NGCP renews partnership with DepEd for educational suppol Huwag iparada o paandarin ang matataas at mabibigat na sasakyan malapit sa mga linya at tore ng kuryente.

As part of its educational support programs, NGCP renewed NGCP President Anthony Department of Education the memorandum of uncountry, ensuring that no supplies worth PhP212.13 oratories worth PhP101.34 (DepEd) to provide school derstanding (MOU) at the one is left behind," NGCP supplies, computer labo- DepEd Head Office in Paratories, and school build- sig City recently. ings to its various host communities.

retary Sonny Angara and partment of Education and Almeda led the renewal of for students across the

Education Sec- ment to supporting the Defostering a brighter future

"Through "The latest MOU partnership, we provide to assist learners and munities, giving students in their respective areas, reflects our strong commit- learners with a conducive their parents by providing access to basic computer NGCP stated.

success, enabling them to reach their full potential and build a brighter future." it added. Since

> NGCP has provided a total of PhP 473 43 million of CSR program support to DepEd, including the distribution of 870,500 schoolbags filled with school tablished 39 computer labmillion in 3.482 schools million to select public across the country.

This project aims

growth and academic 1 to 3 and raise awareness about transmission line safety, anti-pilferage, and NGCP's zero harm policy, to host communities. These important mes-

sages are incorporated

To help bridge the digital gap, NGCP esschools in underprivileged and remote host com-

environment that fosters school supplies for Grades proficiency necessary for future opportunities.

Additional-NGCP constructed PhP159 96 million worth of classroom buildings in support of the governinto the NGCP notebooks essential infrastructure falearning environment.

"This is NGCP's way of recognizing the critical role of our host communities that have consistently supported us and helped protect power transmission facilities

daily mantra of 61-year-old he was offering. Anastacio Castillo. True to work tirelessly to earn a skilled in making alumi-

Province, Anastacio's life when he was just 17 years took a new turn when he old. This skill eventually Pangasinan at a mutual of income for his family friend's wedding. After get- Five years ago, he decidting married, they moved ed to start his aluminum their finances, he still frequently, living in Bula- glass business, starting can. Cavite, and Batangas with small contracts. Over before settling in Tiaong, time, his work gained rec-Quezon, upon discovering ognition in the community. possible, I'll keep working. his wife was pregnant.

days, selling mami (noo- hog raising, but it suffered dle soup) was their main a significant setback due their livelihood, Anasta- (AFS) outbreak. Many of carinderia (eatery). One heavy financial losses. of his most successful strategies was using so- Anastacio remains opti-

"I will keep work- business, where he went faced sleepless nights to

num glass — a craft he Born in Quezon learned from his uncle

Recently, In those early Anastacio tried his hand at they are in a good state,"

Despite this.

ing as long as I can," is the live to showcase the food make ends meet and send our children to school, so Aside from cook- a business failure is just his word, he continues to ing. Anastacio is also another challenge we can surely overcome." he said. "In business, losses are inevitable, and dwelling on your failures won't help

> Although three of his children now work keeps on working. "I don't want to rely entirely on my children, so as much as he explained.

source of income. To grow to the African swine fever business, Anastacio became a CARD Bank client obtained a PHP 100,000 loan from the institution

cial media to promote his mistic. "We had previously services are outstanding. dreams combined with

you recover "

abroad, helping him with What matters most is that

To support his cio established a small his pigs died, leading to in 2021. Currently, he has lack sufficient capital," he

"CARD Banks"



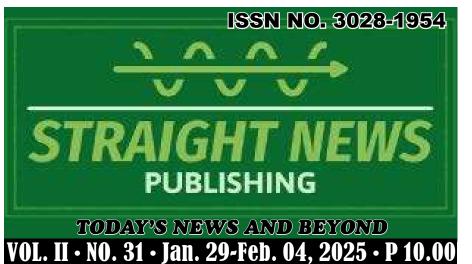
Aluminum glass making was one of Anastacio Castillo's businesses that helped him put his children through school and provide them with a comfortable life.

that they support small businesses like mine that

Anastacio Castillo's story proves how

What I like about them is hard work can lead to a better state in life.





viding Php 2,000 in financial as-sistance to 2,000 women. Governor Athena Tolentino was joined by Mayor Jenny Barzaga, 4th District Board Member Fulgencio "Jun" Dela Cuesta Jr., BM Nickol Austria, and which underscores a strong community to empow-ering women, strengthening their role in society, and fostering opportunities for growth and community development. learn disaster preparedness via

The Women's Welfare Program the Sangguniang Panlungsod members returned to the City of Dasmariñas, pro- of Dasmariñas in the impactful program

Video game Rice for All sale in supermarkets eyed by mid-February



Provincial Office, in collaboration with the ers for the seminar: Center for Competencies Enhancement

and Development (CCED), successfully conducted a seminar titled "Employment/ Job Coaching Seminar" on January 17, 2025 at the 3rd Floor Kristine Business Center, Calamba City Hall, Brgy. II (Poblacion), Calamba City, Laguna.

The seminar was participated by a total of sixty-five (65) students from different qualifications, specifi-cally in Food and Beverage Services, Events Management Services, Housekeeping, and Bookkeeping under the Technical Education and Skills Development Authority.

