

Westwind at Lancaster New City Unveils Entry Statement

After its successful launch, Westwind at Lancaster New City unveils its entry statement to further define and mark the 13-hectare, mixed-use vertical development that is rising inside the vibrant Lancaster township. Westwind was conceptualized to redefine condo living by promoting relaxation, wellness, and connectedness in a sustainable community. Profriends President Kathleen Choa, in her statement, during Westwind's launch said: "Westwind is our first jump into vertical development in Cavite, to allow us to optimize the land and



value that we have created inside Lancaster New City." Harping on the budget-friendly offering of the project, she adds, "At the same time, we stay true in

providing value for money for our home buyers." Westwind will feature 4-storey buildings that will be built in clusters around common outdoor lifestyle spaces. This is to allow families to connect with friends and neighbors within walkable distance.

The condo village is located inside Profriends' flagship project, Lancaster New City, which makes it accessible via various road networks like the Centennial Road from CavitEx, Advincula Avenue, Daang Hari Link, Bucandala-Alapan Road, SLEX, NAIAX, PITX, and, soon, CALAX. It is also minutes away from the different existing and upcoming developments in the vicinity of Lancaster, offering more opportunities to live out the learn, work, play, and pray lifestyle that Profriends envisioned for the families it serves.



Profriends is one of the fastest growing property developers in the Philippines, having built and delivered over 64,000 houses to Filipino families since 1999. For more than two decades in property development, Profriends has evolved to be a values-driven community builder that continues to transform the lives of Filipino families. Its strong presence in Cavite and Iloilo is manifested through its projects, Lancaster New City and Parc Regency Residences, respectively.

CARD MBA Expands Reach with Opening of 93rd PO in Lucban, Quezon



CARD MBA CEO Jocelyn Dequito, CARD MBA President Reazhyle Francisco, and Board of Trustee members Deneglen Peñaflorida and Virginia Garcia (from left to right) take the lead in the successful ribbon-cutting ceremony for the newly opened Provincial Office.

The CARD Mutual Benefit Association, Inc. (CARD MBA), the insurance arm of CARD Mutually Reinforcing Institutions (CARD MRI), inaugurated its 93rd Provincial Office (PO) in Lucban, Quezon on May 6, 2024.

Established in 1999, CARD MBA is dedicated to providing benefits to its members in times of uncertainty, including death, through various microinsurance products

Profriends Lauded As One of Top Real Property Taxpayers



Property Company of Friends, Inc. (Profriends) was recently honored as the top 4 taxpayer in both Imus City, Cavite and in the province of Iloilo. With its thrust of transforming lives through the communities it creates, Profriends is proud that its presence is able to help families in and around its projects.

Headed by the Provincial Treasurer's Office of the Iloilo Provincial Government, the recognition acknowledged the contribution of the model taxpayers to the province's economic progress. "Good governance is not an objective in the province of Iloilo. It is not an objective of the Provincial Capitol. It is a standard. So we make sure we do not waste even a centavo of your tax money," says Provincial Administrator Dr. Raul Banias in his welcome remarks. Iloilo's

remarkable progress is evident in the numerous infrastructure, commercial, and socio-civic developments, providing more opportunities for its constituents.

In Cavite, the City Government of Imus' event, Profriends was also given the same recognition. In his remark, Imus Mayor Alex Advincula recounted the city's accomplishments that were made possible by the support given by various institutions who diligently give their obligations to the city by paying taxes. "Sa ibinayad ninyong buwis, nakapagtayo po tayo ngayon ng tatlong malaking eskwelahan. Guma-wa tayo ng modern command center sa lungsod ng Imus. Merong tatlong daang camerang nakalatag dito sa ating lunsod. Naglalagay po tayo ng mga streetlight sa gayun ay maging maaliwalas at

ligtas ang ating mga kababayan sa pag-uwi at pagbalik nila sa kanilang mga trabaho. Ilan pa lang po yan sa mga proyektong napuntahan ng inyong mga buwis na ibinayad sa ating lungsod," says Mayor Advincula.

Profriends was commended together with the top 20 business and top 20 real property tax payers as part of the celebration of the 12th Cithood Anniversary of Imus. In this event, the city government acknowledged the invaluable contributions of various institutions and business establishments to the city's continued progress and development.

