ful stories that bloomed be fine," Almie stated. here. Its natural beauty attracted many tourists from around the globe, which opened doors of shells as her hobby, which opportunities to many she later turned into a entrepreneurs and gen- business. It became aeserated employment for Filipinos. The island of tourists, so they grabbed Boracav itself has been the opportunity to earn a gift to the locals.

Almie Mondoy, a native of Kalibo. Aklan, embraced this gift. and started a business. Almie's family moved to In 2007, she took a loan Boracav because of her from CARD Bank to susfather's business in the tain her business producisland three decades ago. They fell in love with rent a space for her southe beauty and people of venir shop. The microfi-Boracay. Soon after fin- nance-oriented rural bank ishing school, their family established the island's first talipapa restaurant her business. serving fresh seafood.

their restaurant burnt the public for six months down, forcing them to for its rehabilitation pro-

the island of Boracay is, the setbacks, life must go so are the many beauti- on. In time, everything will

> Almie's mother began creating necklaces and bracelets out of sea thetically attractive among from it.

Soon, Almie made her accessories tion. It also allows her to financially assists her in supporting the growth of

In 2018, the is-Unfortunately, land was shut down to

highly dependent on its livelihoods were hardly affected. "There were no tourists at that time. The temporary closure was challenging since it affected our business operations." said Almie. "I know things will work out better if we maintain a positive

gram. Since Boracay is

Boracay was later reopened to the public, allowing them to continue their businesses. The island came back to normal. So was their way of living.

Then the pandemic came that tested her faith and character. Almie's souvenir shop was one of the enterprises forced to close due to the lockdown. "Those were difficult times; we didn't know where to get money for our daily needs," she said. "But I keep telling myself that everything will be just fine."

were tough, Almie saw CARD's helping hands. She said that CARD Bank provided them with assistance throughout the lockdown. "When we didn't know what to do. CARD Bank never left us," she stated.

Everything gradually returned to normal, and Almie restarted her business operation. CARD Bank helped her to stand again on her feet. "No matter what happens, our business will survive with CARD Bank on our side," she says.

The economic recovery has given the island a new vigor. Almie now earns PHP 10.000 daily and uses it to expand her business.

Almie also earns money from her quest house and ukay-ukay store in Romblon. "I can now say that I can thrive in adversities. I am readv to conquer life's challenges." Almie concluded. PR

PUBLISHING TODAY'S NEWS AND BEYOND

VOL. I • NO. 2 • July 12-18, 2023 • P 10.00

Unang coffee processing facility sa Santa Maria, Laguna, itatayo na



Filipinas' World Cup roster named

eration (PFF) has official- igan, Carleigh Frilles, Kaly named the Philippine trina Guillou, Chandler women's football team's McDaniel, and Meryll Serlineup for its historic stint rano. in the FIFA Women's World Cup.

Annis and defender Hali Long, the team's primary and secondary captains, headline the final 23-woman roster for the Filipinas. Also ioining are

goalkeepers Olivia Mc-Daniel and Kiara Fontanilla, defenders Alicia Barker, Reina Bonta, Malea Ce- Filipino spirit, and I am exsar, Jessika Cowart, Sofia cited to see them make all Harrison, and Dominique of us even prouder," Jeff but these players were Randle, midfielders Ryley Cheng, the Filipinas' team Bugay, Anicka Castañeda, Sara Eggesvik, Quin- World Cup composition on impressed the most in ley Quezada, and Jaclyn Sunday night.