Ms. Lored Amansec, President Calamba City — The Depart- of CCED, delivered a warm welcome and ment of Trade and Industry (DTI) – Laguna introduced the following re-source speak-

cont. on Page 2



On January 14, 2025, the Office of the Provincial Governor's Medical Mission Team, in partnership with the Office of the Provincial Health Offi-

ly successful Medical and Dental Mission in Barangay Malagasang II-A, City

The event saw the presence of notable leaders, including Vice the community. - A. Sarcer, conducted a high- Governor Shernan Jaro, te

Congressman AJ Advincula. Mavor Alex Advincula, and members of the City Council, who showcased their unwavering support for the

During the mission, 482 individuals received free medical consultations and essential medicines. addressing a wide array of health concerns. Additionally, 85 patients availed themselves of free dental services, including tooth extractions. bringing much-needed relief to

The Laguna, Center for Competencies Senate gives final nod to inhancement and Development conduct PHIVOLCS Modernization Bill championed by Cayetano

Senate approves PHIVOLCS Modernization Bill on Final Reading

The Senate showed its full support for the PHIVOLCS Modernization Act (Senate Bill No. 2825), spon-sored by Senator Alan Peter Cayetano.

With 23 affirmative votes, the bill was approved on its Third and Final Reading on Tuesday, January 14, 2025.



On January 17, 2025, the Cavite Career Education Caravan, spearheaded by Office of the Provincial Public Employment Service Manager (OPPESM), made a significant impact at Alta Tierra Integrated School in General Mariano Alvarez, Cavite. Twenty-nine students participated in an inspiring event designed to guide them in making informed decisions about their academic and career aspirations.

Organized to address the evolving demands of the modern workforce, OPPESM Head, Ms. Rizalie Pin-pin-Enero, shared their expertise on emerging career trends, the essential skills for today's job market, and the importance of aligning personal interests and

talents with career goals.

The event's interactive discussions and engaging activities sparked enthusiasm and curiosity among the students. The activities encouraged them to explore diverse career paths that resonate with their passions and strenaths, empowering them to envision a future full of possibilities.

The initiative un derscores Cavite's commitment to fostering youth development and ensuring that students are well-prepared to navigate the challenges of an ever-changing global landscape.

MINDFULNESS EXERCISES & ACTIVITIES FOR ADULTS:

 Say goodbye to your anger. Gradually bring your attention back to your breath and rest here for a while until your emotions have subsided or settled down

• Reflect on the experience. Notice the sensations that this exercise brought up in your body. Notice if they changed through the process. Take note of whether you applied compassion to your anger, and if so, how you did it. Think about what happened to the anger when you showed it compassion.

This exercise can be repeated as many times as necessary. It is recommended to work your: way up from milder experiences of anger to the most : intense and memorable epi-sodes.

Practicing this technique can help you to defuse chronic anger in a rather counterintui-tive : manner: by accepting and mindfully feeling your : anger, you can take control of the experience and compassionately address it

Mindfulness Techniques for Anxiety

Mindfulness techniques can also aid an undiagnosed individual who suffers from occasional (or not-so-occasional) anxiety.

A meta-analysis in 2010 advocated for the effectiveness of mindfulness exercises on anx-iety and depression. The researchers found that mindfulness-based therapy was moder-ately effective for treating anxiety and improving mood and that the effects lasted be-yond the initial improvements (Hofmann, Sawyer, Witt. & Oh. 2010).

To begin applying mindfulness to your anxiety, or that of your clients. Mindful.org has provided a short description of 10 attitudes that will help build the foundation for successfully addressing anxiety:

Volition or intention

This is the building block of all other attitudes. First, you must bring your focus to the in-tention of working with your anxiety.

Beginner's mind

This refers to a mindset that is ready to see from a new perspective and consider new ideas with regards to dealing with anxiety.

Patience

This is a very important attitude to cultivate since it can broaden your perspective and help you persevere when you run into obstacles on your jour-

Acknowledgment

Having the mindset of acknowledgment : means that you take each experience for what it is; you accept what is happening and are secure in the knowledge that it will pass.

Non-judgment

This attitude involves experiencing your present moment without evaluating and judging it. It means you let go of value judgments about yourself and how you are feeling and allows you to begin your work from a more balanced starting point.

Non-striving

This attitude refers to the willingness to accept a situation or experience as it is, without trying to change it. To combat your anxiety, you must first be present with it and accept your current state.

Self-reliance

The mindset of self-reliance is characterized by trusting yourself and your ability to han-dle your feelings. Cultivating your self-reliance will allow you to more easily acknowledge, experience, and let go of your anxiety.

• Continuation next week

Cavite...

KAWIT, Cavite (PIA) — Over 800 students from Emiliano Tria Tirona Memorial National Integrated High School in Kawit, Cavite get immersed in an innovative disaster management lecture, learning about flood preparedness through the interactive online video game Minecraft.

This initiative is

STRAIGHT NEWS

part of the ongoing efforts of the Department of Public Works and Highways (DPWH) and the Japan International Cooperation Agency (JICA) to strengthen disaster and flood preparedness among the vouth under the Cavite Area-Flood Industrial Risk Management Project

Mr. Keisuke Ono, a lecturer at the Tohoku Institute of Technology in Japan, led the session on 3D city model within Mine-

Rice...

Ono emphasized the benefits of Minecraft's three-dimensional tures in helping students and the younger generation better understand disaster management and identify flood-prone areas compared to traditional two-dimensional mans

"Minecraft good for kids to study which areas are endangered during floods and which places are safe under flood conditions," Ono

"This is very important for providing collective information about natural disasters because grated High School, the the young generation of the Philippines is vital not just for this country but also for the world in building a better future," he added.

According to CIA-FRIMP, the interacflood edu-cation using a tive lecture aimed to instill disaster resilience among the youth by immersing

finalize the prices of RFA

"There's

chance that it might be a

little bit more but we're

trying to keep it at par." he

RFA options may be sold

in sacks or two-kilogram

na pwedeng takal kasi

may space. Sa mga out-

lets na walang takal mav-

be nga mas mataas ng

konti ang presvo kasi ilal-

agay namin sa (There are

can do retail. But for other

slightly higher because we

will put it in) two kilo bags,"

he said, citing at least

for other possible packag-

of implementation, the DA

said it would be up to the

convenience stores and

"One

In terms of areas

conve-

ing of 5-kg and 3-kg.

supermarkets.