Profriends is expected to add value to more areas as it expands its footprint in Cavite and Iloilo with special focus on providing for the holistic needs of the families it serves.

Corner J. Rizal Avenue, Barangay Poblacion 2, Lucban, Quezon will serve a total of 73,569 members from CARD, Inc. (A Micro-finance NGO) and CARD Bank, Inc.

This inauguration emphasizes CARD MBA's steadfast commitment to broadening its outreach and ensuring financial security for Filipinos nationwide. This expansion enhances access to vital insurance services and strengthens the organization's ability to promote resilience and prosperity within communities across the Philippines.

To learn more about CARD MBA, please visit <https://cardmba.com/>



ALL HANDS ON DECK! LEE URGES DA TO TAP HPG, PPA TO MAN ASF CHECKPOINTS ALONG HIGHWAYS, SEAPORTS

Manila Water Philippine Ventures and Canlubang Sugar Estate partner for 25-year Bulk Water Project

Manila Water Non-East Zone operating subsidiary Manila Water Philippine Ventures (MWPV) and Canlubang Sugar Estate (CSE) recently embarked on a 25-year partnership for a bulk water supply project which aims to improve water access in more towns in Laguna.



A groundbreaking event was recently held in the Canlubang Golf and Country Club in Cabuyao, Laguna to celebrate the new partnership. The P1.4-B Bulk Water Supply Project involves the rehabilitation of the Matang Tubig Spring (MTS) as water source and the construction of a 13-kilometer water transmission line that will connect the MTS Source Upper Box to the Laguna Wellfield Reservoir in LTI Annex, Biñan. The project will be constructed by MWPV's

DTI Rizal, DOST-PSO Rizal run another session of Technology

BAGONG BARANGAY HALL NG BARANGAY MASLUN, PINASINAYAAN



Laguna - Nagkaroon ng blessing at ribbon cutting para sa pormal na pagbubukas sa publiko ng bagong Barangay Hall ng Barangay Maslun, Liliw, Laguna, noong, ika -16 ng Agosto, 2024.

Pinangunahan ni Laguna 3rd District Representative Loreto "Amben" Amante, Mayor Ildefonso Monleon, Sangguniang Barangay sa pamumuno ang serbisyo ng Barangay Maslun sa mga nasakupan nito.

Lubos na pinasalamatan ng Punong Barangay Hedeliza Monfero kasama ang Maslun Barangay Council ang dedikasyon at suporta na ipinapakita ng kogresista upang patuloy na makatulong sa pag unlad ng barangay.

Nakasama rin sa programa si Vice Mayor Eric Sulibit, ilang konsehal ng bayan ng Liliw, mga kapitan ng ibang barangay, at ang 3rd District DPWH Engineer Napoleon Abril. (Shekinah Pamatmat)



SENATOR BONG GO NAG ALAY NG TULONG SA CAVITE CITY



Binisita personal at kinamusta naghandog ng tulong si MR. MALASAKIT Senator Kuya Bong Go sa mga nasunugan mula sa iba't ibang barangay sa Cavite City, Cavite kamakailan. Napuno ng mga taong nag-

mamahal at nag aabang sa senador ang Montano Hall at umabot sa 746 na residente ang nabigyan ng snacks, water container, vitamins, masks, shirt, packs, at bola ng basketball at volleyball ni Senator Bong Go, katuwang ang Malasakit Team. May mga ilan ding nabigyan ng mga bisekleta, sapatos, relo at cellphone. Katuwang din na Tumulong ang national government NATIONAL HOUSING AUTHORITY na mabigyan ang mga kwalipikadong benepis-

Cont. on Page 2



27 NATURAL HEALTH AND NUTRITION TIPS THAT ARE EVIDENCE-BASED

15. Don't smoke or use drugs, and only drink in moderation

Smoking, harmful use of drugs, and alcohol abuse can all seriously negatively affect your health.

If you do any of these actions, consider cutting back or quitting to help reduce your risk for chronic diseases. (54aTrusted Source, 54bTrusted Source)

There are resources available online — and likely in your local community, as well — to help with this. Talk with your doctor to learn more about accessing resources.

