

IAS Day 2: The second day of the Summit focused on understanding the priority sectors with speakers: GoodThinking Research Inc. Interim Managing Partner Issa Baron, Southeast Asia Lead for United Nations Capital Development Fund Isvary Sivalingam, and Asia Development Bank's Principal Investment Specialist Microfinance Program Anshukant Taneja.



IAS Day 4: The Summit concluded with a series of talks on revolutionizing the workplace with guest speakers: Philippine Business Coalition for Women Empowerment Executive Director Julia Abad, Philippine Financial Inter-Industry Pride Trustee Chris Eugenio, and National Council on Disability Affaris Division Chief Atty. Rhealeth Krizelle Ramos.

leading finance super app to tools and services that and largest cashless eco- will enable them to unlock system, recently hosted its first Inclusion in Action financial goals. Summit, featuring the company's key stakeholders, which include key govern- thrive every day, be ready ment agencies such as the for a rainy day, and be pre-Bangko Sentral ng Pilipinas (BSP), Department of Fi- ed GCash President and nance (DOF), and National Economic and Development Authority (NEDA), as well as multilateral organizations such as the Asian Development Bank (ADB) and the United Nations Capital Development Fund finance for economic de- of digital payments among (UNCDF). The Inclusion in velopment and the success Action Summit served as a of every Filipino." platform for GCash to collaborate with its key stake- Action Summit builds on holders and reinforce its the strides that GCash has commitment toward obtain- made in the last few years

journey of building an incluopportunities and achieve

"GCash is committed to helping Filipinos pared for one day," stat-CEO Martha Sazon "The Inclusion in Action Summit allows us to have a deeper understanding of the nuances that underserved Filipinos face, so that we are able to harness inclusive

The Inclusion in ing Finance for All, a col- to move the needle on fi-

area in the company's susippines, XX August 2024 sive Philippines, wherein tainability journey, and em-- GCash, the Philippines' every Filipino has access power every Filipino to have access to financial services through the GCash app.

"Financial inclusion and digitalization are mutually reinforcing goals," stated Deputy Governor Bernadette Romulo-Puvat of the Bangko Sentral ng Pilipinas (BSP), who also shared that nearly 53% of the total volume of retail payments are now done digitally and that 120 local governments have adopted the BSP's Paleng-QR Ph Plus program, which promotes the widespread acceptance market vendors, communitv shopkeepers, and tricvcle operators and drivers. GCash is a major partner of the Paleng-QR Ph Plus

"As more people lective vision and shared nancial inclusion, a priority embrace digitalization, we



IAS Day 3: Day 3 of the Summit tackled how Fintech can help fuel the National Economy through guest speakers: Department of Finance Chief Economic Counselor Undersecretary Domini Velasquez, Department of Trade and Industry Financing Head Lourdes Baula, and National Economic and Development Authority Senior Economic Development Specials David Carlo Mangalindan.

increase. Based on the preliminary household data of the second quarter of 2024, the percentage of households with transaction accounts rose to 76% from 69%," she added.

Mynard Bryan Mojica, Acting Director of the BSP's Financial Inclusion Office, further underscored the role that digitalization plays in financial inclusion, pointing out that nitiatives like the Paleng-QR Ph Plus and the Basic Deposit Account, would not be made possible without digital enablers that include digital IDs, digital skills, digital finance regulatory frameworks, and digital connectivity that underpins

Deputy Governor Romulo-Puyat further explained that every 1% increase in digital payments is associated with 0.1% GDP increase and 0.06% reduction in informal employment over two years. She continued.

"When individuals are financially healthy, they are able to meet obligations, recover from financial shocks. and feel secure about their future—so we're talking about every day, rainy day, and one day. This highlights the importance of digital payments and financial inclusion, which are crucial in providing the financial state of every Filipino. When they are digitized, they have access to savings, insurance, loans that don't need collattheir lives. However, having a transaction account is

also expect Filipinos with only the beginning, that's strong family and commumoving to the next step, which is financial health."

Financial health addresses the concerns of many Filipinos, which include managing monthly budgets, medical expenses, and securing retirement

Financial institutions and key players in the industry such as GCash have an important role to play in promoting financial health.

"Financial health can be promoted by developing products and services that allow consumers to spend wisely, build sayings, borrow responsibly, and plan for the future," Mojica explained.

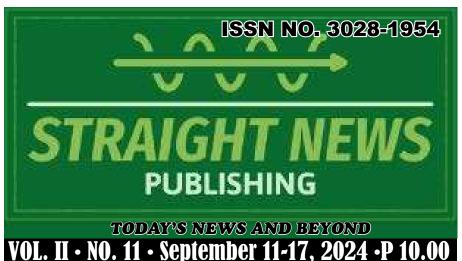
The focus to profinancial health for every Filipino is a crucial initiative in view of sustaining the country's economic growth momentum, which is underpinned by strong domestic demand. According to the Department of Finance, the digital economy is a driving force to the country's growth, with an 8.4% share of the GDP further underscoring the role of digital tools and channels in attaining finan-

More importantly, promoting financial inclusion as a means to attain financial health aligns with AmBisyon Natin 2040, the Philippine government's long-term vision for the country, which also serves as anchor for development planning across various ad-

"We know that all Filipinos want to enjoy

a transaction account to why I'm glad we're now nity ties, a comfortable lifestyle, and a secure future. GCash has made strides in ensuring that most Filipinos have access to finance, and we are cognizant that our mission does not stop there. We envision a nation where all Filipinos can thrive every day, be ready for a rainy day, and have the capacity to prepare for one day—this is our north star in ensuring greater access and more responsive and innovative financial services for Filipinos. We remain committed to ensuring that financial inclusion opens opportunities for every Filipino to address their needs and goals," Sa-The four-day In-

clusion in Action Summit featured GCash's partners from the government, multilateral organizations, and the industry, including the Bangko Sentral ng Pilipinas (BSP), Department of Finance (DOF), National Economic and Development Authority (NEDA), Department of Trade and Industry's Small Business Corporation (DTI SBCorp), Asian Development Bank (ADB), GoodThinking Research, and United Nations Capital Development Fund (UNCDF). The summit also explored what it means to have an inclusive workplace and workforce. featuring partners from the Philippine Business Coalition for Women Empowerment, Philippine Financial Inter-Industry Pride, and National Council on Disability Affairs, and was attended by GCash's employees, affiliates, and suppliers.