Tiu Laurel said

"Mayroon outlets

said.

packaging.

them in a hands on, vi- the app facilitated a deepsual learning experience. Through the 3D city mod- ing the students to conel, students were able to simulate real life flood scenarios, identify floodprone areas, and explore evacuation routes and risk reduction strategies.

Using the gamified approach, Ono guided students through discussions on the causes of flooding, structural and non-structural mitigation measures, and community-based strategies for disaster risk reduction.

For the teachers of Emiliano Tria Tirona Memorial National Inte-Minecraft online video game enabled students to better appreciate disaster natural disasters." the promanagement lessons. "The interactive

application captured the students' attention, making the learning experience both enjoyable and informative. By incorpo- disaster preparedness in rating engaging elements, the Cavite Industrial Area.

exciting way," the school Government of Cavite supported the initiative. recognizing it as a step toward building a disas-

ter-resilient community.

er comprehen-sion, allow-

nect with the material in an

"This activity underscores the commitment of CIA-FRIMP, the Provincial Government of Cavite. and the local government of Kawit. By empowering the younger generation with knowledge and practical tools, this initiative safer communities ready to face the challenges of vincial government said.

CIA-FRIMP is collaborative initiative between the DPWH and JICA aimed at addressing flood risks and enhancing

From Page 1

MANILA - Agriculture Secretary Francisco Tiu Laurel Jr. said cheaper rice options under the Kadiwa ng Pangulo (KNP) Rice for All will be available in supermarkets on the second week of February.

These include RFA 5, or the 5 percent broken which sells at PHP45/kg.; RFA 25, or the 25 percent broken at PHP38/kg.; RFA 100, also known as Sulit rice or 100 percent broken at PHP36/ kg.: and P29, or the aging but good quality rice stock of the National Food Authority sold to vulnerable

sectors at PHP29/kg. This came following his meeting with major supermarket chains and convenience stores on Jan. 21, which gained positive feedback.

"Well, I'm hoping Feb. 15 or latest March," he said in a dinner interview Thursday.

"There will be another meeting with FTI (Food Terminal Incorporated) with them. Then after that, another meeting na kapag na-sort out ng ang 200 stores. Then up to and Illegal Recruitment", details, another meeting

Tiu Laurel, how-

Pampanga, up to Bulacan. so, depende na sa kanila

ever, said they are yet to ing on their reach)," Tiu Laurel said.

He, however, clarified that not all stores are reoptions, considering a quired to put up RFA options due to limitations of spaces. possible markup due to (PNA)

1. Ms. Dessy Encinas, Supervising Labor and Employment Officer of the Information, Investment Promotions and Employment Services Office - City Government of Calamba, shared "Practical Advice on Improving Employability"

2. Ms. Alma Are-Business Counsellor of DTI Laguna Negosyo Center in Calamba City, outlets with spaces which facilitated an engaging session on "How to Start outlets, maybe the price is a Business", guiding the participants through the fundamentals of entrepreneurship. including PHP1/kg price difference business registration and accessing government support through DTI pro-

3. Atty. April Regional Casabuena Director of the Department of Migrant Work- importance of networking ers CALABARZON, disnience store, they have cussed "Working Abroad highlighting essential precautions for aspiring oversaan ang reach (depend- seas workers and ways to nal, DTI-Laguna)

From Page 1

protect themselves against fraudulent schemes. 4. Ms. Marceli-

na Alcantara, Former DTI NCR Regional Director, provided an enlightening session on "Ethics at Work", emphasizing the importance of professionalism, integrity, and ethical behavior in both business and employment.

fered the participants ac-

The event of-

tionable insights and practical tools to navigate their career paths effectively. Key takeaways included strategies to enhance job readiness. foundational business knowledge, and awareness of ethical practices. Participants also gained access to government resources, such as DTI's business support services, and learned the and leveraging op-portunities for growth. For more inquiries, kindly contact DTI Laguna at r04a.laguna@dti.gov.ph (ARA-reJan. 29-Feb. 04. 2025

BingoPlus player bags a jackpot prize of 312 million pesos



L-R: BP Studio Host Troy; ABLE President, Mr. Jasper Vicencio; BP Jackpot Winner: and PAGCOR Representative



Mr. Jasper Vicencio. President of BingoPlus, delivers an inspiring speech during the awarding ceremony, celebrating the platform's remarkable achievement and the life-changing win of 312 million pesos.

BingoPlus, the achievements. country's most comprehensive digital entertainment platform, celebrated yet another milestone. A lucky player won a massive jackpot prize of 312 million pesos. To commemorate this big win, a special awarding ceremo-10, 2025 at a hotel in Ma-

Doubling previous jackpot prize. the avid BingoPlus player broke the record for winning the biggest jackpot ever. During the awarding. the winner was presented with a mock cheque by Mr. Jasper Vicencio, the president of AB Leisure biyaya. Actually, hiniling Exponent, Inc. (ABLE). He ko 'to. Siguro, kayo yung also conveved a message naging way no nasa taas

Moreover, prominent media from the country attended the significant event Following the event representatives had the opportunity to interview the winner along with Mr. Vicencio during a press that she was shocked. ny took place on January conference. He thanked And yet, on the day of the the supporters for their appreciation of BingoPlus' offerings. He stressed that because of them. Bingo Plus was able to give back to the community through their foundation.