16. Use extra virgin olive oil
Extra virgin olive oil is one of the healthiest vegetable oils you can use. It's loaded with heart-healthy monounsaturated fats and powerful antioxidants that have anti-inflammatory properties (55Trusted Source, 56Trusted Source).

Extra virgin olive oil may benefit heart health, as people who consume it have a lower risk for dying from heart attacks and strokes according to some evidence (57Trusted Source).

17. Minimize your sugar intake
Added sugar is extremely prevalent in modern food and drinks. A high intake is linked to obesity, type 2 diabetes, and heart disease (1Trusted Source, 2Trusted Source, 58Trusted Source).

The Dietary Guidelines for Americans recommend keeping added sugar intake below 10% of your daily calorie intake, while the World Health Organization recommends slashing added sugars to 5% or less of your daily calories for optimal health (59Trusted Source, 60Trusted Source).

18. Limit refined carbs
Not all carbs are created equal.
Refined carbs have been highly processed to remove their fiber. They're relatively low in nutrients and may harm your health when eaten in excess. Most ultra-processed foods are made from refined carbs, like processed corn, white flour, and added sugars.

Studies show that a diet high in refined carbs may be linked to overeating, weight gain, and chronic diseases like type 2 diabetes and heart disease (61Trusted Source, 62Trusted Source, 63Trusted Source, 64Trusted Source).

19. Lift weights
Strength and resistance training are some of the best forms of exercises you can do to strengthen your muscles and improve your body composition.

It may also lead to important improvements in metabolic health, including improved insulin sensitivity — meaning your blood sugar levels are easier to manage — and increases in your metabolic rate, or how many calories you burn at rest (65Trusted Source, 66Trusted Source).

If you do not have weights, you can use your own bodyweight or resistance bands to create resistance and get a comparable workout with many of the same benefits.

The Physical Activity Guidelines for Americans recommends resistance training twice per week (67Trusted Source).

continue for the next issue (next week)

LEE...

Cong Wilbert “Manoy” T. Lee urged the Department of Agriculture (DA) to set up more checkpoints not only along roads but also in seaports to curb the spread of African Swine Fever (ASF) in the country.

“Napaka-crucial ng mahigpit na pagbabantay para hindi na kumalat ang ASF na dahilan ng sobrang pagkalugi ng ating mga magbababoy. Milyon-milyon po ang nalulugi sa ating mga hog raisers, paano naman ang mga pamilya nila na dito lang inaasa ang pantustos sa pagkain at iba pang pangangailangan?” Lee, who recently attended as guest speaker at the Agarwood Orientation Seminar in Maasin, Leyte, asked.

“Kaya dapat dagdagan pa ng DA ang checkpoints nila para rito, lalo na may mga ulat na kumakalat na ang mga baboy palabas sa mga lugar na may ASF patungo sa ibang parte ng Luzon,” he said.

Previously, the DA's Bureau of Animal Industry (BAI) seized two trucks in Quezon City carrying infected hogs reportedly from Quezon province. The trucks were on their way to Pangasinan province.

Lee said the DA should partner up with Philippine National Police Highway Patrol Group (PNP-HPG) as well as the Philippine Ports Authority (PPA) to augment BAI manning checkpoints, aside from tapping personnel of the Metropolitan Manila Development Authority (MMDA).

“While we laud the BAI for proactively looking into tapping MMDA and local traffic enforcers to man checkpoints in Metro Manila, all hands must be on deck to genuinely curb ASF. We have force multipliers available from the PNP, HPG and from PPA that could be deployed should the BAI decide to set up more checkpoints along major

highways and ports,” the solon from Bicol said.

There are currently six meat inspection checkpoints across the National Capital Region (NCR) to ensure that the pigs being delivered to slaughterhouses and in markets are ASF-free.

“Ayaw natin na maging epidemya itong ASF lalo pa't wala pang sapat na bakuna sa bansa laban dito. Hindi pwedeng malamya sa pagpuksa ng ASF. Dapat doble-kayod ang gobyerno dito at tapatan ng agrisibong aksyon at mabilis na solusyon ang pagpigil sa pagkalat ng sakit,” Lee stressed.

The Bicolano lawmaker also urged the government into preparing to declare a state of national calamity should ASF spread beyond what could be controlled by the ASF vaccines, which have been earlier procured.

