SMF not only provides the space for consultation rooms and an activity hall, it also facilitates the identification of patients who can avail of free high-quality medical services under the program.

Following this pilot public-private partner- system is overwhelmed. ship model with SMC, the That is where BUCAS DOH has already opened 50 BUCAS Centers na- opportunity for our Bet

tionwide based in public hospitals or in facilities of private sector partners.

"This is the kind of impact we want to core value of SMC — make: help patients, especially the poor, recover faster, return to their daily lives, and thereby strengthen communities," said SMC Chairman and CEO Ramon S. Ang.

"Many of our kababayan who fall sick are left waiting because the Centers come in. It's an

More than 3,000 residents across CALA-BARZON received assistance this month through particularly women. Senator Alan Peter Cayetano's Bavanihan Caravan, conducted in partnership with government Employment (DOLE) to agencies and local officials.

In collaboration with the Department of Social Welfare and Development (DSWD), the senator's office distributed livelihood assistance to women and health workers in Mendez and Tanza, Cavite, as well as in Lobo reach, the senator's office and Taysan, Batangas, under the Assistance to Individuals in Crisis Situa- Laguna, offering free gention (AICS) program.

who supported the initiative included Tanza Vice healthcare for women. Mayor Archangelo Matro, Mendez Mayor Francisco Mendoza, Lobo Mayor ried out with the support Lota Manalo, Taysan May- of Laguna Representative or Edilberto Adabay, and Len Alonte, Biñan Mayor former Batangas Representative Raneo Abu.

Cayetano's office also extended aid efforts, Cayetano continto residents of Antipolo City through DSWD's nity-building and national Sustainable Livelihood Program (SLP), with the that government support help of Kagawad Kristine Ibardolaza. The program most.

aims to provide livelihood opportunities and support recipients' daily needs,

The caravan also partnered with the Department of Labor and provide livelihood packages to residents of Antipolo City under the DOLE Integrated Livelihood Program (DILP).

The program was made possible with the support of Antipolo Mayor Casimiro Ynares III.

Expanding its conducted a Tulong-Medikal Caravan in Biñan, eral medical check-ups, Local officials diagnostic services, medicines, and specialized

The medical assistance initiative was car-Arman Dimaguila Jr., and Vice Mayor Gel Alonte.

Through these ues to champion commutransformation, ensuring reaches those who need it

RR LACSON: ANG BAGONG





The Provincial Government of Cavite Employees Association (PGCEA) marked another milestone as the new set of officers for the year 2025-2026 vowed to their duties and responsibilities after being sworn into office at the Conference Room of the New Provincial Capitol on April 21, 2025. This underscored the continuity in leadership and commitment of one another for the advancement of the association and for the betterment of the government employees.

Atty. Rodolfo Uy III, Provincial Administrator, alongside Ms. Maria Fe Satsatin, Provincial Human Resource Management Officer, officiated the Oath Taking Ceremony. He, then, congratulated the elected officers and reminded them to adhere to their oath.

Afterward, Ms. Michelle Osorio, PGCEA President, imparted that the cooperation, support and trust of the members will solidify the association, "Ito ay parang walis tingting, kung isa hindi siya makakawalis, pero kung naka bind sila, sama-sama, magagawa natin nang maayos ang ating trabaho." - J. Reyes



ILHEALTH, MAY ACCREDITED FACILITIES THERAPEUTIC CARE OTC BENEFITS PACKAGE NG SEVERE ACUTE MALNUTRITION

Ngayong 2025, maaari nang magamit. ang Outpatient Therapeutic Care (OTC) tienefits para sa Savere Acute Malnutrition sa Calarnita, Leguma.

Accredited na para magbigay ng rusabing benepisyo and Calamba City Health Office, Barreto St., Barangey 7, Calamba City at any Cuba Urban Health Center, Pursk 7, Barangay Pusts. Calamba City.

And outpatient therapeutic care benefits. package para sa SAM ay tugon upang isulong ang universal coverage at financial risk protection para sa mga bata at pamilyang Pilipino. Ang halaga ng nasabing benefit package ay P2500 para sa mga sanggol na wala pang anim (6) na buwan ang edad at P17,000 naman para sa mga batang anim (6) na buwan hanggang limang (5) taong gulang

Sakop ng benepisyong ito ang mga sumusuned na serbisiono kinakailangan para sa gamutan ng SAM gaya ng

pagpapaya, commodities (ready-to-use therapeutic food a BUTF), inga garnet kung kinakallangan, gayundin ang paginat mula sa outpatient therapeutic care (CTC) papuntang inpatient therapeutic care (ITC) at mga follow-up visit o paginista sa tahanan at

Ang Severe Acute Mainutrition o SAM ay isang kritikal na pandaigdigang isyu na nansangailandan ng madallang stensyon at akayon. Kaya namon patuloy and paghihikayat ng Philbiealth Regional Office IVA sa mga capital at iba pang mga health care providers na magpa accredit para mas maraming positidad ang makapagbigay ng naturang serbiayo sa mga miyembra ng