Additionally, the her gratitude to BingoPlus. that highlighted BingoPlus' para maibigay niya sa akin brand's focus is to con-

ang hiling ko," the jackpot winner said when the BingoPlus host asked her what her message is to the brand that gave her a

life-changing experience. When about her initial reaction to winning, she stated ceremony, she still could not believe she had won such a huge amount. She emphasized the importance of her children's education while sharing her plans for the prize money. Thus, to help the player lucky winner expressed be equipped and manage her winnings, a financial "Thank you so much sa coaching session was conducted before the cer-

Furthermore, the

store for this new year. iackpot awarding ceremony. BingoPlus is com-

DigiPlus Interacmitted to enhancing the tive Corp. pioneered diggaming experience of their ital entertainment in the try. Likewise, the support- Plus and ArenaPlus, wide-

BingGirls performing a dance number at the 312 Million Jackpot Awarding

Ceremony.

tinue creating spectacu- ers should look forward ly known for their engaging lar moments, such as the to what BingoPlus has in experiences in interactive gaming and sports entertainment. DigiPlus also PervaGame operates Tongits+, and GameZone, players as they remain at Philippines. It introduced with more to come. For the forefront of the indus- leading platforms Bingo- more information, visit: www.digiplus.com.ph.

PAPER to Hold Induction Ceremony for **New Board of Trustees and National** Officers at the Supreme Court renewed strength to car-

tors, and Reporters (Ph) Inc. (PAPER) will hold its Oath-Taking Ceremony for the newly elected Board of Trustees and Nation-Philippines, Manila. Hon-Raul B. Villanueva, a key figure in the Philippine iudiciary, will serve as the Inducting Officer for this prestigious event.

Hon. Villanueva earned widespread respect for his dedication to promoting justice and maintaining the integrity of the judiciary. As Court Administrator, he oversees the efficient operation of courts nationwide. ensuring public trust in the judicial system. His presence as the Inducting Officer reflects the important intersection between the media and justice in fostering transparency, accountability, and informed communities.

bring together PAPER members, media practi- 2020, which claimed the tioners, and distinguished come the organization's Despite these heartbreaknew leaders and reaffirm ing losses, PAPER found

The Prime Alli- its commitment to responance of Publishers, Edi- sible journalism and national service.

A Brief History

The Prime Alliance of Publishers, Edial Officers on February tors, and Reporters (Ph) 3. 2025, at 1:00 p.m., in Inc. (PAPER) was foundthe Supreme Court of the ed in December 2019 in Manila City by a group of orable Court Administrator media practitioners from various regions in the Philippines United by a shared vision, they sought to address the unique needs of professionals in the journalism and broadcasting fields while promoting environmental stewardship and community service through truth-

> ful. responsible reporting. PAPER was built on the dedication of its three founding pillars— Luisito T Arriola Abel C Pablo, and Nena E. Mallari—along with 12 other Board of Trustees representing Tarlac, Laguna, Cavite, Samar, Bulacan, Batangas, and Mindanao.

The organization faced its greatest The event will challenge during the COVID-19 pandemic in lives of two of its founders, quests to formally wel- Mr. Arriola and Mr. Pablo.

ry forward the vision of its founders. Today, the organization stands as a beacon of resilience. with a growing membership, strengthened partnerships, and a steadfast commitment to advancing truth, integrity, and social responsibility in Philippine iournalism.

Looking Ahead with New Leadership

The upcoming induction ceremony wil formally introduce the new leaders of PAPER, led by Bayani N. Zoleta, Chairman of the Board of Trustees, and Bonifacio C. Dacayanan, President. Under their leadership, PAPER is set to expand its initiatives aimed at fostering collaboration among media practitioners, promoting ethical iournalism, and contributing to nation-building.

Honoring the Media's Role in Nation-Building

event highlights the vital role of media in shaping public discourse and ensuring transparency. Hon. Villanueva is expected to deliver an inspiring message, emphasizing the syneray between the juupholding democracy and serving the Filipino peo-

This milestone

IPPINES — The Depart- nical Regulations, and ment of Trade and In- Conformity Assessment dustry (DTI) successfully Procedures (STRACAP) concluded the second lea Caravan in Cavite. Held

CAVITE, PHIL- of its Standards, Tech-

from December 10 to 11, the caravan took place in Silang and Dasmariñas, further advancing DTI's nationwide initiative aimed at boosting industry compliance and ensuring consumer protection.

DTI Secretary Cristina A. Roque emphasized the Department's commitment to equipping stakeholders with vital knowledge to navigate evolving product policies. 'These initiatives enable stakeholders to navigate the fast-changing landscape of global standards and market demands," Roque stated. The caravan focused on fostering a culture of compliance and informed decision-making, crucial for the safety, quality, and competitiveness of Philippine industries.

The first day



of the event gathered stakeholders from the CALABARZON region at the Silang New Municipal Hall. Participants. including manufacturers and retailers, engaged in al College of Science and in-depth discussions on standardization and conformity assessment, led workshops covering topics

by various divisions of the such as BPS programs, DTI-Bureau of Philippine technical regulations, and Standards (BPS). On the conformity second day, 132 archi-Through procedures. tecture and engineering these sessions, the DTIstudents from the Nation-BPS aimed to highlight the importance of compliance Technology in Dasmariñas and industry standards to attended lectures and local stakeholders.

Lumagui Celebrates BIR's Record-Breaking Collection, Emphasizes Focus on Taxpayer-Oriented Service and professionalism within in BIR history—has been a

Internal Revenue (BIR) of the agency. Mabuhay rity Level II Accreditation, successfully surpassed its 2024 revenue target set by the Devel-opment Budget Coordination Committee (DBCC), marking a historic achievement in the agency's history.

BIR Commissioner Romeo D. Luma- ed approach, which has qui. Jr. confirmed that the agency collected a total of at least P2.848 trillion. "While the final collection figures will be confirmed in mid-February, we are willing to do their part and confident that we have pay their fair share of taxexceeded the DBCC's tar- es." he added. get," Lumagui stated.