“2019 pa lang, nagkaroon na ng kaso ng ASF sa bansa. Huwag tayong magloko-

han dito. Paulit-ulit na ito kaya walang excuse na di magkaroon ng komprehensibong plano para mapigilan ang pagkalat ng sakit, matulungan ang mga apektadong hog raisers, masigurong hindi magkukulang ang supply at protektahan ang mga consumers sa posibleng pagtaas ng presyo ng karne ng baboy,” he said.

Earlier, Lee filed House Resolution No. 1956 to investigate the escalating impact of ASF while calling relevant government agencies to provide assistance to hog raisers and prevent possible hike in pork prices.

“Filipinos deserve better so we should demand better protocols to protect the livelihood of local food producers and welfare of our consumers. Tulong-tulong po tayo: Tiyak na kabuhayan at dagdag na kita, gawin na natin. Murang pagkain, gawin na natin!” he stated.

PR

Manila Water...

construction arm, Manila Water Infracore Solutions, and will be managed and operated by its operating unit, Estate Water.

The MWPV-CSE Bulk Water Supply Project aims to secure a more sustainable surface water supply compared to the typical groundwater sources. Over the next 25 years, Estate Water will supply 17 million liters of potable water from MTS daily to Laguna Water, MWPV's concessionaire in the province of Laguna.

“We are committed to delivering this crucial project with unwavering integrity, efficiency, and a steadfast focus on enhancing the quality of life of customers within our Laguna Water concession area,” assured Manila Water Chief Operating Officer for Non-East Zone and Manila Water Philippine Ventures President Melvin John Tan.

“The importance of water cannot be overestimated as an essential and finite resource for the people and nation, and this must be protected and be made sustainable. And this is our responsibility. With the partnership of the

Manila Water group and their expertise, and in partnership also with the community, the government, and the Yulo family, we strive to bring this project to fruition,” shares Jose Ramon Yulo, CSE President.

Meanwhile, guest of honor DENR Undersecretary for Integrated Environmental Science and Head of the Water Resources Management Office Carlos Primo David expressed DENR's commitment to identifying resources and assets to utilize and finding viable partners for project development. He is optimistic about gaining more project ventures with the Manila Water Group, underlining the strong support from government officials and stakeholders.

Present also at the event were other members and teams from CSE, MWPV and the Provincial Government of Laguna. Representing Laguna Governor Ramil Hernandez were Laguna Provincial Administrator Atty. Dulce Rebanal and Laguna Provincial Legal Counsel Atty. Rodel Paderayon.

“This project is

more than just a groundbreaking initiative; it is a beacon of hope and a testament to what we can achieve with a shared vision. Rest assured that the province of Laguna is always supportive of Manila Water Group's projects that will uplift the lives of the people in Laguna,” says Atty. Rebanal.

In his message, Manila Water President and CEO Jocot De Dios

assured that Laguna Water is doing its best to replicate Manila Water's best practices in the East Zone and offer the same quality of service to Laguna's customers.

“We will make this work. We always thrive to ensure water reliability to areas we serve within and outside Metro Manila,” De Dios added.

Edjun Mariposque

BONG GO...

yaryo ng housing assistance para uni-unti nilang mapaayos ang kanilang nasunilog na mga tahanan na mtatatagpuan sa Taging Dagat na gawa sa mga light materials. Taus Pusong ding nagpasalamat ang Senador kina Mayor Denver Reyes Chua, Vice Mayor Raleigh Grepo Rusit, sa mga councilors, at barangay captains na sumama sa



MPT South conducts Photowalk tour showcasing Laguna Heritage



MPT South Photowalk_1: MPT South together with invited photo enthusiasts, media partners, representatives from Department of Interior and Local Government - Laguna (DILG Laguna), Laguna Tourism Culture Arts and Trade Office (LTCATO), Biñan City Culture, History, Arts, and Tourism Office (BCHATO), Sta. Rosa Tourism Office (SRTO).

Metro Pacific Tollways South (MPT South), in collaboration with the Department of Interior and Local Government – Laguna (DILG Laguna), Laguna Tourism Culture Arts and Trade Office (LTCATO), Biñan City Culture, History, Arts, and Tourism Office (BCHATO), and Sta. Rosa Tourism Office (SRTO) successfully culminated its first Biyaheng South's "Discover Laguna: A Heritage Photo Walk Tour" in Biñan and Santa Rosa.