Postgraduate Intern Graduation Ceremony



Cayetano isinulong ang mas mabilis, mas 'transparent' na paghahatid ng serbisyo sa ilalim ng e-governance bill



BARGE CARRIER, SUMADSAD SA DALAMPASIGAN SA BOSARIO CAVITE

and PECEA Sign Collective Negotiation Agreement

27 NATURAL HEALTH AND NUTRITION TIPS THAT ARE **EVIDENCE-BASED**

25. Avoid restrictive diets

Diets are generally ineffective and rarely work well long term. In fact, past dieting is one of the strongest predictors for future weight gain (85Trusted Source).

This is because overly restrictive diets actually lower your metabolic rate, or the amount of : calories you burn, making it more difficult to lose weight. At the same time, they also cause alterations to your hunger and satiety hormones, which make you hungrier and may cause strong food cravings for foods high in fat, calories, and sugar (86Trusted Source, 87Trusted Source).

All of this is a recipe for rebound weight gain, or "yoyo" dieting.

Instead of dieting, try adopting a healthier lifestyle. Focus on nourishing your body instead of

Weight loss should follow as you transition to whole, nutritious foods — which are naturally • more filling while containing fewer calories than processed foods (14Trusted Source).

26. Eat whole eggs

Despite the constant back and forth about eggs and health, it's a myth that eggs are bad for you because of their cholesterol content. Studies show that they have minimal effect on blood cholesterol in the majority of people, and they're a great source of protein and nutrients (87Trusted Source. 88Trusted Source)

Additionally, a review involving 263,938 people found that egg intake had no association with heart disease risk (88Trusted Source).

27. Meditate

Stress has a negative effect on your health. It can affect your blood sugar levels, food choices, susceptibility to sickness, weight, fat distribution, and more. For this reason, it's important to find healthy ways to manage your stress (88aTrusted Source).

Meditation is one such way, and it has some scientific evidence to support its use for stress management and improving health (89Trusted Source, 90Trusted Source).

In one study involving 48 people with high blood pressure, type 2 diabetes, or both, researchers found that meditation helped lower LDL (bad) cholesterol and inflammation compared with the control group. Additionally, the participants in the meditation group reported improved mental and physical wellness (91Trusted Source)

The bottom line

A few simple steps can go a long way toward improving your eating patterns and wellness.

Still, if you're trying to live a healthier life, do not just focus on the foods you eat. Exercise, sleep, and social relationships are also important.

With the evidence-based tips above, it's easy to introduce small changes that can have a big impact on your overall health.

Just one thing

Try this today: There are lots of suggestions on this list that can help you improve your health, but it's best to put just one or two into practice at a time so you do not get burned out. As more of these healthy actions become habits, you can add more into your routine.

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Bacoor...

Bagong Pilipinas brand of

Marcos Jr.'s program of

digitalizing government

systems and processes

connectivity among agen-

cies." the statement reads.

will bring convenience and

improve compliance for

motorists, and will lessen

the corrupt practices of

the single-ticketing system

will bear many benefits,

not just for the local gov-

ernments but for motorists

as well. In this way, we

can fight corruption and

the wrongdoings of mo-

torists who test our traffic

enforcers, and the traffic

enforcers who don't have

integrity," Mendiza added.

ticketing process but also

introduces a more acces-

sible approach for viola-

tors to pay fines online,

thereby reducing the in-

convenience of physical

transactions," the local

ed, the DOTr and LTO said

that the local single-ticket-

ing system of Bacoor may

become the model of ob-

servation for the future im-

Once implement

chief executive said.

some traffic enforcers.

establish better inter-

LTO believes that

"We can see that

single-ticket system

From Page 1

BACOOR CITY, Cavite (PIA) - The city government of Bacoor. Cavite and the Land of Transportation, through Transportation Office (LTO) signed a memorandum of agreement for the implementation of a pioneer interconnectivity system outside of Metro of President Ferdinand

STRAIGHT NEWS

The LTO-LGU Interconnectivity Program or the Single Ticketing System, plays a vital role in enforcing traffic laws, where real-time data from the LTO's database is now accessible through the handheld devices used by Bacoor's traffic enforcers.

Under the agreement Bacoor's traffic aids can now issue Onthe-Spot Traffic Violation Receipts (OVRs) that will be directly linked to the motorist's record with the

LTO. integration ensures that demerit points are promptly assigned to the driver's license subsequently after committing a traffic viola-

According to LTO guidelines, drivers who have accumulated demerit points or traffic violation records are no longer eligible for the 10-year validity of driver's license and could face suspension or revocation depending on the severity and frequency of violation.

Mayor Strike Revilla together with Vice Mayor Rowena Bautista-Mendiola and other city officials signed the agreement on behalf of Bacoor, while Assistant Secretary Atty. Vigor D. Mendiza II. Regional Director Atty. Noreen Bernadette San Luis-Lutev represented

Asec. Mendiza delivered the message on behalf of Transportation Secretary Jaime Bautista. where the secretary noted that the digitization of government processes is plementation of the same in line with the mandate traffic system to other citof President Ferdinand ies and municipalities na-R. Marcos Jr., under the tionwide.