Excluding 2020 when the target was adiusted due to the global pandemic—this is the first time in twen-ty years that the BIR surpassed its rev- his hands-on leadership. enue goal. Moreover, this which has been crucial in success comes despite the Philippine economy's Gross Domestic Product ernance. (GDP) growing at a slower-than-expected rate of ship the BIR achieved sev-5.2% in the third guarter of eral notable milestones, 2024, down from 6.4% in including 100% nationthe previous guarter and wide ISO certi-fication for 6% in the same period the various frontline processprevious year.

"The BIR has colcredit goes to the hard- Resource Management

po kayong lahat!" Lumagui expressed

The

Commis-

attributed this success to the agency's focus on good governance reforms and a shift toward a taxpaver-orientenhanced voluntary tax compliance. "When govern-ment agencies enhance their processes and services, citizens are more

Since his appointment as BIR Commissioner by President Ferdinand R. Marcos Jr. back in 2022, Lumagui has garnered praise for strengthening the BIR's com-mitment to good gov-

Under his leaderes, the Civil Service Commission's Program to Inlected at least Php 2.848 stitutionalize Meri-tocracy trillion for 2024, and all and Excellence in Human

The Bureau of working men and women (CSC PRIME-HRM) Matuand the National Privacy Commission (NPC) Seal

vious year. Lumaqui has cultivated a culture within the BIR grounded in four four pillars, namely: strong and asser-tive enforcement activities, excellent taxpayer service, integrity

its employees, and a robust push for digitalization.

It was under his

term that the BIR made of Registration in the pre- a significant dent in combating the long-standing issue of "ahost receipts." which involve the use of fictitious receipts and invoices to evade taxes. The After Fake Transactions

the institution and among critical step in tackling this We now have a success-

Additionally, the introduced a new withholding tax system for online stores, leveling the playing field between traditional and digital retail

"We are thankful for the guidance and supestablish-ment of the Run port of President Marcos, Jr., and this inspired us to (RAFT) task force—a first reciprocate his trust with concluded.

ful and proven template that works." Lumagui explained, "My hope and prayer is that all the stakeholders - from both the public and private sector - will continue to support the reforms that we have put into place, so that we can contin-ue to surpass our targets in the coming years," the commissioner

NAIAx, portions of Skyway Stage 3 speed limits adjusted to 80 kph

ture announced an increase in the speed limit on the NAIA Expressway (NAIAx) to 80 kilometers per hour (kph) from the prioritizing safety." previous 60 kph, effective January 15, 2025

Similar speed limit adjustments will be implemented on straight sections of Skyway Stage 3 starting January 20. 2025. These adjustments follow a comprehensive study conducted by the stressed that the 60-kph company's traffic safety

"This change will make travel on NAIAx and Skyway Stage 3 faster and

one," said SMC Chairman want to put any motor-"We have carefully studied this to make sure that it benefits motorists while

Ang added, "This also complements the ongoing reconfiguration of exit plazas at NAIAx. which should allow for less congestion and help improve motorists' experi-

ence on the expressway." However. And be enforced for all motorists on curved sections of both expressways

more efficient for every- tain safety, as we do not down.

over-steering, especially where there are sharp continue to monitor and curves, given the limitations to the design of both the NAIAx and Skyway 3 " Ang further elah-

orated that right-of-way is- (LTO) to apprehend erring sues during the construction of NAIAx and Skyway Stage 3 forced redesigns of some sections and even a number of access speed limit will continue to ramps, due to very limited space. As a result, portions of both express-ways have sharp curves where safety of all," Ang concludmotorists need to slow ed

and CEO Ramon S. Ang. ists at risk of accidents pliance, Ang said traffic due to miscalculation or patrollers equipped with issue citations to motorists caught violating the speed limits. All traffic patrollers are deputized by the Land Transportation Office motorists at exits, confiscate their drivers' licenses. and issue temporary operator's permits

"We appeal to our motorists to observe speed limits at our expressway facilities for the

cont. on Page 3

EDITORYAL: Teenage pregnancy: Use facts, not fear

CONSERVATIVE and religious leaders and their allies in Congress are mobilizing against the pro-posed Prevention of Adolescent Pregnancy Act in the Senate, more than a year after a similar bill was passed in the House of Representatives.

Both bills seek to address the growing problem of teenage pregnancies and all the attendant health risks and financial burdens they entail. To stand in the way of such legislation, using fear and deception, is a disservice to the nation.

In 2022, at least 411 children were born to teenage mothers every day, giving the Philippines one of the highest teenage pregnancy rates in Southeast Asia, wrote Dalmacito A. Cordero Jr., from the Department of Theology and Religious Education at De La Salle University, in a letter published in the Journal of Preventive Medicine & Public Health in

Teenage pregnancy was determined to be a "national and social emergency" by the National Economic and Development Authority in 2019, he noted

"In a nationwide survey commissioned by the Commission on Population and Development in November 2020 among adults 18 years old and [younger], the issue of pregnancies among ado-lescents figured prominently as the most mentioned in all geographic areas and across socioec-onomic groups," Cordero wrote.

"In 2022, a total of 3,135 adolescent girls younger than 15 years old gave birth, a 35.13-percent increase from the 2.320 recorded in 2021," he added.

That year, live births by females ages 19

136,302 in 2021.

Data from the Philippine Statistics Authority (PSA) show that one in 20 Filipino babies are born to girls ages 15 to 19 and that births registered to girls ages 10 to 14 have been increasing. In 2023, there were 3,343 children born to children ages 10 to 14.