Para sa mga karagdagang impormasyon o detalye, meaering burnisita sa Philippath official website sa www.philheulth.gov.ch, (7.Villanueva)



DTI AND ASEAN BAC PH TAKE THE FIRST STEPS FOR AN ASEAN CENTER FOR MSME DEVELOPMENT. In the meeting last April 8, 2025 at the DTI for the planned ASEAN Centre for MSME Development are (from left) ASEAN Business Advisory Council Philippines (ASEAN BAC PH) Executive Director Gil Gonzales Director Sherilyn Aquia of the DTI's Bureau of International Trade Relations, DTI Usec. Atty. Allan Gepty, Ambassador Delia Albert, Go Negosyo founder and ASEAN BAC PH Chair Joey Concepcion, Go Negosyo Executive Director Mina Akram, and DTI Philippine Bureau of International Trade Relations Chief Denise Cheska Enriquez.

ROBERT REY **IBALIK ANG PUSO** SA PACSESERBISYO

10 practical health tips to help vou start off towards healthy living in 2025.

1. Eat a healthy diet

Eat a combination of different foods. including fruit, vegetables, legumes, nuts and whole grains. Adults should eat at least five



portions (400g) of fruit and vegetables per day. You can improve your intake of fruits and vegetables by always including veggies in your meal; eating fresh fruit and vegetables as snacks; eating a variety of fruits and vegetables; and eating them in season. By eating healthy, you will reduce your risk of malnutrition and noncommunicable diseases (NCDs) such as diabetes, heart disease, stroke and cancer

2. Consume less salt and sugar

Reduce your salt intake to 5g per day, equivalent to about one teaspoon. It's easier to do this by limiting the amount of salt, soy sauce, fish sauce and



other high-sodium condiments when preparing meals; removing salt, seasonings and condiments from your meal table; avoiding salty snacks; and choosing low-sodium products.

On the other hand, consuming excessive amounts of sugars increases the risk of tooth decay and unhealthy weight gain. In both adults and children, the intake of free sugars should be reduced. WHO recommends consuming less than 5% of total energy intake for additional health benefits. You can reduce your sugar intake by limiting the consumption of sugary snacks, candies and sugar-sweetened beverages

3 Reduce intake of harmful fats



Fats consumed should be less than 30% of your total energy intake. This will help prevent unhealthy weight gain and NCDs. There are different types of fats, but unsaturated fats are preferable over saturated fats and trans-fats. WHO recommends reducing saturated fats to less than 10% of total energy intake: reducing trans-fats to less than 1% of total energy intake; and replacing both saturated fats and trans-fats with unsaturated fats.

The preferable unsaturated fats are found in fish, avocado and nuts, and in sunflower, soybean, canola and olive oils; saturated fats are found in fatty meat, butter, palm and coconut oil, cream, cheese, ghee and lard; and trans-fats are found in baked and fried foods, and pre-packaged snacks and foods, such as frozen pizza, cookies, biscuits, and cooking oils and spreads.

cont. on next issue

RIZAL..

The Department of Trade and Industry Rizal Provincial Office in part-Rizal President Byrant nership with the Depart-Kim An and a message ment of Information and from DICT Rizal Provincial audience. Head Clark Christopher Communications Tech-

STRAIGHT NEWS

ASEAN Digital speaker. She started her discussion with a brief introduction of TikTok can be beneficial to business and brands.

Ms. Soriano discussed how TikTok algorithms work, beginning on nar started at 1:30 in the the point of view of the us-

afternoon with an open- ers and consumers, then ed that as important riding ing message from ECOP how businesses can take advantage of these algorithms to reach their target

>>>>>>>>>>>>>>

She also gave tips on how to grab the au-Trainer MJ Soriano served to best interact with them as the day's resource to ensure that engagements translate into sales.

Lastly, the speaker introduced other applisome key metrics, target cations that businesses demographics, and how it and brand owners can use to maximize efficiency in audiences in the know of creating and scheduling content and promotional

Throughout the session, Ms. MJ highlight- the competition.

May 07-13, 2025 FROM PAGE

along trending gimmicks and creating contents for engagements are, businesses and brand owners should first and foremost consider if what they are dience's attention and how about to do aligns with

> Now in its fourth Digital Tuesdays Webinar Series is an initiative of DTI Rizal and DICT Rizal that aims to keep MSMFs and other the latest digital advancements, to ensure they aren't left behind and can keep up, if not ahead, of

RR LACSON...

nology - Rizal conducted

year's "Digital Tuesdays"

Webinar Series with the

topic TikTok Management

101: Building your Brand

Presence on March 18,

2025 and was joined by

135 participants on Zoom

syo Center Cardona Busi-

ness Counselor Johanna

Faye R. Javier, the webi-

Hosted by Nego-

and Facebook Live.

the second module of this

SA bawat panahong dumarating, may isang lider na tumatavo upang ipaglaban ang pangarap ng kanyang mga kababavan.

