

CALAX Governor's Drive Interchange Nears 40% Completion, Set to Open in 2025

Construction of the Cavite-Laguna (CALAX) Governor's Drive Interchange is now nearing 40% completion, keeping it on track for target opening in the second half of 2025. This 8.64-kilometer segment will connect Silang (Aguinaldo) Interchange to Governor's Drive in General Trias, Cavite, further enhancing mobility and reducing congestion in the region.



Once operation-

al, this new segment will further enhance CALAX's connectivity providing faster, seamless travel to General Trias and nearby areas. It will also ease traffic congestion on Governor's Drive and Aguinaldo Highway.

"We are committed to completing the entire stretch of CALAX by 2025. Its full opening will not only ease traffic and improve connectivity but also support econom-

ic growth by enhancing access to key areas in Cavite and Laguna." said

Ms. Elnora D. Rumawak, Officer-in-Charge of MP-CALA Holdings Inc.

Meanwhile, construction continues on its remaining sections, with Subsection 1 (Kawit Interchange) now over 31% complete, and Subsection 2 (Open Canal Interchange) at 21.9% completion.

Once completed, CALAX will stretch 45 kilometers from Mamlasan Rotunda in Laguna to Kawit, Cavite, integrating with major expressways to provide a seamless connection between Cavite, Laguna, and Met-

ro Manila. The expressway will feature a total of eight interchanges: Laguna Technopark, Laguna Boulevard, Santa Rosa-Tagaytay Road, Silang East, Silang (Aguinaldo), Governor's Drive, Open Canal, and Kawit Interchange.

CALAX will connect with the Manila-Cavite Expressway (CAVITEX) in Kawit, providing a more efficient route for motorists traveling between Cavite, Laguna, and Metro Manila. Once the entire expressway is fully operational, it is expected to serve up to 95,000 ve-

hicles daily, significantly improving travel times and boosting economic activity in the region.

MPCALA Holdings Inc., concessionaire of the Cavite-Laguna Expressway, is a subsidiary of Metro Pacific Tollways Corporation. Aside from CALAX, MPTC's domestic portfolio also includes the Manila-Cavite Expressway (CAVITEX), North Luzon Expressway (NLEX), the NLEX Connector Road, the Subic-Clark-Tarlac Expressway (SCTEX), and the Cebu-Cordova Link Expressway (CCLEX) in Cebu.

Go Negosyo Goes to San Pedro Laguna

Go Negosyo's popular 3M on Wheels free entrepreneurship mentoring event made its stop in San Pedro, Laguna last February 8, 2025. Go Negosyo founder Joey Concepcion thanked the hundreds of active and aspiring entrepreneurs from this town south of the National Capital Region who flocked to the Event Center of SM Center San Pedro, Laguna Gov. Ramil Hernandez and Laguna 2nd District Rep. Ruth Hernandez sent their messages of support, and were represented

by Capt. Ernesto Doncillo. PCCI-Calamba City Charter President Sherill Quintana of the Philippine Franchise Association welcomed the participants while the DTI was represented by Laguna Office Provincial Director Christian Ted Tungohan.