The PSA also reported that most births delivered by teen mothers are fathered by significantly older men, highlighting a disturbing situation that often leads

A significant number of maternal deaths among teens every year — 162 girls ages 10 to 19 — was due to pregnancy or childbirth in 2022 alone. This is hardly surprising, as the bodies of teenage mothers are not yet suitable or ready to carry a child in the womb, Cordero

"When the mother is not healthy, the child she carries will also be unhealthy," he warned. "Adolescent mothers (aged 10 to 19 years) face higher risks of eclampsia, puerperal endometritis and systemic infections than women aged 20 to 24 years, and babies of adolescent mothers face higher risks of low birth weight, preterm birth and severe neonatal conditions."

On the socioeconomic side. PSA data show that teen pregnancy accounts for almost 60 percent of school dropouts among girls, severely limiting their potential and costing the country billions in lost opportuni-

Clearly, legislation to address this situation is a crucial step in the right direction.

A group of conservative advocates, however have launched a campaign called Project Dalisay to stop cy is open to debate, but that discussion ought to start and younger reached 150,138, up 10.15 percent from the Senate bill and even recall the House bill that was •

already passed.

As part of this effort to discredit these bills, the group, led by former chief justice Ma. Lourdes Sereno has released a deceptive video using hot-button terms like "childhood masturbation" or "sexual rights" of children to rally support against comprehensive sexuality education (CSE) from uninformed par-

But none of these terms or concepts are in the Senate bill drafted by Sen. Risa Hontiveros.

In fact, the Project Dalisay video highlights portions of a CSE document released by the World Health Organization for Europe but omits this detail and, with some skillful editing, makes it ap-pear to be portions of the bill in question.

"As the author of the bill, I'm surprised and outraged at the lies spreading on social media against the proposed measure." Hontiveros said in Filipino and English. "We all want what's best for our children, but outright lies, misinformation, disinformation and promoting fear can lead to more harmful decisions about our teen's lives. They are just confusing us."

Contrary to the claims of Project Dalisay Hontiveros' bill has no provisions about teaching or encouraging masturbation for children between zero and 4 years old and teaching "bodily pleasure" or "sexual rights" to children ages 6 to 9.

"Absolutely none of those concepts exist in our bill. Those lines in their supposed rebuttal are complete and total fabrication," Hontiveros said.

Sereno, in her video, suggests the CSE could "hypersexualize" children at a very early age, ignoring the threats that already exist in traditional and social media.

How we choose to act on teenage pregnanwith facts not fear and deception

Senate...

ship speech in December able [when it comes to di-2024. Cavetano emphasized the urgent need to modernize the Philippine Institute of Volcanology and Seismology (PHIVOLCS) to enhance prepare, and how we can the country's disaster pre-paredness.

> "Ang Pilipinas

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sasters caused by natural hazards]. That's what this modernization bill is about. How we can mitigate disasters, risks, how we can also take care of our nature better," he said.

The bill aims to

response and prepared-

nersonnel to effectively perform its functions and contribute to closing the gaps in the country's disaster

equipment, increasing the number of seismic stations, and ensuring better lanueva took the Senate gy, and personnel needed

passage of the bill on its pressed strong support for

the measure, recognizing its critical role in strength-It includes up- ening the country's di-PHIVOLCS' saster response and preparedness. Senator Joel Vil-

salaries and training for its floor to thank Cayetano for for timely and accurate

Following

his leadership in advancing the bill.

"We extend our final reading, senators ex- thanks to Senator Alan Peter Cavetano for his leadership in pushing for this critical measure. We voted 'Yes' to this measure to make sure that PHI-VOLCS is equipped with the equipment, technolo-

disaster data collection Villanueva said.

> Before the sine die adjournment last year. Cavetano repeatedly pointed out the broader implications of the modernization bill stating that it is just one part of a larger effort to keep the Philippines and its people safe

From Page 1

NAIAx...

From Page 6

NAIAx is the elevated toll road that connects the Skyway System to the three passenger terminals of NAIA, and other key areas such as Entertainment City, Macapagal Boulevard, Sucat Road in Paranaque City, and the road network to Ca-vite

way Stage 3 meanwhile connects Balintawak Quezon City, and NLEX to the Skyway System at Buendia in Makati and the South Luzon Expressway at Alabang, Muntinlupa City. Stage 3 also features key exits in the cities of Ma-nila, San Juan, and Caloocan, providing alternative routes to these areas. PR



The 18-km Sky-



Government of Cavite, led by Governor Athena Tolentino, successfully Program in the City of Imus, distributing ₱2,000

cula, Mayor Alex Advincula, Board Member Ony Cantimbuhan, and memconducted the third leg bers of the Sangguniang of the Women's Welfare Panlungsod of Imus. The program highlights the government's dedication in financial assistance to to empowering women 2,000 women beneficia- enhancing their roles in ries. Governor Tolentino society, and promoting spearheaded the initia- community development tive, joined by 3rd District throughout Cavite.

Women, LGBTQIA+ Community

fish value addition training

tatattattatta A

Go Negosyo founder Joey Concepcion (second FVP Eden Japitana.