BARGE...

rier ang sumadsad ngayong araw sa pantalan na sakop ng Brgy. Wawa 2, Rosario, Cavite dulot ng "The Department malaking alon na epekto ng bagyong "Enteng"

Isang barge car-

Ayon sa Municithe Land Transportation pal Disaster Risk Reduc-Office, intends to streamand Management line traffic violations and Office (MDRRMO), sufines throughout the counmadsad ang barge ganap try by institutionalizing this na alas-8:30 ng umaga. system. This is also a part

pahayag ng mga nakakita, galing umano ang barge sa laot ngunit ilang saglit lang ay hindi na ito makontrol na dalawang tag boat na humihila dito, dahilan upang mabilis itong sumadsad sa

Sinisikap na hilahin ng dalawang tag boat ang naturang barge subalit inabot na ito ng low tide ng dagat. Pangamba ng mga mangingisda, na posibleng masira ang kanilang mga

From Page 1

bangka maging ng mga kabahayan kung hindi agad ito maiialis sa naturang pantalan.

Personal sinadva ni Mayor Jose Voltaire V. Ricafrente and lugar ng pinagsalpukan ng naturang barge upang alamin and perwisyong idinulot nito sa mamamayan at bayan ng Rosario. Lalo na't nadale nito and mal-

Nabitak na rin ang ilang bahagi sa pantalan na nagdudulot ng pangamba sa maraming residente

aking bahagi ng pipe line

ng Petron.

Pansamantalang nilagyan ng tubig ang loob ng barge upang bumigat ito.

Kasalukuvan na ngayong injimbestigahan ng Phil. Coast Guard katuwang ang PNP Rosario ukol sa pangyayari.

Postgraduate...

The Cavite Collaboration Center for Public Health proudly hosted the graduation ceremony for the postgraduate interns of General Emilio Aguinaldo Memorial Hospital, on August 28, 2024. celebrating the achievements of 19 dedicated individuals who have

completed their rigorous

Meanwhile, Re-The event comvilla said that the program menced with opening rewill expedite the process marks from Dr. Lvdia Quiof delivery services to motoriano, who welcomed torists in the city and will attendees and highlightestablish a more efficient ed the significance of the system for paying fines graduates' contributions and other traffic-related to public health. Following her introduction, Dr. transactions which pro-Nonie John L. Dalisav motes transparency and presented the esteemed guest speaker. Dr. Julie "The LTO-LGU Abitria Maureal, who in-Interconnectivity program spired the graduates with not only streamlines the her insights on the future

> The ceremony concluded with closing

of healthcare.

remarks from Dr. Jindra

From Page 1

Tetangco, who commended the graduates for their hard work and commitment to excellence in their The graduates

recognized during the

include: Dr. Devine Caballero Dr. Reia Joma Dangeros, Dr. Rhemielene De Leon, Dr. Mariel Joy Delgado, Dr. Paul Armin De Luna, Dr. Jodel Diolola, Dr. Alfa-Joy Fallurin, Dr. Rozelle Frances Avey Flores, Dr. Ruth Coleen Gonzales, Dr. Keanu Augusto Manguiat, Dr. Danilo Ocampo, Dr. Darlean Pelicano, Dr. Neil Tristan Lance Rosales. Dr. Danica Marie Sakaki. Dr. Kyle Justine Salazar, Dr. Hazel Jov Tequillo. Dr. Alyson Tomelden, Dr. Sherwin Victa, Dr. Rea Angeli Zamora. - H. Villa



September 11-17, 2024

Drayberks Road Safety Seminar Leg 3_PITX-1: Attendees of "ALERTO KADA KI-

MPT South's "ALERTO KADA

LOMETRO" Drayberks Road Safety Seminar together with (Front row from left) Ms. Kolyn Calbasa, Senior Corporate Affairs Officer of PITX; two public transport drivers; Mr. Carlo Hipol, Manager of the Traffic Operations Department of MPT South; Mr. Rechillo Baladjay, Technical Staff of the Toll Regulatory Board.



From left: Mr. Rechillo Baladjay, Technical Staff of the Toll Regulatory Board; Mr. Carlo Hipol, Manager of the Traffic Operations Department of MPT South; Ms. Kolyn Calbasa, Senior Corporate Affairs Officer of PITX, who received the Certificate of Appreciation on behalf of Mr. Arnold Yuson; and two MPT South Representatives.

dedication to promote road safety. Metro Pacific Tollways South (MPT South), the concession-Manila-Cavite Expressway (CAVITEX), held its active Q&A session with Drayberks Road Safety Seminar themed "ALFR-TO KADA KILOMETRO." at the Parañague Integrated Terminal Exchange (PITX) on August 27. 2024. The seminar, aimed at promoting road safety, was attended by 65 drivers of public utility vehicles (PUVs), jeepneys (PUJs), and classes 1 and 2 vehicles. The event was also graced by the presence of Mr. Arnold Yuson, Termi-Baladjay, Technical Staff from Toll Regulatory Board

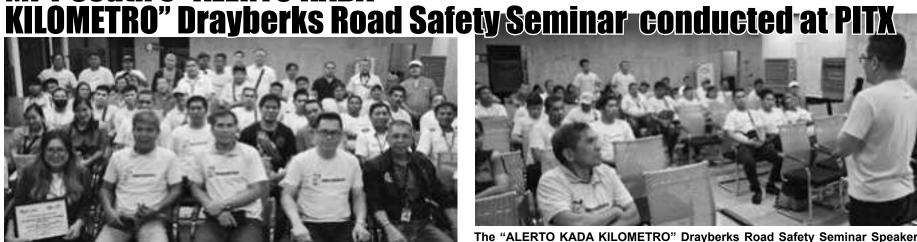
fic Operations at MPT seminar included an inter-Rechillo Baladjay, Technical Staff from the Toll Regulatory Board (TRB), who addressed attendees

Arlette V. Capistrano, Vice President for Communications and Stakeholder Management of MPT South, emphasized the seminar's importance in promoting a culture of safety on the expressways, helping to reduce accidents, and fostering of PITX, and Mr. Rechillo community of drivers. "Our goal in this seminar is to help reduce accidents in the expressway by im- South's mission to foster The event fea- parting the importance for a safer and more efficient

tured presentations by drivers to be concerned Carlo Hipol. Head of Traf- for their well-being and the well-being of other South, who covered topics road users and equipping such as road safety prac- them with vital information aire for the Cavite-Laguna tices, traffic awareness, on proper driving along Expressway (CALAX) and and toll operations. The the expressways, vehicle roadworthiness and opening their consciousness to the responsibility of the role they play in being part of a mobile society."