Sa lungsod ng Imus, ang pangalang RR Lacson ay hindi lamang isang kandidato—siya ay isang simbolo ng pag-asa, pagbabago, at tunav na malasakit para sa bawat Imuseño.

Hindi personal na ambisyon ang nagtutulak kay RR Lacson sa kanyang laban. Hindi ito para sa kapangyarihan o para sa iilan lamang. Ang kanyang adhikain ay para sa lahat ng Imuseñopara sa bawat pamilya na nangangarap ng mas maunlad na kinabukasan, ay nakaugat sa kanyang para sa bawat manggagawa na nais ng mas maayos na oportunidad, at para sa bawat kabataang umaasang magkaroon ng mas maliwanag na bukas.

Sa ilalim kanvang pamumuno, nais niyang siguruhin na ang Imus ay hindi lamang magiging isang simpleng lungsod sa Cavite kundi isang huwarang lungsod na tinitingala sa buong

kanyang bisyon ay isang Imus na may maayos na serbisyong pampubliko, maunlad na ekonomiya. at higit sa lahat, isang lungsod na tunay na nagmamalasakit sa kanyang

Kasama si Cong. Emmanuel Maliksi at ang buong Team Imus 2025, linaw: RR LACSON.

FROM PAGE

si RR Lacson ay nangunguna sa isang grupo na hindi lang tungkol sa pulitika kundi tungkol sa tunay na serbisvo. Ang kanilang laban ay laban ng bawat Imuseño na naniniwala sa isang gobyernong bukas-palad, may malasakit, at inuuna ang kapakanan

Hindi na bago sa mga taga-lmus ang kahalagahan ng pagkakaisa. Matagal nang pinatunayan ng lungsod na kapag nagkakaisa ang pamahalaan at mamamayan, walang imposible sa pag-abot ng kaunlaran.

Ang pangarap ni RR Lacson para sa Imus ay hindi lamang nakasulat sa mga plataporma—ito puso at isipan.

Alam niva and tunay na pangangailangan ng bawat pamilya. at ang pangarap ng bawat kabataan.

Kava naman hindi siya nangangako lamang, kundi kumikilos upang gawing realidad ang kanyang mga adhika-

Ang laban ni RR Lacson ay laban ng bawat Imuseño na naniniwala sa lad, at mas makataong

At sa darating na halalan, ang tanong av hindi kung sino ang tatakbo, kundi sino ang tunay na lalaban para sa mga taga-Imus.

Ang sagot ay ma-

MSME sector, the Philippines is being positioned as the site of the ASE- said that the cooperation AN region's first hub for MSME Development. ASEAN Business Advisory Council-Philippines (ASE-AN BAC PH)chair Joey Concepcion recently met with the Department of Trade and Industry (DTI) Usec. Allan Gepty to seek the DTI's support and quidance for the establishment of an ASEAN Centre versity. for MSME Development. which will be a regional government and private sector initiative.

The Centre for MSME Development is envisioned to serve as a physical cenang hamon ng kahirapan, ter for entrepreneurship itv-building, and a way to help expand the network ing their knowledge of best preneurs. practices.

It is also hoped that the centre will increase the awareness of the ASEAN among ordinary Filipinos, especially mas maayos, mas maun- as the country is set to host the ASEAN Summit in 2026

With Concepcion was Ambassador Delia Albert and ASEAN BAC PH Executive Director Gil Gonzales

Concepcion, who is also the founder of the non-profit Go Negosyo

which has advocated for entrepreneurship among Filipinos for 20 years now. between government and private sector in MSME development puts the country in an ideal position to host the center.

If realized, the will be the Philippines's second such regional center for excellence the other being the ASEAN Centre for Biodi-

The Philippines chairmanship in 2026 is seen as an opportune time for the Philippines to launch the center as it aligns with the DTI's priority agendas

The centre will be one of the legacy projects mentors, a hub for capac- of the Philippines chairmanship in 2026, along with initiatives in food seof MSMEs while increas- curity and women entre-

Proponents of the initiative will next present the concept, and once approved, will secure a declaration from ASEAN





The National University (NU Dasmariñas) awarded a Certificate of Recognition to the Department of Science and Technology-Cavite (DOST-Cavite) for its valuable partnership in community development and extension initiatives

Dasmariñas' 4th Founding lights a shared commit- munity in the country.

held at the university campus. DOST-Cavite was acknowledged as one of the institution's key government partners in advancing community-based programs and outreach

Anniversary celebration ment to fostering innovation, technology transfer, and sustainable development for local communi-At DOST, we

continuously serve the people through science. technology, and innovation by showcasing programs The partnership products, and services The recognition between DOST-Cavite that provide opportunities was presented during NU and NU Dasmariñas high- and benefits to every com-

subsidy para sa 390 mag-

papalay ng Lucban, Ta-

vabas at Pagbilao, Que-

zon ang naipamahagi ng

Department of Agriculture

IV-CALABARZON (DA-

suporta ng programa sa

mga magpapalay upang

makabawas sa gastos

ng produksyon sa kabila

critical role AboitizPower

plays in helping the nation

achieve its renewable en-

Aligned

efforts to ensure that

its team members are

equipped with the knowl-

edge and understanding

to support and drive these

initiatives forward as part

of its ongoing educational

sights on the country's en-

ergy future, AboitizPower

continues to engage and

empower its employees

By sharing in-

in the Philippines.