'Biyaheng South' invited photo enthusiasts and selected media partners to take part in the Photo Walk Tour. It started in Biñan, with a quick tour of the Cavite-Laguna Expressway (CALAX) from Mamplasan to Silang-Aguinaldo exit to highlight its features as a green expressway which makes the segment self-sustaining. Afterward, participants, media partners, and colleagues from different government agencies enjoyed a heartwarming breakfast and the cozy vibe of one of Biñan's hidden gems, Kamp Lilim, just a few kilometers away from CALAX. Shortly, they headed to Biñan Esplanade, the coastal area of Biñan, where they got the chance to see the Hispanic-inspired coastal architecture and breathtaking scenery of Laguna Lake, the country's largest freshwater basin.

Heading to the city's población, they got the chance to explore and capture one of Biñan's historical landmarks, the Alberto Mansion, Teodora Alonzo's ancestral abode,

the mother of the country's national hero, Dr. Jose Rizal. They also seized the moment, learning the footprints of Dr. Rizal's maternal and paternal lineage sketched around the city center.

As they head to the city of Sta. Rosa, the participants were also pleased with the homey Filipino food served for lunch at 'PansEAT,' one of Sta. Rosa's oldest restaurant. After the luncheon, they were briefed by the local tourism officers with the amazing historical evidence found in the city's museum, and city's century-old church, the Sta. Rosa de Lima Parish Church, which was built in 1792; the impressive Spanish and American ancestral houses along Zavalla Street adds to the historical significance of the city; and the infamous landmark and identity of Sta. Rosa, the Sta. Rosa Arch.

Participants captured different heritage sites and historical landmarks in the middle of the bustling metropolis of Biñan and Sta. Rosa; enjoyed the local delicacies such as Puto Biñan and fried okoy, or shrimp fritters; and got to learn its historical significance which displays the tapestry of culture, arts, and heritage it embodies.

The photo enthusiasts who took part in the event shared their most exquisite captures of the day during their photowalk of the two cities, which was judged by MPT South and other partners in government. After their careful deliberation, the



MPT South Photowalk_2: Winning photo of Sarah Lou Bernardino in Biñan City.

judges concluded that the winning photograph was from participant Sarah Lou Berdinardino, who garnered the highest score for her photos captured in Biñan and Sta. Rosa.

"The heritage photo walk tour signifies MPT South's dedication

to foster awareness in the preservation of our cultural heritage and appreciate the significance of the past in today's everyday endeavor," said Arlette V. Capistrano, Vice President for Communication and Stakeholder Management of MPT South. "MPT

As early as 8AM, nagtungo tayo sa Brgy. Punta para ihatid ang kanilang bagong Ambulance Mobile Patrol at 500k financial grant. Isang hakbang ito sa pagpapatibay ng kaligtasan at serbisyong pangkalusugan sa kanilang barangay. Syempre, binalita na rin natin sa kanila ang magandang balita: aprubado na ang konstruksyon ng kanilang bagong Barangay Hall na nagkakahalaga ng 10 million pesos para sa Phase



MPT South Photowalk_3: Winning photo of Sarah Lou Bernardino in Sta. Rosa City.

South will continue to be an avenue in conserving our historical significance and encouraging people to take part in this cause," added Capistrano.

About MPT South

MPT South is a subsidiary of Metro Pacific Tollways Corporation (MPTC), the toll road development arm of Metro Pacific Investments Corporation (MPIC). It is the biggest toll road builder and operator in the country. Aside from the CAVITEX and CALAX, MPTC's domestic portfolio includes the concessions for the North Luzon Expressway (NLEX), the NLEX Connector Road, the Subic Clark-Tarlac Expressway (SCTEX), and the Cebu-Cordova Link Expressway (CCLEX) in Cebu.