MANILA - The Sawicki, and forwards

Beard, who once played Midfielder Tahnai for the Australian national team, makes her debut as a Filipina. At the same time, Kaiya Jota is listed in the seniors' group for her stellar career at the youth level

"This group of 23 represents the best of us, the best of the indomitable manager, explained their

Philippine Football Fed- Sarina Bolden, Bella Flan- the 23 players who were Defender Angela selves available throughout the selection process." PFF president Nonong

Araneta added. Maya Alcantara, and Bella Pasion have been listed as reserves, while Eva Madarang has not been included in the final lineup.

extremely tough choice ultimately the ones who put their hands up and the national team's recent recent times and based

"We congratulate selected for the Philippines in the FIFA Women's World Cup and express our gratitude to the players who have committed and sacrificed to make them-

Inna Palacios,

"It was such an

on current form. They are the ones that my coaching staff and myself think will represent the Filipinas the best and gives us the best possible chance to perform at our peak in the World Cup,". Grand reveal The PFF re-

vealed the Filipinas' World Cup lineup in style. The federation released a video with young female

footballers introducing themselves as the final 23 Filmed at the PFF National Training Centre in Carmona City in Laguna, the video introduction of the Filipinas' final World Cup team represents the PFF's mission to continue gains through grassroots

ong taon ang unang cofippine Rural Development Project (DA-PRDP) at ng

Juan Santiago Agriculture Cooperative (JSACOOP), isang grupo ng mga magsasaka ng kape.

mula din sa proyekto, inaa-

sahang makakatulong ang pasilidad sa JSACOOP sa fee processing facility sa pataasin ang kanilang pro-Santa Maria, Laguna. Ang duksyon ng ground coffee nasabing pasilidad ay bahanggang 8,523 kilos at hagi ng proyektong Coffee ng kanilang kita hanggang Processing and Marketing Php 2,886,239. in Santa Maria, Laguna na pinondohan ng Departroon na ng processing fament of Agriculture - Philcility dito sa Santa Maria. maaaring dito na lamang

Itatayo na ngay-

May lawak na 150 square meters and pasilidad at nagkakahalaga ito ng Php 5,596,973.33. Dito iproproseso ng JSACOOP ang kanilang mga nakalap na bunga ng kape upang gawing roasted at ground coffee. Kasama ang mga processing equipment na

Manolo Diaz, pangulo ng JSACOOP. Itatayo ang nasabing pasilidad sa Brgy.

Juan Santiago, sa likod ng tanggapan ng JSACOOP. Patuloy namang nakikipag-ugnayan sa DA-PRDP ang JSACOOP upang masiguradong papasa ang konstruksyon ng pasilidad sa mga pamantayan ng DA-PRDP.

"Dahil magkaka-

ibenta ng mga lokal na

magtatanim ang kanilang

ani sa halip na ibenta ito

sa labas ng Santa Ma-

ria. Mas makakasigurado

na rin sila na may pag-

bebentahan na sila ng

kanilang produkto," ani

NEGOSYO CENTER SARIAYA TAKES PART IN A COFFEE FARM REHABILITATION AND DEVELOPMENT CONSULTATION With the government's

20 April 2023 |A Coffee Farm Rehabilitation and Development Consul- information from data tation was conducted at gathering and statistics, Brgy. Concepcion Banahaw, Sariaya, Quezon. The government's collabo- that address the specific ration efforts between the needs of the farmers. The Department of Agriculture program was an excellent Region IV-A, the Department of Agrarian Reform, back from coffee farmers. the Department of Trade assess their needs, and and Industry (DTI) Que- develop appropriate interzon, through its Negosyo Center Sariaya, Quezon Tourism, and LGU Sariaya ment's intervention highshowcased their commit- lights the crucial role of

With accurate the government can create targeted interventions opportunity to gather feedventions to address them.

lihoods of coffee farmers. ernment agencies and farmers' willingness to cooperate and embrace change. community as well. PR



ment. It is essential for farmers, who are the backbone of The govern- our agricultural industry, to recognize the government's embracing change, our vided to improve their livelihoods.

efforts and actively participate in the interventions proment to improving the live- cooperation between gov- The success of these initiatives relies heavily on the

commitment and support, coffee farmers have the opportunity to improve their productivity and profitability. It is important to note that when farmers actively participate in the nterventions provided, they are not only improving their own livelihoods but also contributing to the development of the coffee industry in the municipality of Sariaya. Therefore, by local farmers can create a positive impact not only for themselves but for their