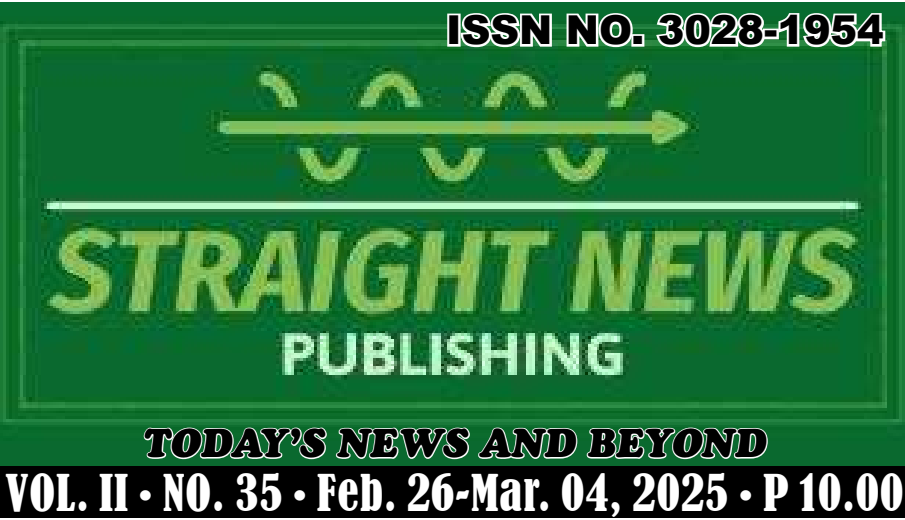
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Among those who volunteered to give free one-on-one mentoring for small businesses were veteran entrepreneurship mentors and successful entrepreneurs including Eric Caeg, Yolly Dela Cruz, Bryan Lato, Renel Batralo, Jerry Yao, Leah Ayeng, Girlie Sarmiento, and Rommel Viloria. Content creator Juliana Denise gave a free talk on how MSMEs can learn to become brand influencers. The event was hosted by Mercato Centrale's RJ Ledesma.

Imus, Tagaytay, and Noveleta Recognized for 1st Class Income Classification Upgrade



Mapúa MCL strengthens South Luzon's status as a research and innovation hub

Pia Cayetano to Parents: "Ambisyon natin ang Magandang Kinabukasan para sa ating mga Anak"

Pasay City— Speaking before a lively crowd at the Alyansa rally held today, February 18, Senator Pia S. Cayetano underscored her commitment to policies that secure a better future for Filipino families. "Mga nanay, isa lang naman ang ambisyon natin, na makita natin na maayos ang mga anak natin, hindi ho ba? Lumaki ng maayos, maging matino, may magandang kinabukasan," she said, emphasizing the importance of healthcare, education, and family well-being.



She highlighted key legislative victories, including the mandatory immunization law, cheaper medicines act, and the Doktor Para sa Bayan law, which expands access to medical education. These measures, she stressed, are designed to ease the burdens of parents and ensure a healthier, more secure future for the next generation.



Cavite teachers get cancer screening for free



Championing the Environment - CARD MRI Rizal Bank, Inc., a microfinance-oriented rural bank under CARD Mutually Reinforcing Institutions (CARD MRI), participated

ed in a Clean-Up Drive activity in Brgy. Kina-boogan, Binangonan, Rizal on September 21, 2024. The event was organized in collaboration with the Sangguniang Barangay and Sangguniang Kabataan of Binangonan. CARD RBI President and CEO Lyneth Derequito emphasized that the initiative is part of the bank's commitment to environmental stewardship, aiming to maintain a clean and healthy community.

Cavite Women Empowered Thousands of Beneficiaries Across Cavite Receives Financial Aid



Empowerment initiatives continue in this week's round of the Women's Welfare Program 2025, which successfully provided Php 2,000 in financial aid to 2,000 women in each city and municipality across Cavite from February 11 to 14, specifically in Amadeo, Indang, the City of General Trias, Rosario, Noveleta, General Mariano Alvarez (GMA), and Silang.

On February 11, Vice Governor Sherman Jaro led the program in Indang and Amadeo, with support from Mayor Redel John Dionisio. The initiative continued in the City of General Trias on February 12, backed by Sixth District Board Member Morit Sison. On February 13, Vice Governor Jaro and 2nd District Board Member Ram Revilla Bautista participated in activities in Noveleta and Rosario. In Noveleta, they were joined by 1st District Board Member Davey Chua and Mayor Dino Carlo Chua, reinforcing the province's commitment to women's welfare.

The final leg on cont. on Page 3



FROM CHAOS TO CALM: HOW A MORNING ROUTINE CAN REDUCE STRESS AND ANXIETY FOR FERTILITY SUCCESS

A consistent morning routine can have a profound impact on one's mental and emotional well-being, particularly for individuals navigating the challenges of fertility.