The Drayberks Road Safety Seminar is part of a broader initiative by MPT South to enhance the knowledge and skills of drivers, ensuring safer roads and a more efficient transportation system. Through this seminar, drivers were equipped with practical tips on how to plan their routes, navigate nal Operations Manager a more safety-conscious tollways, and prioritize safety in their daily opera-

As part of MPT



Mr. Carlo Hipol attending to the guestions of public transport drivers.

transportation system, the "ALERTO KADA KILOMETRO" Drayberks Road Safety Seminar is a vital platform for our commitment to road safety and driver education. Initiatives like this build a more responsible and safety-conscious community of drivers, ultimately leading to safer roads for everyone

The Drayberks "ALERTO KADA KILOMETRO" will be a year-long program with the aim of reaching drivers of all vehicle and private classes from the public and

MPT South is a subsidiary of Metro Pacific Tollways Corporation (MPTC) which operates several toll road networks in the Philippines, including CALAX, CAVI-TEX. NI EX. SCTEX, and CCI EX. PR.

CMDI holds the 6th Commencement tions to the graduates.



Evangelene Pallen, the valedictorian of the class 2023-2024 from the Accountancy, Business, and Management strand, motivates her co-graduates to dream big and follow the road where their hearts desire.

velopment Institute, Inc. (CMDI) holds its 6th Senior High School Commencement Exercises with the theme "Kabataang Pilipino para sa Matatag na Kinabukasan Bagong Pilipinas. he CMDI Bay Campus held its SHS graduation at CMDI Bay 2 Gymnasium, Brgy. Tranca, Bay, Laguna, on June 1, 2024. Meanwhile, the Tagum Campus SHS graduation happened at CMDI Gymnasium, Tagum Brgy. Mankilam, Tagum

City on June 4, 2024. A total of 415 students from both campuses have completed their senior high school

"As vou start a new chapter in life, carry the learning and experiences you have gathered

education.

CARD-MRI De- the friendships and social networks you have built. These learnings will also shape your future and the next chapters of your life.' Founder and Chairman Dr. Jaime Aristotle Alip re-

minded the graduates. He also encourages students to continue their studies and obtain their degrees. However, if they need to work, the door of CARD MRI is wide open, and fresh graduates are welcome to join in the mission of eradicating poverty in the country.

Dr. Alip added, "I wish that you will pursue your passion, whatever you want to do with your life, but still. I hope you continue to help us with our mission of empowering Filipinos."

CARD MRI Managing Director Aristeo Dequito also expressed his from CMDI, including gratitude and congratula- cmdi.edu.ph/.

"The awards and recognitions received by the graduates not only showcase their excellence but also serve as evidence of the competence of our instructors at CMDI." he stated. CMDI also of-

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fers college courses such as Bachelor of Science in Entrepreneurship, specializing in Microfinance. Bachelor of Science in Accountancy. Bachelor of Science in Information Systems, Bachelor of Science in Accounting Information Systems, and Bachelor of Science in Tourism Management.

Evangelene Pallen was recognized as the valedictorian of the CMDI Bay Campus, while Renzyle Jade Zafra was the valedictorian of the CMDI Tagum

Dr. Gerlie Ilagan, the School Division Superintendent of the DepEd-Division of San Pablo City, was the quest speaker for the program. "You have to take action to reach your goals and aspirations in life. It is just the beginning of becoming a resilient and successful citizen." she shared.

To learn more about CMDI, you can visit the website: https://

TANAY, 28 August 2024 | The Department of Trade and Industry (DTI) Rizal, in partnership with the Negros Women for Tomorrow Foundation successfully conducted an "Entrepreneurial Mindset" seminar at Teleperformance Village, Brgy. Tandang Kutyo, Tanay.

Twenty-five (25) aspiring women entrepreneurs participated in the seminar. This event aimed to equip them with essential knowledge and skills to start and manage their own businesses. Ms. Marlene De Luna, Senior Trade and Industry Specialist, led the discussion, covering key topics such as DTI programs and services. the Barangay Micro Business Enterprise Act, and the Business Name Law.

Following the presentation, participants actively engaged in a Q&A session to in the community. PR

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clarify their queries and deepen their understanding of the discussed concepts.

Mr. Arnel Deo, Project Dungganon Area Supervisor, and Ms. Ma. Carissa Bueno, Project Dungganon BH, expressed their sincere gratitude to DTI Rizal for its unwavering support in empowering individuals and fostering entrepreneurship

Provincial...

step towards strength- cial government. ening labor relations and enhancing the welfare of lighted the significance its employees, the Pro- of the agreement as a vincial Government of Cavite, led by Governor lective efforts to achieve Jonvic Remulla, signed a fair and just workplace a Collective Negotiation for all employees. She ex-Agreement (CNA) with the Provincial Government of ernor Remulla and the en-Cavite Employees Associ- tire provincial government ation (PGCEA) on August for recognizing the impor-29, 2024, at the Office of tance of the CNA and for the Provincial Governor.