Bukod sa pasilidad nakipag-tulungan din ang DA-PRDP sa lokal na pamahalaan ng Santa Maria, Laguna sa proyektong Kayhacat-Bubucal-Inayapan-Calangay-Coralan-Bagumbayan farm-to-market road na katatapos lamang noong 2022. Bukod sa mga magsasaka at mamimili, makakatulong din ang 7.17 kilometrong kalsada sa JSACOOP na mailabas ang kanilang produktong kape sa mas malawak na merkado PR

PCOL HAROLD P DEPOSITAR bagong talaga bilang Officer-In-Charge ng **Laguna PPO PUBLISHING** TODAY'S NEWS AND BEYOND

VOL. I • NO. 2 • July 12-18, 2023 • P 10.00

Elevating Customer Experiences:
The Power of Multilingual
Customer Support Outsourcing

DOST-CALABARZON conducts this year' **Exit Conference to 392** scholars in CALABARZON

Kampo Heneral

Paciano Rizal - Ngayong

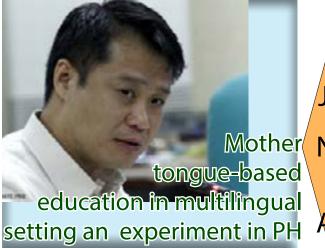
araw ng Hunyo 30, 2023

sa ganap na 9:00 ng um-

aga ginanap ang Turn-

Over of Office Ceremony

Cont. on Page 3



Romualdez: **legacy legislat**

PBBM assures entrepreneurs of

ULAT SA BAYAN NI **MAYOR JOMAPHER** ALVAREZ NAPUNONG **BAGONG PAG-ASA** ANGBAYAN NG LUISIANA

50 famí evacuatéd **from Mayon**

PH, ADB sign 3 Ioan agreements for Davao public transport modernization



Congratulations

no further 'coz it's officially SALE Season here at SM City San Pablo! Our 3-day sale is in full swing, offering incredible discounts of up to 70% OFF on all your favorite items from July 14, 15, and 16! Plus, every purchase gives you a chance to WIN a Brand New Suzuki Avenis Motorcycle! Don't wait, come and shop till you drop! #SM3DaySale #EverythingsHereAtSM

EDITORYAL:

Crackdown on smuggling

The crackdown on smuggling of agricultural products ordered by President Marcos Jr. is timely and appropriate considering that prices of onion, among other crops, remain abnormally high.

The president's directive to the National Bureau of Investigation (NBI) and the Department of Justice (DOJ) to investigate the smuggling of onion and other agricultural products comes close on the heels of the recent hearing of the House of Representatives committee on agriculture and food that confirmed the existence of an onion cartel

Committee head Marikina Rep. Stella Quimbo herself relayed the outcome of the panel's hearings to the Chief Executive, who promptly issued the order.

Quimbo told the President the cartel has been operating through Philippine VIEVA Group of Companies Incorporated (PVGCI). This company is also alleged to be engaged in farming, importation, local trading, warehousing, and logistics.

How come this cartel has been allowed to continue operating by authorities? The public deserves a clear answer.

The President believes there is sufficient ground for an investigation as the operation of the cartel constitutes economic sabotage.

That is why we are going to be very, very strict about finding these people and making sure they are brought to justice," he pointed out.

House Speaker Martin Romualdez has stated the lower chamber of Congress is ready to cooperate with the authorities who are investigating agricultural

Romualdez welcomed the president's order for the NBI and the DOJ to go after agricultural smugglers as it showed the government's resolve to clamp down on unscrupulous businessmen preying on hapless Filipino consumers.

"The House of Representatives is ready to provide our authorities with the data uncovered from our committee hearings to provide them a head start in their: own investigation," Romualdez said.

Romualdez also assured President Marcos the House will continue to monitor the prices of agricultural commodities.

"The President's directive should be enough to deter further supply manipulation of agricultural products and help stabilize prices, especially amid reports that prices of onion are on the rise again."

The government is on the right track in conducting an honest-to-goodness probe of agricultural smuggling.