By establishing a structured and intentional start to the day, it is possible to reduce stress, anxiety, and feelings of chaos. This article explores the benefits of a morning routine in promoting a sense of calm, balancing work, and fertility activities, and ultimately contributing to fertility success. Through the incorporation of self-care activities and mindfulness practices, individuals can prioritize their well-being and better cope with the uncertainties that accompany the fertility journey.

Establishing a Consistent Morning Routine

Consistency is key in establishing a morning routine that promotes a sense of calm and reduces mental overwhelm.

By waking up at the same time each day, individuals can set a positive tone for the rest of their day. This section explores the importance of consistency in terms of sleep schedule, wake-up time, and the overall structure of the morning routine.

Implementing Work-Life Balance Through Morning Routines

Balancing work responsibilities with fertility-related activities can be overwhelming for individuals.

A well-designed morning routine provides a dedicated time to accomplish both work and fertility tasks, reducing the feeling of being pulled in multiple directions. This section highlights the benefits of organizing and prioritizing tasks in the morning routine to achieve a harmonious balance between work and personal life.

Reducing Stress and Anxiety for Fertility Success

Managing stress and anxiety is crucial for fertility success, and a morning routine plays a significant role in achieving this.

By incorporating relaxation techniques, such as meditation or deep breathing exercises, individuals can enhance their emotional well-being and increase their chances of fertility success.

Self-Care Activities for Enhanced Well-being

Self-care is essential for individuals going through fertility challenges.

Incorporating self-care activities into a morning routine can enhance overall well-being. From practicing gratitude and journaling to engaging in gentle exercise or enjoying a nourishing breakfast, these activities nourish the mind, body, and spirit, reducing stress and fostering a positive mindset.

Creating a Positive Mindset and Increasing Productivity

Starting the day with a morning routine establishes a positive mindset, setting the stage for a productive and fulfilling day.

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Imus...

The Provincial Government of Cavite through the Sangguniang Panlalawigan recognized the Cities of Imus and Tagaytay, along with the Municipality of Noveleta, for their remarkable achievement of being upgraded to 1st Class Income Classification. The appreciation and commendation were officially given during a simple ceremony on February 17, 2025 at

Mapúa...

Mapúa Malayan Colleges Laguna (Mapúa MCL) is helping reinvigorate South Luzon's standing as a research and innovation hub through the various research authored by its faculty and students. One of its most awarded professors, Dr. Ramachandra C. Torres, director of Mapúa MCL's Learning Environments and Innovations Office, received numerous awards from international research bodies throughout the year.

Dr. Torres was recognized as "Best Presenter" for his work on "AI Chatbots in E-Commerce Platforms: A Statistical Model of Customer Adoption" and appointed session chair, technical committee member, and paper reviewer at the 8th International Conference on Business and Information Management (ICBIM), held in Pattaya, Thailand, last August 2024.

He was given the "Best Paper" and "Best Presenter" Awards during the 8th International Conference on E-Commerce, E-Business, and E-Government (ICEEG) at Ajman, United Arab Emirates, for his paper on "Customers' Behavioral Intention and Actual Use of Mobile Shopping Platforms: Understanding Predictors Through Mathematical Modelling."

He was named "Best Reviewer" at the 15th International Conference on E-Education, E-Business, E-Management, and E-Learning (IC4E 2024) in Fukuoka, Japan. His

the OPG Receiving Area, New Government Center, Trece Martires City.

Noveleta Mayor Dino Chua and Imus City Mayor Alex Advincula personally received the recognition, while Cavite Governor Athena Bryana D. Tolentino accepted the award on behalf of Tagaytay City Mayor Bambol Tolentino.

Fifth District Board Member Aidel Paul G. Belamide and 1st Dis-

trict Board Member Davey Christian R. Chua sponsored a resolution to formally commend the three local government units for their economic growth and outstanding financial performance. The upgrade reflects their effective governance, improved revenue generation, and strengthened local development initiatives.

Provincial officials headed by Governor Tolentino and Vice Gover-

nor Shernan Jaro lauded the leadership and dedication of the local executives and their respective teams in ensuring sustainable progress.