Ito av bahagi ng

Lucban, Quezon.

tong petrolyo.

ABOITIZPOWER LEADS WITH **PURPOSE ON EARTH DAY 2025**

AboitizPower's purpose of a more sustainable energy transforming energy for a mix. better world.

challenges the global community to triple renewtainable, reliable, afford- systems. able, and responsible eneray solutions.

AboitizPower continues to play an active in its pipeline. role in the Philippine energy transition.

cal clean energy assets, including the 159-MWp Laoag solar, 173-MWp Calatrava solar, 45-MWp 17-MW Tiwi binary geo- allocated P78.1 billion in energy transition, and the

ebrates the 55th Earth part of its broader strategy 2025, with 66% earmarked Day with the theme "Our to grow renewable energy for renewable energy proj- ng patuloy na pagtaas ng gumagamit siya ng mga Power, Our Planet," this capacity, helping to accel- ects, reinforcing its goal of message aligns with erate the country's shift to growing clean energy ca-

taking as we pursue sus- wind, and energy storage tary thermal capacity.

These initiatives AboitizPower's drive to develop a robust evolving needs of the Philippine energy sector.

As the world cel- thermal plant. These are capital expenditures for presyo ng mga produkpacity to 4,600 MW.

AboitizPower AboitizPower is embraces a balanced, Earth Day 2025 continually seeking op- future-ready approach, portunities to expand its leveraging the strengths renewable energy capac- of multiple energy technolable energy generation by ity, encompassing variogies while ensuring the 2030—a goal that aligns ous technologies such as stability and security of the with the direction we are solar, hydro, geothermal, grid through complemen-

To further this To date, the com- vision, AboitizPower repany has disclosed over cently held its first #Bet-1,000 MW of RE projects terTogether session of the year, titled "Powering the Philippines' Energy Journev." This session, which is part of the company's company energized criti- and diversified renewable efforts to educate its team portfolio that meets the members about sustainability issues, provides an in-depth look at the In line with these Philippine Energy Plan, Armenia solar, and the efforts, AboitizPower has the country's roadmap for

rehistradong magsasaka na may dalawang ektary- culturist Sonia Catchuela ang o higit pang sakahan ng tig-tatatlong libong halaga ng fuel subsidy na maaari nilang gami-4A) Rice Program noong tin para sa kanilang mga programa ay tulong upang ika-20 ng Marso 2025 sa makinarya at sasakyan sa sakahan.

Nagpasalamat si G. Joselito Castillo, isang magpapalay ng Tayabas. Aniya, napakalaking tulong nito lalo na at makinarya tulad ng hand tractor at grasscutter sa

to actively participate in the push for cleaner, more sustainable energy solu-

This Earth Day, Earth Day's theme, the AboitizPower invites evdiscussion highlights how ervone to be part of the AP contributes to accelersolution, whether through ating the energy transition making sustainable personal choices, support-It also under- ing renewable initiatives.

within their circles—even action counts

The path to a cleaner, more secure energy future isn't built over-

It takes commit ment, innovation, and collaboration

AboitizPower is proud to walk that path evscores the company's or spreading awareness ery day.





Hiniling naman

ni Lucban Municipal Agrisa mga magsasaka na paglaanan lamang ng gasolina and mga makinarya nila sa palayan. Aniya, ang makabawas ng gastos sa produksyon ng palay, gamitin lamang ito para sa kanilang sakahan.

Samanatala in aasahan din na makakatanggap ng nabanggit na sabsidiva and iba pand magpapalay sa iba't-ibang bayan sa rehiyon.

established by adopting start-up loans and other the CARD-Business De- financing solutions to MSvelopment Service Foun- MEs and the general pub- cess to resources for ecodation (CARD-BDSFI) ini- lic. tiatives such as supplies sourcing and pilot projects tiative of CARD LFC is related to leasing and fi- providing affordable leas-

goals, our strategy aligns The institution facilitates reinvest our profits in busi- lar products to households

CARD Leasing ness opportunities that in off-grid areas through

CARD LFC provides oper-

ing and financing intended "To fulfill our for solar home systems.

stitutions. "As we face CARD LFC was ating and finance leases, 2025, we pledge to collaborate with like-minded institutions to provide ac-Another key initrepreneurs, families, and communities," Ms. Burgos

> concluded. To learn more about CARD LFC, visit its CARDLFCOfficial.