1. Isa na namang patunay na sa Ramdam na Reporma, tuloy-tuloy ang progreso at pagbabago para sa ating mga barangay. (Nelson Dimapiis/COG)

FOR WITH
GOD
ALL THINGS
ARE
POSSIBLE

Pioneer of Innovations: LBC's Legacy in Courier and Logistics Solutions

14 AUG 2024: Manila, Philippines: The courier and logistics industry has always been fast-growing and constantly evolving, but never more so than in the last few years. The rise of e-commerce in the country drove incredible demand for courier and logistics services. The focus on last-mile delivery became a bigger priority, the integration of advanced technologies transformed operations, and the shift toward digital platforms to improve processes and enhance efficiency became essential.

Driven by a focus on innovation and commitment to always deliver the best service for Filipinos around the world, LBC is showing little signs of slowing.

Empowering Online Retailers

With the rise of ecommerce, LBC has seamlessly integrated logistics solutions tailored for online platforms. Recognizing the needs of online retailers, LBC offers buyers and sellers a variety of e-commerce payment solutions, providing the flexibility to suit your needs. We've streamlined our merchant payment processing and services to be as easy and convenient as possible, so you can focus on what truly matters – growing your business.

They recently introduced LBC's COD service to protect business from bogus buyers. This method adds a layer of security for sellers, ensuring that transactions are completed successfully before the package changes hands. LBC has also introduced Cash on Pick Up (COP) to make transactions more secure for buyers and sellers by allowing payment when the package is picked up from any of our LBC branches. And small to medium-sized businesses (SMBs) and enterprise companies can use any LBC's branches as collecting stations for client payments, which helps simplify the payment process and makes it easier for businesses to manage their transactions.

Real-Time Tracking System

LBC's advanced tracking system offers customers the ability to see

exactly where their parcel is at any given moment. By entering a tracking number on the LBC website or mobile app, customers can access detailed information about the status of their shipment, including its current location and estimated delivery time. This system reduces uncertainty and improves the overall customer experience by keeping clients informed throughout the delivery process.

Embracing Digital Transformations

LBC has embraced digital platforms to streamline its operations and improve customer service. The LBC Express mobile app allows customers to book deliveries, track shipments, and access customer support from their smartphones. Additionally, the app provides users with real-time notifications about their shipments, ensuring they are always up-to-date on the status of their packages.

The integration of digital solutions extends to LBC's backend operations as well. The company has implemented enterprise resource planning (ERP) systems to manage its logistics network efficiently. These systems provide real-time data on inventory levels, shipment statuses, and operational performance, enabling LBC to make informed decisions and respond quickly to any issues that arise.

Customized Solutions to Fit Precise Business Needs

LBC continuously innovates to provide customized logistics solutions that meet precise business needs, ensuring efficient warehousing, cross-border shipping, NVOCC services, and cross-docking. Their warehousing facilities cater to businesses of all sizes, while cross-border shipping leverages a fleet of land, sea, and air vessels for secure and timely deliveries. LBC's robust logistics network supports reliable import and export services, and their cross-docking services minimize inventory costs. Additionally, specialized logistics solutions are tailored to address unique business demands, en-

hancing overall performance and efficiency. "Innovation and commitment to do better for Filipinos is at the heart of everything we do at LBC. We're constantly evolving our services, adopting new technologies, and we continue to make sure that our customers receive the best and most efficient service possible. Our goal is to stay ahead in the industry, offering solutions that not only meet but exceed expectations. But at the end of the day, we will always continue to do more to support the growing needs of our clients and the communities we serve," ends Enrique V. Rey, Jr., CFO of LBC Express, Inc.

Cavite honors stakeholders and top cities and municipalities in polio immunization drive

The Provincial Government of Cavite through the Office of the Provincial Health Officer held a recognition ceremony on August 20, 2024, at the Bayleaf Hotel in General Trias, Cavite, to honor the outstanding cities and municipalities in the recent Bivalent Oral Polio Vaccine Catch-up and Supplemental Immunization Activity. The event highlighted the collective efforts of various local government units and national agencies in the fight against polio.

During the event, several awards were presented to acknowledge the dedication and excellence of the participating municipalities, cities, and stakeholders.

Engagement Champion Award was presented to municipalities that demonstrated exceptional community engagement and outreach efforts during the immunization drive. Awardees were cities of Tagaytay, Trece Martires, Gen. Trias, Imus, Carmona and Dasmariñas and municipalities of Silang, Kawit, Amadeo, Alfonso, Naic, Mendez, Magallanes and Maragondon.