The President has issued clear and unequivocal orders to start the investigation and to stop smuggling and hoarding activities of unscrupulous traders.

The NBI and the DOJ should step up to the plate and give the smugglers and hoarders their comeuppance and send them to jail

50 families ...

MANILA – At least 50 families were forcibly taken Sunday from their residences located within the 6-kilometer permanent danger zone of Municipal Police Station, than 13,000 residents Mayon volcano, according Municipal Social Welfare around Mayon's 6-kiloto the Department of So- and Development Office, meter permanent danger cial Welfare and Development (DSWD).

Secretary and spokesper- gional director Norman gas. son Romel Lopez said the Bicol Regional Office initiated the forced evacuation following verified reports be given temporary shelter that several families re- at the Baligang Elementafused to leave Barangay ry School. Validation is still Anoling, one of the geographically isolated areas

in Camalig town, Albay Laurio said in his report province.

evacuation was jointly Group. conducted by the Camalig and Municipal Disaster

I aurio said in a statement. from Barangay Anoling will exact number of families,"

From Page 1

to DSWD's Disaster Re-The immediate sponse and Management

Last month, more zone were evacuated as Response and Manage- the volcano had been DSWD Assistant ment Office, DSWD re- spewing lava and sulfuric

> The Philippine In-"The 50 families stitute of Volcanology and Seismology said on Sunday the volcano has registered 26 volcanic earthguakes and 303 rockfall ongoing to account for the events over the past 24

ULAT SA BAYAN NI MAYOR JOMA-PHER ALVAREZ, NAPUNO NG BAGONG **PAG-ASA ANG BAYAN NG LUISIANA**



From Page 3

i.e. the Green Climate lion, will help finance the

PH...

Fund (GCF) and the ASE- procurement of electric AN Infrastructure Fund buses under the DPTMP. This will contribute to the The GCF compo- country's first nationally nent of the loan package, determined contribution equivalent to US\$50 mil- (NDC) under the Paris

Editorial Office

STRAIGHT NEWS

CAVITE OFFICE: Blk. 5 Lot 69 Barcelona Ph. 2. Buhay Na Tubig, Imus, Cavite Mobile No. ----- 09556586520 / 0916473126 TIN NO. ----- 237765418-000

Email ad: newssraight172@gmail.com soberanmavic@gmail.com

EDITORIAL BOARD

Publisher : Maria Victoria S. Soberano Editor-In-chief: Dominador "RAEL" Soberano Marketing Manager: Kristina Marres

Published Weekly by: STRAIGHT NEWS

Agreement on Climate Change, which sets a 75 percent greenhouse gas emission reduction and avoidance target by 2030. According to

Secretary Diokno, the modernization of the transportation system will help enhance the ease of doing business in the country in the medium term and unlock the region's growth in the longer term.

"In the long term, a modern, efficient, and reliable transport system will improve the quality of life of our people and im



LAGUNA - Sa sa ilang mga senador ang isinagawang pag-uulat ni pondo na siyang gagami-Mayor Jomapher" Mapher" Alvarez ay ibinida niya ang mga programa at kanyang mga proyektong nagawa sa loob ng kanyang isang

bayan ito.

Mayor Alvarez .Nang ip-

Malaking tulong sa bawat residente ang pagkakaroon ng farm to market road dahil mabitaong panunungkulan sa lis na madadala ang mga inaning prutas at gulay sa Labis na pinalpalengke. At tataas din akpakan naman ng mga ang presyo ng kanilang mamamayan ng iulat ni mga lupa.

Bumili din ng baakita nito sa Audio visual gong sasakyan gaya ng Presntation ang proyekto ambulansva. dalawang para sa farm to market dump truck na siya naman oad na mag-uugnay sa maggamit sa pgkolekta ng bawat barangay ng Luisi- mga basura. at dalawang ana. Inilapit niya umano recue vehicle. Binahagi rin ana. (Kevin Pamatmat)

ng dog cage, widening sa barangay San Rafael, iluhan sa 23 brgys., bench mark, pagbili ng lupa sa brgy. San Pablo na siyang pagtatayuan ng bagong covered court, pagbili ng ng Genarator set na 100 KVA. at roofing of com-Tanging nais ng

ni Mayor Alvarez ang mga

naging proyekto na 20%

development fund gaya

punumbayan and maiayos and water system, school building, Farm to Market Road, solar street lights, swine, housing, hospital, trading post at 40 Million FMR project sa brgy. San Buenaventura at Brgy.