STRAIGHT NEWS ATTUETE'S HOUSE' RISES AT VERMOSA

Hub. such as a FINA-stan-

dard Olympic size swim-

pool, an IAAF certified

400-meters track oval, a

multi-sport open field and

equipped with a sports sci-

ence laboratory and is one

of three football pitches in

the country with valid FIFA

"Designed with Filipino athlete in

certification.

MANILA, Phil- the sports hub grounds ippines - A 30-room ath- of the Ayala Land estate, guration of the housing, letes' accommodation has and is accessible to the been inaugurated at the different sports facilities in CARD SME Bank, and elite national athletes" ming pool with a warm-up With CARD CARD MRI Rizal Bank — competing both locally and CARD MRI's financial ininternationally.

> The athlete house, located inside the an indoor fitness facility Vermosa Estate in Imus, Cavite, was officially inaugurated on Wednesday. According to MJ

nomically challenged en- Aragones, the project development manager of Avala Land Estates Inc.. the the establishment is "a mind, room configurations testament of Vermosa's are built to suit a team ongoing commitment to seeking a comfortable and official website at https:// support Philippine sports convenient home base for with CARD MRI's mission the partnership for the sup- www.cardmri.com/clfc/ and encourage a healthy training or a family looking to eradicate poverty. We plies and distribution of so- or its Facebook page at @ and active lifestyle for all." for an active getaway," the It was built on statement read.

a groundbreaking for the athletics' center dugout was also conducted.

The dugout which is projected for completion next year, is expected to turn the sports hub grounds "into a busy competition venue for both professional and amateur

It will have locker rooms for playing teams. a room for officials and referees, a media room and an open deck for VIP

Recently, Vermosa also opened its facilities to the young athletes of Takho Kahitenyo a non-profit organization for young runners from Cavite who aspire to become national athletes one day.

PNPA'S SINAGLAWIN CLASS OF 2025 TOP CADET: ILLED TO SERVE

reach the peak.

of Oriental Mindoro, the pecially to his father, his journey to the top of the role model and a dedicat-Sinaglawin Class of 2025 ed police officer. of the Philippine National Police Academy (PNPA) the hardship of my fa- status. I know my parents is full of purpose, perse- ther. One way I could do can't afford the cost of tuverance, and passion to that when I was young ition. I forced it because

Rank 1. Vitto also received proud." he shared. My the Journalism Kampilan. Best in Forensic Science parents happy, and I want Everything went downhill and Best in Education to protect those smiles," awards

Vitto excelled

For Police Ca- became a way to give

as ments—to make them achievements made my he recalled

There is no easy young age. He has been a ground, Vitto was not ex- was broken, and I had no came a source of strength. dets. do not lie. cheat. or road to success, only consistent top of the class empt from life's challengmountains to conquer to since elementary school, es. He initially pursued a and these achievements degree in medical technology at a well-known det Marc Joseph L. Vitto back to his parents-es- university in Manila, with a high hope of gaining a full scholarship.

"I decided to en-"I want to repay roll despite our financial was through my achieve- I'm confident I'll get a full scholarship," he said.

> But his scholarship didn't push through.

"1 remember Though he has during my birthday I was academically even from a a good academic back- kicked out of my apart- but failed. Though he was Service," and I will live PIA4a)

with my parents."

Vitto questioned his decisions but chose thing aligned for him. not to give up. During this time he saw the advertisement for PNPA on Facebook. He did research about the academy and benefits of being a cadet and considered a different

"I realized that being a police officer, just like my father, is meaningful. It has the same goal as lives and to be of service to people."

He then applied

there, and my cellphone outcome, his father be- honor code, "We, the cameans of communication When the opportunity came for another shot at his PNPA dream, every-

"I think the talent skills and abilities are and purpose there to help the people and that is my calling."

Though there are challenges in being a police officer. Vitto takes the pressure and high expectial to be able to give gualtations positively.

"To be top of the class, I will use the lessons and knowledge we being a medtech—to save gain in the academy and ication. Mountains may be also the virtues and atti- high, but he conquered tude instilled by PNPA— Justice, Integrity, and tion and hard work. (KA-

ment, my brother was not disappointed about the with the PNPA mantra and steal, nor tolerate among us those who do.'

The challenges he conquered became a step closer to his dream

"I am also thankful to PNPA for providing an environment where cadets can thrive, excel, and develop to our full potenity service that the Filipino people deserve.