Recognition in Timely Reporting was awarded to cities of Trece Martires, Tagaytay and



DOST-Quezon attended the 2024 National Disaster Resilience Month (NDRM) Celebration organized by PGU-Quezon and the QPDRMO held at the Quezon Convention Center, Lucena City, July 1.

As member of the Quezon PDRRM Council,

Ms. Maria Esperanza E. Jawili, Provincial Science & Technology Director of DOST-Quezon, showed her commitment to advocating a resilient province by participating in the said activity.

In Quezon Province, DOST has Center for Hazard and Environ-

mental Resource Mapping (CHERM), which provides free mapping services; and DRRM projects such as Fiberglass Rescue Boats, Tsunami Early Warning Systems (TEWS), Automatic Rain Gauges (ARG), and Local Government Unit Information Dissemination Systems (LGUIDS).

Follow DOST Quezon and DOST CALABARZON for more science and technology news in Quezon Province and CALABARZON region!



Gen. Trias and municipalities of Silang, Mendez, Indang, Gen. Emilio Aguinaldo and Naic for consistently providing prompt and accurate reporting throughout the campaign.

Good Jab Award was given to recognize the municipalities and cities with high immunization coverage rates. Awardees were cities of Cavite, Imus and Bacoor, and municipalities of Novleta, Kawit, Amadeo, Rosario, General Emilio Aguinaldo, Ternate, Alfonso, Magallanes, Indang and Tanza.

Excellent Jab Award was given to areas that exceeded their immunization targets. Recipients were cities of Gen. Trias, Dasmariñas, Trece Martires, Carmona and Tagaytay, and municipalities of Mendez, Maragon-

don, Gen. Mariano Alvarez, Naic and Silang.

Green Banner Award was presented to Dasmariñas City Health Office 1,2 & 4, Imus City Health Office 1 & 2, Carmona City Health Office, Gen. Trias City Health Office, Trece Martires City Health Office and Tagaytay City Health Office for achieving at least 75% coverage in their immunization activity.

Game Changer Award was given to cities of Bacoor and Dasmariñas, and municipalities of Silang, Tanza and Naic for having the most number of children vaccinated during the oral polio vaccination drive.

Most Innovative Award was awarded to the Municipality of Gen. Mariano Alvarez for their creativity and innovation in

Aug. 28-Sept. 3, 2024

2024 National Disaster Resilience Month (NDRM) officially kicks off, DOST-Quezon participates

Aug. 28-Sept. 3, 2024

EDITORIAL: The vice presidency after two years

IS IT a clear case of political harassment, as Vice President Sara Duterte claims it is?

Or is it simply because, as part of the Duterte political dynasty that has monopolized political power in Davao for decades, she believes she is inherently entitled to a huge security detail second only to the Presidential Security Group?

In other words, she believes she's not just a VIP or Very Important Person, but the next in line to the Chief Executive and Commander-in-Chief no less who deserves to be assigned a security detail numbering more than 400 or a battalion of policemen and soldiers armed to the teeth who will protect her from any harm.

After her election as Vice President, Duterte was appointed as Education Secretary rather than as Defense Secretary she had earlier said she wanted.

She headed the Department of Education or DepEd despite her utter lack of experience in the field of education.

And in her two-year stint in DepEd, did we hear her expound on her philosophy of education or the key reforms she wanted to implement to improve our basic education system?

We ask now: Did she leave the DepEd a better and more capable institution seriously implementing basic education that encourages respect for human rights, inculcates patriotism and nationalism, strengthens critical and creative thinking, develops moral character and personal discipline as the fundamental law mandates the DepEd to do?

Now that she is out of DepEd, Sara Duterte has all the time in the world to basically twiddle her thumbs and do nothing but wait to take over the presidency as the 1987 Constitution provides that the Vice President assumes the highest elective position in case of death, permanent disability, removal from office or resignation of the President.

Can the incumbent Vice President be relied upon to serve the public interest and welfare at all times good and bad?

That question has been raised after she decided to leave for a vacation abroad with her family while the country was being battered by a strong typhoon that spawned deep floods in many places and forced to flee their homes for safer ground.

Earlier, Duterte reaped public scorn for demanding confidential and intelligence funds for the DepEd, an agency without any mandate to undertake programs properly belonging to the police and the military.