Pawang dumalo sa Ulat sa Bayan sina Vice-Mayor Luibic Jacob, miyembri ng Sangguniang Bayan, samahan ng mga magsasaka, grupo ng kakabaihan, mga senior citizen, liga ng mga barangay at mga guro, maging ang mga mamamayan .

Sa pagtatapos ay pinasalamatan lahat ng Alkalde and mga senador n anagbigay ng mga tulong sa bayan ng Luisiana maging ang ibang mga personalidad. Dahil sa Ulat sa bayan ni Mayor Jomapher Alvarez av labis ng natatanaw ang bagong umaga ng bagong Luisi-

SMCareslaunchedEmergencyPreparednessForum,makingPWDs,Seniorsdisaster-ready



July 12–18, 2023

National Disaster Resil-

ience Month, SM Cares re-

cently launched this year's

Emergency Preparedness

gy (PHIVOLCS) Senior

Supervising Science Re-

search Specialist Jeffrey

S. Perez, and University of

the Philippines Resilience

Institute Executive Direc-

tor Dr. Mahar Lagmay

shared their insights and

observations in a panel

discussion on understand-

ing natural hazards, such

as earthquakes, floods,

and volcanic eruptions,

and how to prepare for

agement Specialist, Emer-

gency Medical Technician.

and Wilderness Search

and Rescue Philippines

Instructor Gerard "Doki"

Natividad was also invited

to share survival tips and

tricks tailored to the needs

of the attendees. Partic-

ipants in the forum were

provided an SM Emergen-

cy Pack, which consists of

an emergency string bag,

a 4mm rope, an emergen-

cv blanket, a whistle with

lanyard, a mini-flashlight,

and a survival tool card.

Earthquake and flood sim-

ulators were also prepared

by PAGASA and DOST to

learning experience. "In

Disaster Man-

such situations.



preparing for emergencies and calamities, SM Cares believes that no one should be left behind. That is what inspires us to continue mounting this Emergency Preparedness Forum," said Mateo. "Our goal is to empower our senior citizens and PWDs with the essential survival skills and know-how so that they will be ready for any circumstance."

Since the forum first began in 2015, SM Cares has been able to provide training to 7,417 senior citizens and PWDs across the country since the forum's conception, and was awarded Gold in 2020 and Silver in 2023 at the Public Relations Society of the Philippines' an-

nual Anvil Awards. This initiative shows SM Cares' support for the United Nations' Sustainable Development Goals (SDGs), particularly "SDG 3: Good Health and Well-being", "SDG 10: Reduced Inequalities", and "SDG 11: Sustainable Cities and Communities".



their SM Cares emergency go-bags



Delegates from Tahanang Walang Hagdan, Inc. SM Cares is with Disabilities, Women

the corporate social responsibility arm of SM Supermalls, supporting initiatives focused on communities and the environment. Its advocacies include Programs for the

& Breastfeeding Mothers, Children & Youth Senior Citizens, and the SM Bike-friendly initiative.

To learn more about these programs. visit www.smsupermalls. Persons com/smcares.







Disaster Management Specialist Doki Natividad teaching a PWD delegate the cardiopulmonary resuscitation (CPR) technique without using mouthto-mouth breathing

Laycom opens at SM City Rosario



More options for gadgets and accessories await you with the opening of LayCom at SM City Rosario. Visit its store in the cyberzone, 2nd level and grab their promo for selected items.

their coffee! It's a staple beverage among Pinoys for a reason: a cup of Joe fuels their day and boosts their energy.