His experience is a testament to his dedthem with determina-

DILG to LGUs: Ensure equal access to public facilities regulations of regulations

tions fast approaching, the halls, civic centers, pla- and meetings, particularly vance public welfare and Department of the Interior zas, parks, open spaces, during the election period and Local Government covered courts, sports when such requests must (DILG) has urged all local complexes, recreational government units (LGUs) centers, and other compato quarantee equal access rable public venues. to public facilities for all. regardless of political af- Circular 2025-037, the filiation, religious beliefs, DILG emphasized that use of public facilities, or other similar consider- LGUs must provide po- provided these are con-

covers the use of baran- facilities for lawful purpos- applied uniformly. These

litical entities with equal

be given priority. The Department

clarified that LGUs may In Memorandum implement reasonable guidelines governing the sistent with existing rules This directive opportunities to use these and regulations and are

With the elec- gay halls, multi-purpose es such as assemblies guidelines must also adconvenience, aligned with the nature and intended purpose of the facilities.

The DILG further underscored the importance of prudence and fairness in the administration of public properties, in keeping with the principles of equity and public ser-

At the same time.

ernment facilities within of receipt, in compliance Tape Authority (ARTA) fees paid.

on all applications or re- warned that if an LGU fails quests for access to gov- to act within the prescribed period, the request shall three days from the date be deemed approved, provided that all necessary with the Ease of Doing documents have been Business Act and Anti-Red submitted and applicable



May 07-13, 2025

EDITORYAL: Road rage on the rise

125,000 jeepneys, 93,000 trucks and 87,000 plus taxis. discussions on proposed legislation to penalize road rage.

Metro Manila, the country's educational and industorists spending a long span of time each year stuck in traffic. The high volume of vehicles on the roads, especially during sive behavior "sends a strong message that violence on the road, at home. Experts said such individuals must seek profes-

A potential cause of anger while driving is feeling

Her

transfer

HOT weather and mind-blowing traffic gridlock in rushed due to traffic, with the underlying argument that when one well as discourtesy or hostility of other drivers. Depression, Metro Manila, where nearly 15 million people live, have vi- is short on time while driving to one's destination, one may feel bipolar disorder and post traumatic stress disorder are also ciously combined yet again to contribute to the frustration frustrated particularly when one comes across a situation that a few examples of mental health conditions that can lead to and stress that point to road rage. Last year, an average 3.82 slows one down, which might cause one to drive in a more hur- road rage. People with these conditions may have difficulty million vehicles traveled through Metro Manila on a daily ba- ried, risky way. Earlier this month, a road rage altercation in the regulating their emotions, which can make them more prone sis, an increase of about 20,000 vehicles compared to the eastern outskirts of the metropolis turned fatal after a shooting to explosive outbursts while driving. previous year. Included in the statistics are 1.5 million cars, incident claimed the life of one of four victims, prompting renewed

STRAIGHT NEWS

trial center, which holds the record for the worst vehicular filed – all pending with the House Committee on Transportation traffic also leads to stress, impatience and frustrations which traffic congestion among Southeast Asian urbanized cities, to this date - aiming to reduce the number of road rage incidents, could escalate to pugnacious attitude on the road. Another continues to experience heavy vehicular traffic daily, with mo- with the first filed by San Jose del Monte Rep. Florida Robes. factor is anxiety, a mental health concern common among

peak hours, contributes to this congestion, with many on the verbal or physical, has no place in civilized society" - arguing that sional help for the proper personality management and regroad in deep conviction of perceived impediments to their passing such bills would be more "preventive than reactive" when ulation of their strong emotions, adding the government must

The most common adjacent triggers of road rage in- driver's license.

clude one's progress being impeded as by slow driving, being put at risk, instance reckless behavior of other drivers, as

..... VOL. II · NO. 45

Other studies show that high temperatures or hope weather can increase motorists' tendency to engage in road We note that since 2022, six House bills have been rage, with experts defining this as the heat hypothesis. Heavy Robes explained to reporters that penalizing aggres- individuals experiencing stress at work or having problems progress and feeling of being at risk due to reckless driving. it comes to road rage, as "deterrence starts with definition." consider mental health assessments for those applying for a

IAGLAWIN class of 2025 proves PNP also for women law enforcement. also receive the Leader-

ship Kampilan Award.

Born and raised

"Since I was in

is ranked 2nd and re-

ceived the Vice Presiden-

tial Kampilan Award, and

Special Awards for Best in

Laws and Jurisprudence

Administration

IN class of the Philippine National Police Academy to the PNPA taught the police officers should be training is not just building Acidre's dream to become judged not by their gender but their intelligence.

tenacity, and strength. The class of 2025 made history as the PNPA's first graduating is the importance of brothbatch of police cadets to erhood and being close be led by a female Regimental Commander of the Cadet Corps- Police Cadet Justine Jade Calpahi.

with the Philippine Inforzon, Calpahi shared that she initially took up Medical Laboratory Science with plans to pursue a her leadership, the Kacareer in medicine before bayan. Benguet native will finding her true calling in

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strength and acumen for law enforcement. Calpahi added: "The most important thing was part of the PNPA we learned in the Academy

with your other classmen." Over almost four In an interview years, Calpahi grew up with her fellow cadets with mation Agency-Calabar- whom she developed the and Best in Public Safety ability to express her emotions more openly.

with your colleagues and

developing a strong bond

As testament to Elementary, I have seen

my father's work so at an early age I was inspired [to become a police officer. He's also been telling other parents that I will also become a police officer. So it was inculcated in me

1990

this is the path I chose " Acidre initially took the PNPA College Admission height requirement.

what my father wanted, so

Thinking she had to bury her and her family's dream, she pursued formance in 2023, when focuses on improving a degree in Bachelor in it recorded P9.7 billion Elementary Education at against a P6 billion target, models, refining its under-Levte Normal University.