The signing cere- the employees' associamony was attended by key tion. representatives from both the provincial government CNA is expected to bring and PGCEA, headed by its President Michelle S. Osorio, together with the Provincial Government of other officers, and Mr. Cavite, as it sets a prec-Renato A. Abutan, who edent for future negotiashowed strong support for tions and collaborations the landmark agreement. aimed at improving labor

product of mutual under- welfare. standing and collaboration Government of Cavite and cial Government of Cavite PGCEA. It outlines key and PGCEA look forward sponsibilities, aiming to and shared goals for the work environment for all public - A. Cabrera

In a significant employees of the provin-

Ms. Osorio highrepresentation of the colpressed gratitude to Govthe continuous support to

The signing of the about positive changes for the employees of the The CNA is a relations and employee

between the Provincial ment in place, the Provinprovisions on employee to a strengthened partnerbenefits, rights, and re- ship built on trust, respect, create a more conducive benefit of the Caviteño

ALL HANDS ON DECK! LEE URGES DA TO TAP HPG. PPA TO MAN ASF CHECKPOINTS ALONG **HIGHWAYS. SEAPORTS**

Cong Wilbert "Manoy" T. Lee urged the Department of Agriculture (DA) to set up more checkpoints not only along roads but also in seaports to curb the spread of African Swine Fever (ASF) in the coun-

"Napaka-crucial ng mahigpit na pagbabantay para hindi na kumalat ang ASF na dahilan ng sobrang pagkalugi ng ating mga magbababoy. Milyon-milyon po ang nalulugi sa ating mga hog raisers, paano naman ang mga pamilya nila na dito lang inaasa ang pantustos sa pagkain at iba pang pangangailangan?" Lee, who recently attended as quest speaker at the Agarwood Orientation Seminar in

Maasin, Leyte, asked. "Kaya dapat dagdagan pa ng DA ang checkpoints nila para rito, lalo na Cong Wilbert "Manoy" T. Lee urged the Department of Agriculture (DA) to set up more checkpoints not only along roads but also in seaports to curb the spread of African Swine Fever (ASF) in

"Napaka-crucial ng mahigpit na pagbabantav para hindi na kumalat ang ASF na dahilan ng so-sonnel of the Metropolitan

mga magbababoy. Milyon-milyon po ang nalulugi sa ating mga hog raisers, paano naman and mga pamilya nila na dito lang

inaasa ang pantustos sa ers to man checkpoints pagkain at iba pang pangangailangan?" Lee, who recently attended as quest speaker at the Agarwood Orientation Seminar in Maasin, Levte, asked. "Kava dapat

dagdagan pa ng DA ang checkpoints nila para rito. lalo na may mga ulat na kumakalat na ang mga baboy palabas sa mga lugar na may ASF patungo sa ibang parte ng Luzon," he said.

Previously. the DA's Bureau of Animal Industry (BAI) seized two trucks in Quezon City carrying infected hogs reportedly from Quezon province. The trucks were on their way to Pangasinan province.

Lee said the DA should partner up with Philippine National Police ang gobyerno dito at tapa-Highway Patrol Group (PNP-HPG) as well as at mabilis na solusyon ang the Philippine Ports Au- pagpigil sa pagkalat ng thority (PPA) to augment BAI manning checkpoints, aside from tapping per-

thority (MMDA).

"While we laud the BAI for proactively looking into tapping MMDA and local traffic enforcin Metro Manila, all hands must be on deck to genuinely curb ASF. We have force multipliers available from the PNP, HPG and from PPA that could be deployed should the BAI decide to set up more checkpoints along major highways and ports," the solon from Bicol said.

There are currently six meat inspection checkpoints across the National Capital Region (NCR) to ensure that the pigs being delivered to slaughterhouses and in markets are ASF-free.

"Avaw natin na maging epidemya itong ASF lalo pa't wala pang sapat na bakuna sa bansa laban dito. Hindi pwedeng malamya sa pagpuksa ng ASF. Dapat doble-kayod tan ng agrisibong aksyon sakit " Lee stressed

The Bicolano lawmaker also urged the government into preparbrang pagkalugi ng ating Manila Development Au- ing to declare a state of

ASF spread beyond what could be controlled by the ASF vaccines, which have been earlier procured.

"2019 pa lang nagkaroon na ng kaso ng ASF sa bansa. Huwag tayong maglokohan dito. Paulit-ulit na ito kaya walang excuse na di magkaroon ng komprehensibong plano para mapigilan ang pagkalat ng sakit, matulungan ang mga apektadong hog raisers, masigurong hindi magkukulang ang supply at protektahan ang mga consumers sa posiblena pagtaas ng presvo ng karne ng baboy," he said. Earlier. Lee filed

House Resolution No. 1956 to investigate the escalating impact of ASF while calling relevant government agencies to provide assistance to hog raisers and prevent possible hike in pork prices. "Filipinos de-

serve better so we should demand better protocols to protect the livelihood of local food producers and welfare of our consumers. Tulong-tulong po tayo: Tiyak na kabuhayan at dagdag na kita, gawin na natin. Murang pagkain. gawin na natin!" he stated.

EDITORYAL:

Don't stop with Guo

AMID the incessant rain and news of harm and destruction brought by Enteng, one sunny development is the arrest of dismissed Bamban, Tarlac Mayor Alice Guo, who also supposedly goes by the name of Guo Ha Ping, in Indonesia

s of this writing, Philippine officials are coordinating with Indonesian immigration authorities for Guo's return to Manila at the soonest possible time.

She will then be turned over to the Senate. which has issued an arrest order for contempt against her. This is the only standing warrant against the former mayor, even as cases have been filed against her for money laundering and human trafficking by the National Bureau of Investigation, the Anti Money Laundering Council, and the Presidential Anti-Organized Crime Commission.

Guo was famously evasive during her Senate testimonies, with life details almost too fantastic to believe. She has become the subject of jokes and me-

mes in popular culture and on social media. The jokes intensified when it became known that she had disappeared. Then again how someone as alien as Guo could

be elected mayor of a town has always been a puzzle. We wonder: how much light would she be able to shed on the Duterte-era phenomenon that is Philippine Offshore Gaming Operations (POGOs)?

Now that she is in custody, would she be any more forthcoming regarding her involvement in gaming, and most especially on who exactly enabled and emboldened the likes of her to engage in said economic activity? And for whose prime benefit?