This is why SM Supermalls makes everyone's coffee time a leveled-up experience with only the best deals and promos for the love of a perfect cup of Joe!

Grab the best instore coffee time deals

From July 1 to 16. coffee lovers can get over 800 deals available on artisan and specialty iced coffee from well-loved coffee shops at SM. There will also be hot bundles and pairings for those who love their coffee piping

Where art, coffee, and locals come together

among avid coffee drinkers is having the ambi-

Wilson and Rose Byrne),

who discovered his ability

ing his body while his soul

travels into The Further

Experience coffee time at its finest at SM Supermalls this July

Baristas will also show off their skills at the Barista Face-Off, while musicians fill the lounge with mellow music on weekends from July 1 to

Let your #Coffee-Tok skills shine through

If you are on Tik-Tok, this is your sign to make the most creative content about coffee! AweSM prizes are at stake for the best Coffee Hangout TikTok entries, with the most likes and views. For details on how to join, go to @SMSupermalls on all

Enjoy an adventurous ride and sip at the same

Just outside the malls, SM will be dressing up designated areas for a Coffee Time Biker's Pit pick-me-up or a midday Stop. Bike, stop, and sip

your fave drink as SM creates a special stop where bikes may be temporarily parked near the café or at the malls with available To know more about Cofopen areas or al fresco. Whether it's a morning

more special with its own blend of caffeinated activities from July 1 to 16.

fee Time at SM, check out www.smsupermalls.com or follow @SMSupermalls

varieties of coffee made by a pop-up of small and medium businesses owned by the locals in your area. These spots will have comfortable lounges and eye-catching

0------

ance to the perfect cup and conversation. Look no fur-

ther because trendy spots are up at SM! Your favorite

malls will set up booths where coffee-preneurs can sell

their products. Treat your senses to different blends and

INSIDIOUS: THE RED DOOR UNLOCKS AT SM CINEMA Screams resounded at SM IT ENDS WHERE IT ALL BEGAN Cinema at SM Megamall during the movie premiere where celebrities and top influencers gathered for the goosebumps. A special midnight screening will also be held on July 5 at exactly 12:01AM at SM Cinema Cebu, SM Cinema Davao, SM Cinema Iloilo, SM Cinema Mall of Asia, SM Cinema Marikina. SM Cinema Megamall. SM Cinema North EDSA, and SM Cinema Seaside Unravel Lambert's Darkest Family Secret as you watch Insidious: The Red Door at SM Cinema. Lurk into The Further with the terrifying final chapter of the franchise, wrapping up the mysteries the Lambert family cracked open where evil entities race to ten years ago. The movie occupy his body. What evil screams and thrill as you stars Tv simpskins reprisforce will be unleashed ing his role as Dalton, the this time to hunt Dalton son of Josh and Renai and the rest of the Lam- journey to end the horror Lambert (portrayed by the original casts Patrick

WARNING: Don't watch this alone!

A lot of supernatural and gather all your friends lookout for the terrifying

and families to share the dare to accompany Dalton and his family on their where it all began. Watch Insidious: The Red Door at the Director's Club and SM Cinema Events Screen shocks are coming so and experience extraor-BOOK A CINEMA now dinary comfort as you

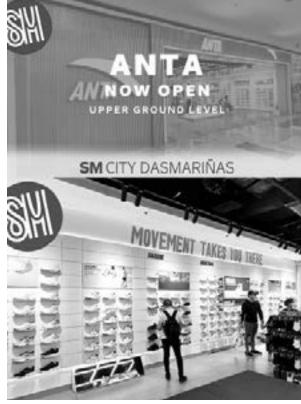
scenes of the movie. Comfortable cushioned seats, huge screens and Laser Projector with a perfect display of color, vibrancy, and sharpness - paired with the best digital surround sound of Dolby 7.1 and Dolby Atmos makes the scenes even more terrifying as if you also are in The Further. Pair them with the bestselling freshly popped popcorns, burgers, and delectable meals at the Snack Time to make your horror movie date night even more fun.