But as fate would have it, the Covid-19 pan- P6 billion goal. demic drew her back to the path of becoming a po-

during the pandemic, I reliable partner in risk Seal of Protection Awards saw promotional videos management," said GSIS in November 2024, honorof the PNPA reducing the height requirement to 5 Manager Wick Veloso. and national agencies that

[It was a] Good can excel in other things," thing I was still within the

once again." a police officer started at "I told myself: my a young age, having been physical strength will be inspired by her father who developed over time and I have developed good TAGAPAMAYAPA Class of study habits.

My height and

Known for its Meanwhile, Ca- age requirement, so I took rigorous physical and ac- PNPA, the SINAGLAW-

> try's finest servicemen. In 2025, more up key ranks in the Philip-

than 42.000 women make Acidre and their sisters at pine National Police, em- ademically helped them physical abilities are not phasizing their indispens- defy stereotypes on wom-

Upon leaving the (PNPA) has proven that young cadet that police det Kristina Argoncillo it as a sign to try applying ademic regimen for its IN Class of 2025 hopes cadets, the PNPA has pro- to reshape society's view duced some of the coun- on law enforcement as a

man's iob.

For Calpahi the PNPA, excelling acin Tacloban City, Acidre my limitations because I able role in shaping the en in the police force. PIA

Service Insurance System guards—they are strategic curing their infrastructure (GSIS) has once again tools that enable agencies outperformed its non-life to recover faster from cainsurance premium tar- lamities and continue pub- and get—marking its third lic service with minimal at an early age that this is straight year of exceeding disruption." goals and reinforcing its public assets nationwide.

Test but fell short at the 5'2 non-life insurance premi- (JICA) through a Techni- with national and local ums, significantly surpassing its P8.9 billion target. (TCP). This follows its strong perand in 2022, with P6.84

> "These achieveing trust of government President and General

are not just financial safe- plary commitment in se

To further encrucial role in protecting hance its capabilities, reach of its insurance cov-GSIS is collaborating with For 2024, GSIS the Japan Internationposted P10.5 billion in al Cooperation Agency cal Cooperation Project

GSIS's risk assessment writing process, and probillion production over a moting the importance of insuring public properties.

In recognition ments reflect the grow- of government efforts to safeguard their assets. "After two years agencies in GSIS as a GSIS held the second ing local government units "Our insurance programs have demonstrated exem-

through GSIS insurance.

As climate risks other unforeseen events continue to threaten public infrastructure, GSIS vows to expand the erage, support post-disaster recovery efforts, and strengthen partnerships government agencies.

As an added laver of protection for cities GSIS now offers Parametric Insurance in addition to traditional indemnity insurance coverage.

This type of insurance allows for the quick release of funds that cities can use for disaster recovery.

"We urge more agencies to insure their properties, with GSIS. Preparedness is no longer optional—it's essential. Veloso added, PR

the Chan Lim Collection

Like petals un-

Chan Lim Family of Artists the country and overseas, and Painters.

This extraordi- showcases their remarknary exhibit, running from able talent in storytelling, Moms - Chan Lim's 52nd April 27 to May 13, 2025, brushwork, and color com- Art Exhibit at SM City Bacelebrates the blossoming position. love of moms through a fusion of timeless art and folding to embrace the enduring artistic legacy of cutting-edge technology.

Located at SM of Love celebrates the City Bacoor's Event Cen- warmth, devotion, and ter, the exhibit offers visi- strength of a mother's generations, this exhibit tors a captivating journey love. into traditional Filipino-Chinese culture.

proudly presents the 52nd various family members and the hearts that have showcase of the iconic and students from across loved us without bounds.

heartwarming experience! Visit Blossoms of Love for coor from April 27 to May 13, 2025, and witness the morning sun, Blossoms the Chan Lim family.

Showcasing their exceptional talent across seamlessly incorporates Every stroke of innovative technoloart is inspired by the hands gy while celebrating the Featuring intri- that have held us, the voic- beauty of motherhood



Experience love blossoming at SM City Bacoor as you immerse yourself in the rich cultural Filipino- Chinese art tradition featured in Chan Lim's 52nd Exhibit -Blossoms of Love for Moms



One of the event's highlights is a luminous tree, adorned with hand-painted hanging lamps and surrounded by moving flowers, butterflies, and live animations of waterfall and koi pond paintings— creating a breathtaking sensory dis-



Traditional art comes to life as Al transforms this painting into a life-size koi pond projection.