It would be interesting to see how Guo will be made to "face justice," as those who promptly exalted her arrest said.

We should not forget, however, that the matter does not begin and end with Guo.

The issue of gaming operators and the ill they bring is not limited to one woman with a shady past.

It carries implications that go beyond the amusing details we all were treated to during the Senate hear-

There is abuse of power, deceit, corruption on a grand scale, undue economic advantage, security risks, unconscionable working conditions, crime, and danger to Filipinos

All in the name of supposed additional economic activity.

There is thus a bigger story to be told. Guo's disappearance is a feat that cannot be accomplished by one person alone.

There were friends who helped her

People of influence who ensured the availability of resources for her to escape authorities' watch. Personalities who held sway so that her presence would not be detected, or at least flagged.

They should be hunted as well

Guo's arrest is not a happy ending to this saga. To focus on Guo while turning a blind eye to those who conspired to make her escape possible would be a travesty and a disservice to the Filipino people.

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STRAIGHT NEWS

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DSWD released 265,104 family food packs to 'Enteng' victims

of Social Welfare and kasi there are still flood-Development (DSWD) re- ed areas understandably. ported Friday that it had We'll probably close at released 265,104 family around half a million famfood packs nationwide in ily food packs for Enteng response to the effects of Tropical Storm Entena.

"Mr. President, from the last time we met leased to CALABARZON, two days ago. That time Gatchalian said a greater was 133,000 released food packs. Now, we're 28,100 food packs. up to 265,104 nationwide of which in CALABAR-ZON, one of the hardest Secretary Rex Gatchalian R. Marcos Jr. during the storm situation briefing at half a million family food the Ynares Events Center in Antipolo City.

"We are still processing another 200,000 as we speak, so 'yung ini- na ho 'yung pasok ng retial na nasabi ko sa inyo quests. So, we'll be able to dividuals, and five injuries na I think it will play at process everything by end due to flooding and landaround 250 to 300. Hindi of this week. Lahat ho 'yun

The Department ho, it keeps on going up alone," he added.

chunk went to Rizal, with Asked by the President about the estimated requirement to fully deployed na. Then, hit areas, 41,961," DSWD alleviate the people's con- we start stockpiling for the by the prevailing southdition from the effects of next two storms coming west monsoon. told President Ferdinand Enteng, Gatchalian said in," Gatchalian told the the requirement will be

"interoperable" ang mga

sabihin, bibilis at magiging

ng gobyerno kabilang ang

pagkuha ng mga legal na

dokumento – gaya ng birth

business permits, at driv-

ng Online Public Service

humingi ang kahit sinong

Pilipino ng iba't ibang im-

pormasyon, magpagabay

service ng gobyerno, at

magpadala ng mga rekla-

Bukod

bubuo rin ng isang elec-

Para maisaga-

Magkakaroon din

er's licenses.

halfway through the effort.

Of the 41,961 family foods packs re-

> President. The Provincial

packs nationwide, adding Disaster Risk Reduction that the agency is already and Management Office (PDRRMO) of Rizal "Nag-slowdown has reported at least 12 deaths, three missing inslides caused by Tropical

Storm Entena. enhanced

An estimated 5,668 individuals, or approximately 1,670 families, are currently housed in 49 evacuation centers in Rizal. The province's hardest-hit areas include Morong, Teresa, Cainta, Rodriguez, and San Mateo. PND

From Page 1

Cayetano...

Umusad na sa pag-digitalize sa operasyon ng gobyerno matapos maihain ngayong Miyerkules ang Committee Report ng mga e-goverbile application nito. Ibig nance bill sa Senado, sa pangunguna ni Senador plantsado and serbisvo Alan Peter Cayetano.

Inihain ni Cavetano, na chair ng Senate Committee on Science certificates, passports, ment Office (E-Gov-UPand Technology, ang Senate Bill No. 2781 sa ilalim ng Committee Report No. 297 na naglalayong pabilisin at pagandahin ang ser- Portal kung saan maaaring bisyo ng gobyerno gamit and digital tech-nology.

"This isn't just a gradual change; it's a tungkol sa mga frontline quantum leap — from slow, corruption-riddled processes to fast, trans- mo at komento. parent operations," pahayag ni Cayetano.

Sa ilalim ng tronic payment system panukalang batas, in- kung saan na padaraanin aatasan ang Department ang lahat ng ayuda at baof Information and Com- yarin sa gobyerno. munications Technology (DICT) na bumuo at i-up- wa ang mga ito, bubuo date kada tatlong taon ang DICT ng mga inforand isand E-Government mation and communica-Master Plan na magsisil- tions technology system, bing "blueprint" sa pagbuo kabilang ang Records ng mga kakailangananin and Knowledge Managepara sa pag-digitalize ng ment Information System gobyerno. na magiging daluyan ng

Kapag naisaba- lahat ng mga dokumento, mga co-author niyang Senado ang panukalang tas ang panukala, oob- record, at mga serbisyo ng ligahin ang gobyerno na aobverno. gawing "integrated" at

"E-governance will enhance efficiency. sistema, website, at mo- reduce corruption, and make services more inclusive." wika ni Cavetano.

Bawat opisina ng gobyerno ay magkakaroon ng F-Governance Unified Project Manage-MO) na tututok sa mga programa at provektong mav kinalaman sa ICT.

Kasama ni Cayetano sa paghahain ng Committee Report ang

kakahain ng Committee Report, dadaan sa deliberasyon ang panukalang batas sa mga susunod na



"Bong" Go, Juan Miguel "Migz" Zubiri, Grace Poe, Jinggov Estrada, Juan Edgardo "Sonny" Angara Sherwin Gatchalian Ma-nuel "Lito" Lapid, Ramon Bong Revilla Jr., Mark Villar, Joseph Victor "JV" Ejercito, Joel Villanueva, at Loren Legarda. Kasunod ng pag-

sina Senador Christopher

plenary session. PR

Enchanted Kingdom celebrates Filipino talent and modern-day heroism at the 2024 Agilakas Gumalaw Dance Competition







Enchanted Kingdom, the first and only world-class theme park in the Philippines, paid a magical tribute to our modern-day heroes through the 2024 Agilakas Gumalaw Dance Competition at the Spaceport Grounds on August 24.