You can also book your whole company for a special block screening to enjoy watching with your colleagues. Book your cinema now through nttps://bit.ly/BookACinema and enjoy watching this much awaited horror movie in groups. Insidious: The Red Door will arrive at SM Cinemas nationwide on July 5 so reserve your tickets and cinemas now. #Insidious5

#InsidiousTheRedDoor #Insidious5AtSMCinema

break, SM Supermalls on social media. The Leading Brand of **Sportswear is now at SM City Dasmarinas**

SMSUPERMALLS



Level up your sportswear with Anta Sports. It is a Chinese sports equipment multinational corporation. Visit its new store at the 2nd level of SM City Dasmariñas

POINT OF VIEW

100 ways to **Improve Mental Health**

July 12–18, 2023

- 31.Go for a walk even if it's just to your mailbox.
- 32. Open your blinds and let sunlight in. 33.Get out of bed and get dressed daily.
- 34. Keep a journal of your thoughts.
- 35.Call someone to let them know you love and appreciate them
- 36.Color in a coloring book.
- 37.Include omega-3 fatty acids in your diet like wild salmon, tuna, walnuts, or flaxseed.
- 39. Take a mental health day.
- 40.Create a night-time ritual to help you fall asleep and stay asleep.
- 41. Cut back on sugary snacks candies, cakes,
- 42. Establish healthy boundaries.
- 43. Focus on what you accomplish versus what you don't
- 44. Allow yourself to feel emotions especially the ones that are not "warm and fuzzy"
- 45 Listen to music
- 46.Do a brain dump
- 47. Start a task or project that you have been putting off.
- 48.Do a crossword or sudoku puzzle
- 49. Diffuse essential oils
- 50.Look at yourself in the mirror and say "I love
- 51.Declutter your space.
- 52.Create a self-soothing kit.
- 53.Use a mental health app
- 54. Have face-to-face interaction with family and friends
- 55. Watch a sunset or sunrise.
- 56. Take a road trip
- 57. Try a new recipe
- 58. Make self care a priority
- 59.Be still and fully take in your surroundings focusing on your five senses. (This especially helps if you are having a panic attack)
- 60.Limit your time on technological devices. Strive to be off all tech products 1-2 hours before
- 61.Go to bed at the same time each night.
- 62 Practice intentional gratitude
- 63.Learn something new skill, language, hobby, word, fun fact, etc.
- 64.Limit your time on social media.
- 65.Go for a swim
- 66. Join a gym
- 67.If you work from home, use a co-working space for a change of scenery and to interact with others.
- 68.Ask for help when you need it.
- 69.Set long-term goals.
- 70.Create a vision board.
- 71. Surround yourself with positive words and im-
- 72.Do some sort of quick physical activity once every hour - jump-n-jacks, walk in place, stretchto be cont. fo next issue

•••••••••••••••••••••••••••••••

PCOL.

ng Laguna PPO at ang panauhing pang dangal ay si PRO CALABARZON Regional Director, PBGEN CARLITO M GACES.

Nagpasalamat ang outgoing Acting Provincial Director, PCOL RANDY GLENN G SILVIO sa pagsuporta sa kanya ng personnel ng Laguna PPO sa sampung buwan niyang paglilingkod ay di siya iniwan sa lahat ng oras kaya siya ay lubos na nagpapasalamat sa mga kapulisan ng Laguna. Sa mensaheng ibin-

igay ng incoming Officer-In-Charge HAROLD P DEPOSITAR, sinabi nito na pag-iigihin niya ang pamumuno sa Laguna PPO at hindi siya nangangako na hihigitan ang nagawa ni PCOL SILVIO subalit sisikapin niya na pantayan ang mga nagawang accomplishment ng naunang Provincial Director, Humihingi siya ng suporta sa buong kapulisan upang ang kapayapaan at kaayusan sa buong Laguna ay mapanitili.