Go Negosyo founder Joey Concepcion ment, we give the farmers thinks it is time financial institutions change their mindset about lending to farmers and see agricul- the three essentials of sucture as a profitable busi- cessful entrepreneurship ness. "We have so much land, so much talent, we our work at Go Negosyo." just have to make it work and eventually change the mindset of many of our is the Kapatid Angat Lahat bankers that it's time to

"We have to show them that farmers can be profitable," he said, as he witnessed the sign- program is former Dept. of Land Bank of the Philip- liam Dar: Yovel Fast is one pines (LANDBANK) and of the pioneer big-brother Yovel East Development companies of KALAP. Inc. (Yovel Fast)

The signing was President and CEO Ortiz held last January 14, 2024 said that financial assisat the LANDBANK Plaza tance "is just one piece of in Manila. It will combine the puzzle in addressing Yovel East's expertise the challenges faced by in farm clustering under the agricultural sector." its We Will Rice program She called Yovel East's and LANDBANK's finan- We Will Rice Program as cial support through its exemplifying the potential Agrisenso Plus Lending tion, enhances profitability. and promotes sustainability. It aims to boost agricultural efficiency, economic growth, and food security." Signing for LAND-BANK was its President and CEO Lynette V. Ortiz, an after-harvest payment and for Yovel East was its President and CEO. Will Rice program Yovel James Amparo. East was able to provide

supplying everything from seeds, chemical inputs, fertilizers. machineries. and even daily cash and labor costs to help the farmers survive. Eventually, Yovel was able to even buy back and market the produce. Yovel Fast now has thousands of farmers n its fold after only five vears of operation. "One of the diffi-

cult parts of being a farmer is the uncertainty," said Amparo. "Uncertainties in weather, uncertainties water, uncertainties of where they can get financing for their fertilizers, machineries, and the sad part even the uncertainties of where to sell their produce when they harvest." he said. This uncertainty feeds the reluctance of financing institutions to lend to farmers. With corporative farming, banks can be given the confidence to lend to farmers because they are assured of sustainability, predictability, and a dependable business model.

Amparo that the partnership will maximize the strength of each sector: with farmers being able to concentrate on farming, LANDBANK providing the capital, and the private sector, led by Go Negosyo, providing the management prowess to make the business sus-

porative farming needs the support of institutions like LANDBANK for them to scale up and continue what they do," said Con-

From only giving

and finance the farmers,

said "The idea of cor-

LANDBANK's Agrisenso Plus Program is "designed to deliver a full suite of support—featuring expanded eligibility, lower interest rates, and simplified loan process to provide broader access to credit and other support interventions for small farmers, fishers, and agribusinesses, and other players in the agriculture value chain." LANDBANK is the largest development financial institution in the Philippines.

Members in Sto. Tomas undergo

Twenty-four fish balls, and fish nug- Ms Renalee M Levesa members of the United Gay and Lesbian Association (UGLA) and Tanglaw Women's Association in the City of Sto. Tomas, Batangas, underwent a technology-based value addition training on fish, along with an awareness seminar on basic food hygiene, held at the CBAC Building, Poblacion 2, Sto. Tomas, Batangas, November 13-14. The training or-

ernment of Sto. Tomas, through the City Livelihood and Entrepreneurship Division (CLED) in partnership with the Department of Science and Technol-(DOST)-Batangas, aimed to educate and equip members of the two associations with skills to enhance the value of the fish they sell to the residents of Sto. Tomas. It covered proper handling, ery product produced processing, and packaging of fish products to ensure quality and safety for consumers.

ganized by the City Gov-

Value-added fish products, such as pastil, Spanish-style sardines, gets, were demonstrated to the participants. The processing of these products, from the selection of fresh fish to preparation. cooking methods, and packaging, was discussed in detail. Adding value to fish products not only increases their marketability but also provides consumers with healthier product options. Mr. Nico John Abratique, Ms. Ma. Jesukristina Lumanglas, and Mr. Gean Anriel Geniza of Batangas State University (BatStateU) served as the resource speakers of the

Meanwhile. awareness seminar on basic food hygiene and current good manufacturing practices was also integrated into the training to ensure the implementation of food safety systems and to safeguard that evconforms to standards.

ber of DOST-CALABAR-ZON, and Mr. Abratique of BatStateU facilitated the discussion. They covered the requirements of the Code on Sanitation of the Philippines (Presidential Decree No. 856), the importance and benefits of BFH and cGMP implementation in the food husiness and compliance with the stipulations of the Food Safety Act of 2013 (RA 10611).

a Food Safety Team Mem-

no Frederick P. Dizon, Department Assistant Head of CLED, thanked DOST-Batangas and Bat-StateU for facilitating the training. He also informed the participants that all the materials and kitchen tools used during the sessions would be donated to the two associations to support their initial livelihood efforts and ensure the sustainability of their projects.

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Jan. 29-Feb. 04. 2025

AboitizPower and UGEP ink deal with Republic Cement for long-term solar power purchase agreement



AboitizPower and UGEP's solar company sign contract with Republic Cement. Photo shows (L-R) AUSI Directors, Pieterjan Vanbuggenhout and James Yu; AUSI Chairperson Ruth Yu-Owen; and Republic Cement executives, President Reinier Dizon and CFO Roman Menz.

Aboitiz Upgrade Solar Inc. (AUSI), a joint venture between Aboitiz-Power and Upgrade Energy Philippines (UGEP), signed a long-term solar power purchase agreement (PPA) with Republic Cement & Building Materials. Inc. (RCBM). Under the PPA. AUSI will develop, build and operate a ground-mounted solar project in RCBM's facility in San Mateo, Norzagaray, Bulacan, while RCBM will purchase the clean energy generated.

With AUSI shouldering the upfront capital investment and the operations of the project, it will exclusively sell the produced power to RCBM's cement plant, enabling the latter to achieve long-term operational savings and reduce its carbon footprint. The ground-mounted solar project is slated for completion by the second half of 2025

"This project sets a new benchmark for solar adoption in the industrial sector." said James Yu. AboitizPower's First Vice President and Head of Retail. "By bridging AUSI's expertise in delivering innovative energy solutions and Republic Cement's sustainability goals, we are creating a blueprint for how renewable energy solutions can power the Philippines' industrial fu-

Roman Menz CEO of Republic Cement Services, emphasized the importance of renewable energy for the cement industry, often recognized

reflects Republic Cement's dedication to sustainability in terms of addressing the pressing need for cleaner energy solutions," said Menz, "By integrating solar energy into our operations, we that address the energy take a decisive step toward reducing emissions and contributing to a more transition to renewable ensustainable Philippines."