The recognition highlights Cavite's commitment to fostering economic prosperity and acknowledges the continuous efforts of its cities and municipalities in driving development and progress. – OPIO

other research projects, which were also published in various Scopus-indexed journals or international publications that publish research based on high-quality standards, credibility, and academic rigor.

Despite his passion for inquiry, innovation, and prolific work, Dr. Torres's life of conducting scientific inquiry was not a walk in the park. He had to be prudent with time management since he had to juggle his scientific work while effectively fulfilling his role as Director of the Learning Environments and Innovations Office and professor. He also collaborated with his thesis advisees for faculty-driven research projects, who helped co-author some of the published work.

Conducting studies, publishing them, and presenting them at academic conferences also involve a substantial financial investment, which is a problem most researchers encounter. However, through Mapúa MCL's financial support and other grants, Dr. Torres and his team can submit their work to distinguished conferences, journals, and research societies without the financial burden and

He then pursued

From Page 1

From Page 1



Carmona Advances Transportation with Signing of South-Luzon Integrated Terminal Exchange (SLITX) Partnership

C A R M O N A , CAVITE – A pivotal moment in the future of transportation for Carmona and South Luzon was celebrated today with the signing of successful negotiations and the granting of Original Proponent Status (OPS) for the South-Luzon Integrated Terminal Exchange (SLITX) project.

The event, held alongside a press conference, was graced by Hon. Congressman Atty. Roy Loyola, Hon. Mayor Dahlia Loyola, officials from Megawide OneMobility Corporation, distinguished public officials, and members of the Carmona community. This strategic

partnership is set to transform regional transportation and enhance mobility for commuters traveling between Carmona, Metro Manila, and nearby provinces.

In her address, Mayor Loyola underscored the significance of SLITX:

"This initiative is more than just an infrastructure development; it is a commitment to efficient, safe, and modern mobility for commuters. This project exemplifies our vision of Carmona as a progressive and connected city."

SLITX aims to revolutionize transporta-



tion in the region, integrating a world-class terminal with commercial spaces, office buildings, and logistics facilities. Beyond enhancing travel efficiency, the project is expected to generate economic opportunities, create jobs, and drive local business

growth. Mayor Loyola extended her gratitude to all collaborators, stating:

"My deepest appreciation goes to our partners at Megawide OneMobility Corporation, our city officials, and everyone involved in bringing this

project closer to reality. This partnership reflects the power of a shared vision and commitment to public service."

The signing of this public-private partnership marks a milestone in Carmona's journey towards becoming a mod-

el Smart City, prioritizing sustainability, connectivity, and economic development. SLITX promises to be a game-changer, aligning with the city's goals of building a more efficient and progressive future for its people. (Edjun Mariposque)

SMC, Petron, Ginebra named among TIME's Top 500 Companies in Asia-Pacific

San Miguel Corporation (SMC) and its subsidiaries, Petron Corporation and Ginebra San Miguel Inc. (GSMI), have been recognized in TIME and Statista's 2025 ranking of the top 500 companies shaping business in the Asia-Pacific region.

SMC ranked No. 85, making it the second highest-ranked Philippine company, while Petron placed No. 216 and GSMI, No. 345. Their inclusion was based on employee satisfaction, financial performance, and sustainability transparency, which are key indicators of long-term business viability and ethical leadership.

SMC Chairman and CEO Ramon S. Ang welcomed the recognition even as he reiterated the company's commitment to excellence in business and social responsibility that extend to its subsidiaries.

This is the latest in a string of global awards for SMC. In 2024, it was named among the World's Best Companies by TIME (No. 463) and Forbes'

Best Employers (No. 89), the highest-ranked Philippine firm in the latter's top 100.

SMC continues to lead in nation-building through its diverse portfolio of businesses, with major initiatives in infrastructure, energy, and the environment.

Its Better Rivers PH project has removed over 8 million tons of waste from nine river systems in and around Luzon, while its infrastructure network including expressways and airports, strengthen connectivity and economic growth.