The Agilakas Gumalaw Dance Competition is an annual event in EK that gathers talented dance performers in the country to show off world-class Filipino talent. This year, ten (10) spectacular dance groups took their synchronized moves to the stage to show the world that "Pinoy, Magaling Ka!"

The NU Dance Company from Sampaloc, Manila highlighted the rich, dynamic Filipino culture through their winning performance. The group clinched the grand winner title and bagged Php 20,000, twenty (20) return passes to EK, and a chance to perform in one of EK's upcoming events.

NEW BREEDZ from Muntinlupa City and League of Monsters-Brothass from

tion, the Midway Mirror Maze. Drop by the Midway Boardwalk, and help Eldar the Wizard and Princess Madeline in finding Princess Victoria by threading vour way towards the cener of this thrilling labyrinth.

For only Php 150, guests will be able to have special access to this EKciting and immersive adventure filled with captivating lights and visuals waiting at every turn. Spe- ter and Instagram.

magical memories with cial ticket rate is also availvour loved ones with EK's able for students at Php newly launched attrac- 120, and senior citizens and PWDs at Php 107.14 For more infor-

> mation and undates regarding these and EK's other upcoming events and offers, visit https:// www.enchantedkingdom. ph and EK's official social media accounts @ enchantedkingdom.ph for Facebook and Tiktok, and @ek philippines for Twit-

Cebu Youth Receive Entrepreneurship Training



Xai Smith, as they turned Senior up the heat by showing off their amazing dance moves on the EK stage. This magical celebration was made even more magical with the following sponsors: Surf, Dove Deo, Minute Maid. Pretzels Stick Snacks, Australia's Own, Hello! Chocolate, Nips, Krrrrunch, C2 Cool and Clean, White Flower, and Selec-

BAYANI: LAG-ING HANDA Taking part in

Calamba City, Laguna

also took home cash priz-

es and tickets along with

group sensation BILIB

mesmerizing performance

of their newest music

along with their rendition

of popular P-Pop hits.

The show also featured

ber Myka Espina Gonzaga

its judges, G-Force mem-

and internet personality

Rising P-Pop boy

the runner-up titles.

the celebration of Buwan ng Wika this August, FK brings back BAYANI, its original musical production featuring OPM songs with their very own Cast Members performing. This year's installment of the musical follows the story of Joana Makabayan in her journey of self-discovery as she joins the Girl Scouts of the Philippines.

The musical show will run until September 15 from Fridays to Sundays, 12:00 p.m. and 2:00 p.m. at the Eldar's

MIDWAY ROR MAZE

School students of the Abellana National School in Cebu City became the latest to benefit from Youthpreneur, Go Negosyo's school-based entrepreneurship mentoring program for Senior High School students in public schools aimed at promoting an entrepreneurial mindset and increase financial literacy. The nastop in the southern capital last August 28, 2024.

Joey Concepdevelops students and prepares them for a life whether in the corporate world or as entrepreneurs. "Youthpreneur is going to develop an entrepreneurial mindset be it as an employee or employer," said

Department of Education Asst. Secretary for Curriculum and Teaching, delivered an Inspirational Message via video, expressing oro, and several cities in the DepEd's support of the National Capital Reentrepreneurship training gion

among the schools

On

hand

speak to the more than 400 students in attendance were top business executives including Profood Intl. President Justin Uy, Zip Technologies CEO Josephine Romero, RNC Marketing Founder & CEO Rey Calooy, Cebu Chamber of Commerce and Industry President Jay Yuvallos, Mata Technologies tionwide program made its CEO Eria Dell Sanco. But First Coffee President Isabelle Magalona, Metal Straw PH Founder & CEO cion, founder of Go Nego- Nadine Ablaza, The Pages syo, said that the program Food Group Chairman & CEO Bunny Pages, Menchavez Legal Services' Atty. Estrella Menchavez, Ideaz Advertising Founder Adriano Zen Pastoriza, help our young students to P&A Grant Thornton Director Atty. Kim Aranas, and Konverge Builders CFO Renea Tan. To date. Go

> Alma Ruby Torio, Negosyo has conducted Youthpreneur events in schools nationwide, including Laoag, Baguio. Bataan, Occidental Mind-

September 11-17, 2024

DOST helps intensify Twin Lakes Hotels food safety implementation



tablishments to participate

In support of the Twin Lakes Hotel's efforts to enhance its implementation of food safety practices, the Department of Science and Technology (DOST)-Batangas conducted seminars on Halal awareness, basic food hvgiene (BFH), food safetv hazards (FSH), and Hazard Analysis Critical Control Point (HACCP) in food service operations for its personnel, July 15-16.

seminars were designed to provide hotel personnel with the necessary knowledge and skills to ensure the highest standards of food safety in their operations. By partnering with DOST, Twin Lakes Hotel hopes to further improve its food safetv practices and maintain a competitive edge in the industry by becoming a Muslim-friendly establishment that prioritizes the well-being of its guests, including those with specific dietary restrictions.

November 2023, the hotel was invited as one of the tourism es- tivities focused on prac-

in the Halal Training organized by the Department of Tourism in partnership with DOST. As a continuation of DOST's support, seminars on Halal awareness, BFH, FSH, and HACCP were organized to further enhance the hotel personnel's understanding and implementation of Halal practices in their operations. This is also part of the DOST Research Ecosystem for Development and Innovation (ReDi) Project titled "Development and Deployment of Halal Tourism Training Module and Halal Assurance Systems (HAS) to Secure Halal Compliance Tourism Establish-

Nineteen personnel attended the training session, including food and beverage managers, supervisors, chefs, and representatives from HR, front office, engineering, finance, and security departments. They were engaged in workshop actical skills, such as handwashing techniques and the application of HACCF principles, to underscore the importance of implementing comprehensive food safety standards.