Ruth Yu-Owen AUSI Chairperson, highlighted the broader impact of the collaboration.

"This partnership is a major milestone in our

uary 20, 2025 - Senator

officials present

Senator

where lucky recipients

won bicycles, cellphones,

shoes, and watches.

shared vision of utilizing renewable energy to fuel industrial development. said Yu-Owen. backed by the collaboration between AboitizPower and UGEP, is dedicated to offering sustainable and efficient energy solutions needs of businesses while supporting the Philippines'

AUSI develops. builds and operates distributed solar solutions catered to large commercial and industrial consumers. patuloy na paglago ng sektor ng agrikultura at pangisdaan sa Calabarzon matapos aprubahan and pondo no tatlono farm-to-market roads sa Quezon at isang potable water system sa Laguna. Popondohan ang mga ito sa ilalim ng Philippine Rural Development Project Scale-Up ng Department of Agriculture at ng World Bank. Tutugon ito sa 33,771 indibidwal at 7,670

kabahayan. Ang mga aprubadong FMRs ay ang Con-Road sa San Francisco oportunidad para sa ka-

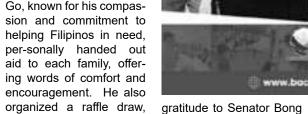
na may habang 10.58 kilometro. Construction of San Roque-San Antonio at maiiwas ang mga mam-Magcopa-San Pablo Suha-Doongan Ilaya Farmto-Market Road with 2 Bridge Componentb sa Catanauan na 12.46 kilometro, at and Concreting of Bagupave to San Pedro FMR with Bridge sa Mulanay na 15.33 kilometro. Layon ng mga itong isaayos at pabilisin and transportasvon para sa mga residente at produktong agrikultura at pangisdaan. Magbibigay-daan din ang mga ito sa pagpapalakas creting of Sto. Niño-Huy- ng produksyon ng pagon-Uvon Farm-to-Market kain at pagpasok ng mga

amayan sa mga sakit tulad ng diarrhea at gastritis mula sa maruming tubig. Dahil padadaliin nito ang pagkuha ng tubig, makakatulong rin ang provekto sa mga mamamayan na mas paqtuunan ng pansin ang kanilang mga kabuhayan tulad ng pagtatanim Nagpasalamat and mga lokal na pama-DISTRIBUTION OF FINANCIAL ASSISTANCE AND FOOD PACKS FROM SENATOR BONG GO TO FIRE VICTIMS

halaan sa DA-PRDP Re gional Project Advisory Board at sa DA-PRDP Regional Project Coordination Office Calabarzon para sa kanilang mga natanggap na suporta. Anila, sisiguraduhin nilang magiging matagumpay and implementasyon ng mga proyekto upang maraming mga mamamayan at magsasaka ang mag-benepisyo dito at mapaunlad ang kanilang mga pamumuhay.

"We are very happy to support and approve these subprojects because the benefits ac beyond agriculture and fisheries, layunin din nitong tulungan ang mga taong umunlad sa kanilang mga komunidad by giving them access to basic resources and services and opportunities. With the approval of these sub projects, we hope to see more developments in the agriculture and fisheries sector and a reduction in poverty incidence in these communities," ani DA Regional Field Office Calabarzon Executive Director and RPAB Chairperson Fidel Libao. PR





Go for his generosity and swift response to the fire victims. He emphasized Mayor Strike the City Government's as a powerful reminder of

supporting the affected families as they rebuild

The event served

www.bacoor.gov.ph () (ii) (ii) (iii) (iii)

tion to helping Filipinos during difficult times and highlighted the importance of community support and for its carbon-intensive op- B. Revilla expressed his continued commitment to the government's dedica- solidarity in times of crisis.



from left) witnessed the signing of a Memorandum of Agreement between Land Bank of the Philippines and Yovel East Development Inc., one of the big brothers of the Go Negosyo's Kapatid Angat Lahat sa Agri Program (KALAP), giving farmers access to capital through the Agrisenso Plus Lending Program. In the photo are (from left) Go Negosyo senior adviser and former Dept. of Agriculture Secretary Dr. William Dar, Concepcion, Yovel East President and CEO James Amparo, LANDBANK President and CEO Lynette V. Ortiz, LANDBANK National Development Lending Sector EVP Ma. Celeste Burgos, and LANDBANK Lending Programs Management Group "With this agree-

under Yovel East's man-

agement access to money.

markets and mentorship.

which we emphasize in

said Concepcion. Among

Go Negosyo's programs

sa Agri Program (KALAP),

which aims to integrate

small farmers into the val-

ue chain of big agriculture

LANDBANK

lend to farmers." he said.

corporations. Advising the ing of a MOA between the Agriculture Sec. Dr. Wil-

for creating far-reaching Program. The agreement impact, offering farmers "streamlines rice produc- access to vital resources, modern technologies, and an end-to-end production process that enhances [farmers'] livelihoods and competitiveness fertilizers to farmers with scheme, under its We

..... VOL. II • NO. 31 **5** P1.21B-imprastraktura să

Quezon, Laguna aprubado sa

DA-PRDP Scale-Un

buhavan ng mga mama

mayan, partikular na ang

Rehabilitation and Im

provement of Level II

Potable Water System

sa Majayjay, Laguna ay

tutugon sa walong baran-

gay. Tutulong ito upang

maging tuloy-tuloy, ligtas,

at kalidad ang suplay ng

tubig sa mga komunidad

Samantala, and

mga magsasaka.