SMC also supports food security through partnerships with local farmers and operates Better World community centers that address hunger, education, and healthcare gaps.

"This recognition sets the stage for an even stronger 2025. It continues to prove that Filipino companies can compete on the global stage and make meaningful impact beyond business," Ang said. PR



SMC Chairman and CEO Ramon S. Ang welcomes TIME's recognition of San Miguel Corporation and its subsidiaries, Petron Corporation and Ginebra San Miguel Inc., in its list of top 500 companies in Asia Pacific.

Comelec issues poll debate guidelines

MANILA – The Commission on Elections (Comelec) has issued guidelines related to the conduct of poll debates on television and radio to ensure fairness and neutrality.

Resolution No. 11115 outlines the standards for conducting debates on television and radio, emphasizing that such events serve as essential tools for an informed electorate.

"Organized political debates are necessary tools in fostering the emergence of a fully-informed electorate in which the public interest is served

whenever political debates are effectuated," the Comelec said in a statement on Sunday.

The poll body said it wants to ensure that these debates are conducted with the same standards of fairness, neutrality and impartiality.

Under the rules, debate organizers must ensure that all candidates are invited, accommodated, well-represented, treated equally, fairly, and impartially.

Supporters and family members must be accommodated in equal numbers.

Venue arrange-

ments and moderator attire must avoid political bias or favoritism.

The debate, forum or interview series must be conducted or filmed in a safe and controlled environment to show a sense of professionalism and the observance of proper decorum for both the participant-candidate and audience and questions and topics to be tackled in the debate should not be trivial.

Comelec said the appearance by the candidate/s in debates, forums or interview series will not be computed against their

allowable airtime.

The organizers are also required to inform, in writing, the concerned Comelec office of the conduct of said debate, forum or interview series at least one week before the conduct of such activity.

The Commission said that its participation, if invited, is only as observer/guest only, which means it shall not be held responsible for any damages, injuries or losses that may occur during the event and that the conduct of the debate, forum, or interview series should be at no cost to the poll body. (PNA)



In response to the request from Starkson Logistics and Processing Center Inc., PSTO Laguna facilitated an Awareness Training on Halal for Starkson Logistics and Processing Center Inc. The training covered two key topics: Halal Concepts and Principles and Internal Halal Audit.

Ms. Hanimah M. Marwar from the Regional Standards and Testing Laboratories (RSTL) of DOST CALABARZON initiated the training with a discussion on Halal Concepts and Principles. Ms. Marwar began by defining and distinguishing Halal (permissible) and Haram (forbidden) according to Islamic Law (Shari'ah). Ms. Marwar also provided an overview of the 10 Halal Principles. She elaborated on Halal food guidelines, including permissible animals, plants, slaughter methods, and the importance of avoiding prohibited substances such as pork and alcohol.

The second topic, Internal Halal Audit, was presented by Ms. Jasmin C. Hamid from RSTL-DOST CALABARZON who explained that an Internal Halal Audit (IHA) is a systematic process that ensures the proper implementation and effectiveness of the Halal system across the supply chain in compliance with Shari'ah. The Halal System Approach has outlined which include Input, Process, and Output. Ms. Hamid also highlighted the benefits of IHA, such as strengthening internal Halal controls, enhancing efficiency, verifying the accuracy and integrity of the Halal assurance system, minimizing risks, and ensuring compliance.

Accordingly, the three (3) requirements of IHA: Authority, Scope of Work, and Competent Auditors. Ms. Hamid then detailed the IHA process, covering Planning and Preparation, Audit Execution, and the Review of Audit Findings. It was emphasized that auditors must cross-check their findings, prepare an audit report, and present it to the auditee at the end of the audit.

To conclude the training, the speakers conducted a mock audit to assess the conformity and nonconformity of the cold storage warehouse. Following the mock audit, the auditors discussed their findings and suggested improvements, as the company aims to obtain Halal Certification to accommodate more clients.