Ms. Maria Teresa A. Pamplona and Ms. Anna Marie M. Marasigan both members of the DOST-CALABARZON Halal Assurance System Team and Food Śafetv Team, facilitated the sem-Twin Lakes Ho-

tel management thanked DOST for providing the seminars. which they believe will greatly benefit their operations and ensure the maintenance of the highest standards of food safety. Ms. Blessy Bayas, the training man ager, mentioned that she now feels more confident in their ability to comply with food safety regulations and standards. "The seminars have significantly boosted our readiness to meet food safety requirements, most impor-

····· VOL. II • NO. 11**5** PhilHealth-NCR completes first-ever claims reconciliation



August 21, 2024 is in consonance with — The PhilHealth Region-PhilHealth Circular No. al Office of National Capital Region and Rizal (PRO NCR) has issued a Certification for eClaims Periodic Reconciliation to the Las Piñas General Hospital and Trauma Center (LPGHTC) after completing their claims reconciliation efforts. This, after the State Agency confirmed that claims submitted by LPGHTC from January to May 2024 have been set-The initiative

which was spearheaded by PRO NCR PFinMaRFP Committee and Benefit Accounts Management and Reconciliation Team marked a major milestone in improving claims processing through close coordination with partner proved effective in ensurhealthcare facilities. This

2023-0028 on the Periodic Reconciliation and Enhanced Recording of Benefit Claims Transactions between PhilHealth and Health Facilities (HFs) which institutionalized the PhilHealth Financial Management and Reporting Enhancement Program or PFinMaREP. This groundbreaking innovation aims to hasten claims processing by providing fast and reliable service and open lines of communication with health facilities to immediately address concerns on benefit claim transactions while ensuring compliance with the Ease of Doing Business PFinMaREP

ing accuracy and time- E. Estigoy.

submissions through the Electronic Periodic Reconciliation which involves a thorough review of the Summary Report of Unpaid Claims - Accounts Receivable. Both institutions were able to crosscheck, verify submitted claims, and match account receivables with account payables to address any discrepancy

The ceremonial signing of the first-ever claims reconciliation certification was held at the PRO NCR office at the Panorama Techno-Center Bldg, and was led PRO NCR Vice President Dr. Bernadette C. Lico. Management Services Division Head Maricel J. Maglalang, and Head of Local Health Insurance Office - Makati Rey Sulit. Meanwhile, the LPGHTC was represented by Medical Center Chief Dr. Ignacia G. Fajardo, Finance Management Officer Charlito M. Yu Jr., and Head of Claims Section Wilma Lvn

DA: Agri damage after 'Enteng' climbs to P659-M

culture - Disaster Risk Re-

duction and Management

(DA-DRRM) Operations

MANILA - Dam- PHP600 million, according age to agriculture due to to the Department of Agrithe onslaught of Severe Tropical Storm Enteng tantly in Halal," she added. has risen to more than

SSS President

Center on Friday. Based on the 4, the volume loss almost doubled to 28.788 metric tons (MT) worth PHP659.01 million, from the 15,205 MT volume

million on Sept. 4. About 27,598 farmers were reportedly affected in Cagayan Valley, Central Luzon, Bicol, Western Visayas, and Fastern Visavas.

produc-Rice tion incurred the highest volume loss, worth PHP624.06 million, with Camarines Sur reported to be the hardest-hit area.

Damage to corn production, most of which were in the reproductive and maturity stages, was valued at PHP22.75 mil-

lion; followed by high-value crops, PHP10.41 million; cassava, PHP1.77

> To date, available funds are still prep-Philippine Crop Insurance

SSS vows enhanced social security access for OFWs DA-DRRM's Bulletin No. helpful in their eventual re-MANILA - The

Department of Migrant Workers (DMW) has partnered with the Social Security System (SSS) to enhance social protection for sa impormasyon (We overseas Filipino workers (OFWs) and their families.

In a news release on Wednesday, Migrant wise decisions for en-Workers Secretary Hans Leo Cacdac said that many OFWs in various parts of the world remain clueless about the many they can avail of as SSS

partnership with SSS would help OFWs and their families become better informed about social ship benefits for OFWs securities that would be and their families.

integration "Alam po natin

na ang mga OFWs at ang

kanilang pamilya ay uhaw is an integral part of DMW- and CEO Rolando Macasknow that OFWs and their families longs for more information) on how to make hanced social protection and financial freedom." Cacdac said. Through

Memorandum of Undersecurity programs that standing (MOU) signed between the DMW and the SSS on August 27, the two agencies would embark on a massive information drive on social security programs and member-

led whole-of-government aet, meanwhile, reiterated approach for the full-cycle its commitment to helping reintegration program for OFWs and their families. "Through this partnership, OFWs and

the partnership with SSS

their families will have enhanced access to social safety nets for retirement. unemployment, and other contingencies." he said. Moreover. he

added that together with the SSS, and other stakeholders, the DMW will explore the possible de- which was made possivelopment of savings and ble through our massive provident fund programs membership campaigns," tailored to the specific Macasaet said. (PNA)

OFWs and their families through its convenient and reliable social security pro-He also said that

Cacdac said that needs of OFWs.

SSS is looking forward to welcoming more OFWs as members through its partnership with the DMW.

"Before, OFW membership SSS was only 1 million, but now there are 4 to 5 million OFW members.

million; and livestock and poultry, PHP16,000. loss valued at PHP360.18

The DA-DRRM has yet to receive situation reports from the Cordillera Ilocos, Calabarzon, and Mimaropa regions.

ositioned for the distribution of PHP202.86 million worth of seeds, bio-contro measures, and farm tools, up to PHP25,000 loar under the Survival and Recovery Loan Program from the Agricultural Credit Policy Council: and indemnification funds under the