Dr. Alex Chan Lim shares his family's vision of preserving Filipino-Chinese culture through art.



exhibit in celebration of motherhood and love for moms.







painted scrolls which were painted through the tra- painted umbrellas captivating this mom and daughditional Chinese paint strokes using watercolor.

Republic of the Philippines Fourth Judicial Region **REGIONAL TRIAL COURT** OFFICE OF THE CLERK OF COURT City of Bacoor Email: rtc1bcrocc@judiciary.gov.ph. Telephone No. 09273707489

MAYBANK PHILIPPINES INC.. Mortgagee.

> Foreclosure No. 2025-64 For: Extra-Judicial Foreclosure of Real Estate Mortgage

JULI EMILLE PINEDA SAMILEY AND ANGELO CHRISTER DEOCAREZA UNABIA, Mortgagors

NOTICE OF EXTRA-JUDICIAL FORECLOSURE

Upon Extra-judicial Petition for Sale under Act 3135 as Amended by Act 4118 filed by mortgagee, MAY-BANK PHILIPPINES INC., at Maybank Corporate Center, 7th Avenue corner 28th Street, Bonifacio Global City, Taguig City, and against the mortgagors, JULI EMILLE PINEDA SAMILEY AND ANGELO CHRISTER DEOCAREZA UN-ABIA at #8 Kasoy Kanan St., Verdant Acres Subd., Pamplona II, Las Pinas and Unit No. 103 and Drying Area No. 103. Budi Building. Alea Residences. Las Pinas-Talaba Diversion Road, Brgy. Zapote 3, Bacoor, Cavite, to satisfy the mortgage indebtedness as of March 18, 2025 amounts to FOUR MILLION TWO HUNDRED NINETY ONE THOU-SAND NINE HUNDRED THIRTY FOUR PESOS & 76/100 (P 4,291,934.76), Philippine Currency, inclusive of interest, and penalty charges but exclusive of other fees incident to this foreclosure, the undersigned or her duly authorized representative will sell at the public auction on June 3, 2025 at 10:00 o'clock in the morning or soon thereafter, at the main entrance of the Hall of Justice of Bacoor City, Cavite, to the highest bidder for CASH and in Philippine Currency, the following described properties with all the improvements thereon, to wit:

CONDOMINIUMCERTIFICATE OF TITLE NO. 167-2022000041

IT IS HEREBY CERTIFIED that the unit identified

and described as: "ALEA RESIDENCES" - BUDI BUILDING **LOCATION: GROUND FLOOR**

UNIT DESCRIPTION: 2-BEDROOM (INNER UNIT) UNIT AREA: 49.50 SQUARE METERS,

ter art enthusiast. MORE OR LESS BALCONY 1: 15.00 SQUARE METERS,

> CONDOMINIUM CERTIFICATE OF TITLE NO. 167-2023000068

IT IS HEREBY CERTIFIED that the unit identified

and described as: "ALEA RESIDENCES" – BUDI BUILDING SERVICE AREA: 103 LOCATION: ROOF DECK

TOTAL AREA: 64.50 SQUARE METERS,

MORE OR LESS

MORE OR LESS

SERVICE AREA: 7.0 SQUARE METERS, MORE OR LESS

"All sealed bid must be submitted the undersigned on the above stated time and date."

"In the event the public auction should not take place on the said date, it shall be held on June 10, 2025, without further notice."

Prospective buyers or bidders are hereby enjoined to investigate for themselves the title to the said property and encumbrances, if any there be

City of Bacoor, April 15, 2025

(SGD) MELY C. HERMOSURA-VISTA Clerk of Court VI

(SGD) MARK ANTHONY S. DELA CRUZ

Sheriff IV

Copy Furnished: ROGER S DIAZ

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MAYBANK PHILIPPINES INC.

Maybank Corporate Center, 7th Avenue corner 28th Street, Bonifacio Global City, Taguig City

JULI EMILLE PINEDA SAMILEY AND ANGELO CHIRSTER DEOCAREZA UNABIA

- #8 Kasoy Kanan St., Verdant Acres Subd., Pamplona II, Las Pinas and Unit No. 103

- Drying Area No. 103, Budi Building, Alea Residences Las Pinas-Talaba Diversion Road, Brgy. Zapote 3, Bacoor, Cavite

WARNING: It is absolutely prohibited to remove, deface or destroy this notice of Extra-Judicial Sale on or before the

STRAIGHT NEWS PUBLISHING: APRIL 23, 30 & MAY 07, 2025





The 52nd Chan Lim Exhibit, located at SM City Bacoor's Event Center at the Lower ground floor, runs from April 27-May 13,2025.



Art transcending through generations, this young lady in in awe of the paintings displayed in the exhihit