The Provincial Government of Cavite, in coordination with the National Historical Commission of the Philippines (NHCP), the Philippine Veterans Affairs Office (PVAO), the City Government of Cavite, and the Tourism Infrastructure and Enterprise Zone Authority (TIEZA), commemorated the historic Retaking of Corregidor Island, under the theme, "Liberation's Legacy: Honoring the Past, Shaping the Future" on February 16, 2025.

The solemn ceremony, held at the Pacific War Memorial, Corregidor Island, Cavite City, marked the 80th anniversary of the liberation of the Philippines from Japanese forces and paid tribute to the heroes who fought for the nation's freedom.

CARMONA, PHILIPPINES — The much-awaited Sorteo Festival 2025 has officially been launched, promising a grand celebration filled with rich traditions, exciting activities, and life-changing prizes for the people of Carmona City, Cavite. With the theme "Maswerteng Tradisyon, Masiglang Selebrasyon, Makabagong Henerasyon," the festival continues to uphold its legacy while embracing innovation for future generations.

A Festival Rooted in Tradition

The Sorteo Festival, a triennial event in Carmona, is a cherished tradition symbolizing prosperity and community spirit. The festival's highlight is a grand raffle where lucky residents win substantial cash prizes, a practice that traces its roots to the town's agricultural heritage. Beyond the raffle, the event fosters unity and cultural pride among Carmona's citizens.

Theme Meaning and Significance

This year's theme reflects the festival's evolving role in the community: "Maswerteng Tradisyon" honors the festival's deep-rooted cultural significance. "Masiglang Selebrasyon" highlights the vibrant and joyous festivities. "Makabagong Henerasyon" signifies the integration of modern elements to make the event more dynamic and inclusive for younger generations.

Exciting Programs and Activities

Sorteo Festival 2025 will feature a variety of events, including:

- Cultural Shows & Street Performances showcasing Carmona's rich history.
- Sports Competitions & Talent Contests to engage the youth and local talents.
- Food Fairs & Trade Exhibits promoting local businesses and delicacies.

Grand Raffle Draw where lucky winners will take home tax-free cash prizes.

Jackpot Prizes Await Lucky Winners

A total of ₱30 million in tax-free cash prizes will be given away to 510 lucky winners this year:

- 450 winners of ₱50,000 each
- 50 winners of ₱100,000 each
- 5 winners of ₱200,000 each
- 5 winners of ₱300,000 each

With such generous prizes, Sorteo Festival 2025 is set to bring joy and excitement to Carmona's residents, staying true to its mission of spreading luck and fortune.

As the festival unfolds, the people of Carmona eagerly anticipate the grand celebration that strengthens their traditions while paving the way for a brighter future. (Edjun Mariposque)

Retaking of Corregidor Island in line with the 80th anniversary of the liberation of the Philippines



sending Secretary Christina Frasco of the Department of Tourism, Mr. Regalado Trota Jose Jr., Chairman of the National Historical Commission of the Philippines, Atty. Rodolfo D. Uy III, Provincial Administrator of Cavite, representing Governor Athena Bryana D. Tolentino, accompanied by Col. Julius T. Yncierto of the Philippine Navy Marines General Staff Corps.

Following the wreath-laying, Councilor Jesus Jet Barrera II delivered the welcome remarks, setting a reverent and reflective tone for the commemoration. He stressed that "Freedom is never free; it is earned", and urged everyone to honor the heroism of the veterans and fallen heroes not just with words but through actions that uphold patriotism, unity, and duty to the nation. The keynote speech, given by Atty. Rodolfo D. Uy III, underscored the significance of Corregidor Island in the country's history and the enduring legacy of freedom and resilience. He, likewise, paid tribute to the bravery of all those who fought and supported the war effort.

A tour of the Corregidor Island was also

EDITORIAL:

THE new secretary of the Department of Transportation, Vince Dizon, started his week taking public transportation. He says he wants to see and feel exactly what commuters go through every day as they go to their schools or workplaces.

"I would not say it was horrible," he replied to a question during Tuesday's press conference. But he gathered plenty of input on how he could go about improving the commuting experience for many Filipinos in his next few months in office.