No wonder therefore that the Vice-President's approval rating based on the latest surveys indicate a steep drop from 91 percent in 2022 to below 50 percent at present.

What's alarming and divisive is that the Vice President has declared open war and intensified tirades against the Marcos Jr. administration in what appears to be an effort to recover lost political ground and prettify her image with an eye toward a presidential bid in 2028.

But are Filipinos willing to reinstate a member of the Duterte dynasty in the Philippine presidency after her lackluster performance at DepEd and the bloody war on drugs of her father Rodrigo Duterte as Chief Executive from 2016 to 2022 that the International Criminal Court believes now merits prosecution for crimes against humanity?

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DTI...

In line with the celebration of National Nutrition Month and National MSME Development Week, DTI Rizal, in collaboration with DOST-PSSTO Rizal through Negosyo Center Binangonan, conducted the third Technology on Thursday, July 18, 2024, webinar. This inclusive event, focusing on Basic Food Safety and Hygiene, welcomed almost 60 participants, including entrepreneurs and employees from food manufacturing businesses nationwide, DTI Rizal business counselors, and DOST-PSSTO Rizal staff.

Ms. Sharon Dico, Chief of the Business Development Division at DTI Rizal, welcomed everyone and commended MSMEs for their contributions as the nation celebrates MSME Week. She underscored the importance of government programs and collaborations in supporting MSMEs and then highlighted the webinar as a crucial tool for enhancing productivity and efficiency in businesses and creating a food safety culture among employees and staff.

Mr. Trinidad Sager, Science Research Specialist II of DOST-PSSTO Rizal, also delivered a message, acknowledging the presence of the guests and participants.

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Mr. R-jay Salabao and Ms. Duane Mariel Javier, both from the Food Safety Team of DOST-PSSTO Rizal, served as speakers of the webinar. They discussed topics such as food safety awareness, types of contaminants and hazards, potential illnesses, and practical measures for ensuring food safety. These measures encompassed equipment and facility cleaning, proper food handling procedures, time and temperature controls, personal hygiene practices, food labeling, and sanitation protocols.

Afterward, the participants engaged actively in the open forum, raising queries related to food preservation, storage, and testing, which the speakers addressed comprehensively with the assistance of Ms. Una Grace Dollete, food safety team member of DOST-PSSTO Rizal. Ms. Dollete shared knowledge on food technology sectors like DOST-STD and DOST-FNRI.

Finally, DTI Rizal expressed gratitude to the participants for their active participation and to DOST-PSSTO Rizal for their ongoing partnership and support of MSMEs in enhancing business operation and production. PR



Matagumpay na isinagawa ang Sangguniang Kabataan Youth Leadership Summit 2024 na may temang "United for Progress: Leadership in the Face of Challenges" noong ika-15 hanggang ika-16 ng Agosto 2024 sa Cotte De Azur Resort, Brgy. Abiawin, Infanta, Quezon.

Pinangunahan ng Local Government Unit ng Gen. Nakar, Quezon,

sa ilalim ng pangangasiwa ng Municipal Social Welfare Development Office (MSWDO), ang makabuluhang summit na ito na naglalayong paglinang ng mga kabataang may takot sa Diyos, mataas na moralidad, at disiplina ng kabataang handang tumulong sa pag-unlad ng kanilang komunidad at protektado laban sa mga ilegal na organisasyon na naglalayong sirain ang

demokrasya at pamahalaan

Sa tulong at pakikipagtulungan ng 1st Infantry Battalion ng Philippine Army sa pamumuno ni LTC NOEL B WAMIL INF (GSC) PA, naging matagumpay ang summit. Ang Executive Assistant na si Mr. Glen Jared Ruzal ay naging kinatawan ni Hon. Eliseo R. Ruzal sa kaganapang ito.

Binigyang-diin ni LTC WAMIL ang kahalagahan ng pakikilahok ng kabataan sa mga aktibidad ng kanilang komunidad upang maiwasan ang impluwensya ng mga teroristang grupo. Binigyang-diin din niya na ang kabataan ang pag-asa ng bayan at ang tamang gabay at edukasyon ang magiging sandigan ng kanilang magandang kina-bukasan. Nelson Dimapilis(DPAO)