Specifically, he took note of busway improvements for major thoroughfare EDSA.

To be sure, such a gesture is nothing new. Several public officials have pulled a similar stunt highlighting that they are one with the people – one of us, in fact – and that they do not make decisions from the comfort of their chauffeured vehicles or airconditioned rooms.

Cavite...

CITY OF CARMONA, Cavite (PIA) — More than 150 female teachers at Angelo Loyola Senior High School in the City of Carmona, Cavite, received free cervical and breast cancer screenings from the Department of Health (DOH) Region 4A in celebration of Valentine's Day on February 14.

The free screening was part of the "Kanserbisyong Kababaihan" an initiative aimed at strengthening early cancer detection and treatment for women. It also aligns with the DOH's ongoing efforts to enhance healthcare services for women.

Health Secretary Teodoro Herbosa, who led the event, highlighted the vital role of women's health in building strong communities.

"A community can only thrive if its women are strong and healthy. That's why we continue to strengthen our initiatives to ensure that every Filipino woman has access to quality and affordable healthcare services," Herbosa said.

DOH data show that three of every 100 Filipino women are diagnosed with breast cancer—one of the highest rates in the world. Alarmingly, only 1 percent of cases are detected early,

while most are diagnosed in later stages, making treatment more challenging and increasing the risk of severe complications.

Herbosa also encouraged all women, especially those in education, to undergo regular screenings for early detection and prevention of illnesses.

Beyond cancer screening, the Kanserbisyong Kababaihan program also provided HPV

Cayetano calls for shift from 'utak-kotse' to rail-based transport as new DOTr chief assumes office

Senator Alan Peter Cayetano has called for a shift from the "utak-kotse" mentality in addressing the country's traffic woes, urging the government to prioritize rail and subway systems instead of relying on more highways.

Cayetano's statement comes on the heels of the appointment of the Department of Transportation's new chief, Secretary Vince Dizon.

The senator argued that building more highways addresses only the symptom rather than the root cause, which is over-reliance on cars and the resulting traffic congestion.

Instead, he proposed expanding rail networks.

"Why not a railway rather than a highway? Kasi nga ang problema, utak-kotse tayo," he said.

"Noong '50s, '40s, nangunguna tayo, may railway tayo every-

where. Pero napabayaan natin y'un and then we went the American way na panay kotse," he added.

Cayetano noted the struggle of workers commuting from provinces just to reach Metro Manila, where most of the better economic opportunities are located.

"Not only the hirap, y'ung tama sa kawatan, but y'ung oras talaga na nasasayang, and then of course y'ung gastos," he said as he described the difficulties many people face.

The senator commended the ongoing Metro Manila Subway project but stressed the need for continuous transport planning and execution.

"Dapat bago pa matapos 'yan, pina-plano na ang susunod," he said.

"Kasi it takes six or seven years para matapos. By the time matapos, ilan na ang kotse, ilan na ang tao, tapos panay sa Metro Manila. So may ginagawa ba to extend that out?" he continued.

He pointed to Hong Kong as a model for long-term infrastructure planning.

"Since early or mid-1980s, wala akong punta sa Hong Kong na nakita kong walang ginagawang subway. So by now, makikita n'yo kahit saan ka pumunta sa Hong Kong, halos buong Hong Kong malalakad n'yo sa ilalim in most of the areas. Kasi nga, gawa lang nang gawa," he said.

The senator expressed optimism that Dizon's experience as

vaccination, PhilPEN risk assessment, family planning consultation, mental health counseling, and HIV screening, all designed to expand women's access to preventive healthcare.

This initiative is part of the DOH's 8-Point Action Agenda, which aims to ensure that every Filipino receives safe, high-quality, and compassionate healthcare services.

Women

February 14 in GMA and Silang saw the participation of Vice Governor Jaro, 5th District Board Member Aidel Paul Belamide, and local officials, including Mayor Maricel Torres in GMA and Vice Mayor Matt Toledo in Silang, further emphasizing the government's dedication to women's rights and economic empowerment. - R. Dones