Sa pangunguna ni PBGEN GACES ay isinagawa ang pag turnover ng Office Symbol at Property and Equipment Book mula sa outgoing PAMATMAT)

From Page 1

para sa Provincial Director Acting Provincial Director sa incoming Officer-In-Charge.

binigay ni PBGEN GACES

Sa mensaheng

ay kanyang binigyan diin na kailangang suportahan ang programa ni PGEN BENJAMIN C ACORDA JR, Chief PNP ang 5 point agenda. Ang hangarin ng kanyang pamunuan ay tumulong sa pagbuo ng dedikadong serbisyo sa Police Regional Office CALABARZON, at sa komunidad Ang atin pagkakaisa at patutulungan sa pagsisikap ay magiging daan para sa mas ligtas at maliwanag na kinabukasan para sa lahat, aniya

guizzed the Department of Education (DepEd), whether a study on moth-Kabilang din sa er tongue-based educamga dumalo sa naturang tion was conducted before aktibidad si Hon. Ramil it was institutionalized L. Hernandez, Governor through the Enhanced Bang Laguna, na nagbigay sic Education Act of 2013 mensahe na ang kanyang (Republic Act No. 10533) pamunuan ay handang suor the K to 12 Law. The portahan ang Laguna PNP department confirmed that the studies done were sa anumang proyekto at mostly in homogeneous or pangangailangan upang monolinguistic settings. maging mas maayos ang "When I asked pag lilingkod ng kapulisan about the implementation dito sa Laguna. Dumalo rin ang ilan sa mga City/ Municipal Mayors at lahat

strategy on a multilingual MLE. setting, we do not have that also. So, we became ng mga Chief of Police ng City/Municipal Police mother tongue in a mul-Station at mga pinuno ng tilingual setting. And that PNP National Support Units.#gtgacana (KEVIN

Bank (ADB) Country Di-

rector for the Philippines

agreements for the Davao

Public Transport Modern-

on July 1, 2023 at the Aca-

attractive, efficient, and af-

fordable mode of transport

maximize service cover-

age to cater to the growth

Ramachandran

The Project aims

From Page 1 Mother ...

Citing the lack

become an experiment

in terms of implement-

ing mother tongue in a

multilingual setting," said

VOL. I · NO. 02 3

ings on the implementation

tion and Housing lists as

many as 245 languages

State think tank

being used nationwide.

of studies on the use of of MTB-MLE, the lawmakmother tongue-based eder pointed out that schools ucation in a multilingual end up using regional lan setting prior to the policy's guages that children are implementation, Senator unfamiliar with, a scenario Win Gatchalian described that is not consistent with the Mother Tongue-Based the intention of the law to Multilingual Education teach learners in their first (MTB-MLE) in the Philiplanguage. Gatchalian repines as an experiment. peatedly pointed out that "After conducting while the MTB-MLE covers 19 languages, the Philfour hearings, my short summary of this exercise ippine Statistics Authority's is that the Philippines has 2020 Census of Popula-

Gatchalian, chairperson of Philippine Institute for Development Studies (PIDS) the Senate Committee on also pointed out that based Basic Education. Gatchalian on its survey of 16.827 schools, less than 10% have complied with the minima for the program's effective implementation: writing big books on language, literature and culture, documentation of the orthography of the language, documentation of grammar, and documentation of a dictionary of the language

> Gatchalian also asked the DepEd to come up with a strategic plan on its implementation of MTB-

"We know that implementation is not a simple dethe de facto experiment for partment order. We need to come up with a strategic experiment is now creat- terms of implementation. ing a lot of confusion and We need to know if this negative feedback from can be implemented or our teachers," Gatchalian not," Gatchalian conclud-

During the hear-

PH...

WASHINGTON - interoperable social netny Meta officially launched shape the future of the in- and Asian Development Threads, its text-based ternet," it said. Twitter competitor, on Wednesday.

Metaofficiallylaunches

Twitter rival, Threads

sations and sharing text conversation.

company, posts can be up and create a new experi- to deliver a modern, high to 500 characters in length ence around text, ideas, VV priority public transport and can include links, pho- and discussing what's on tos and videos that are up vour mind," he said. to 5 minutes long.

"We are working compatible with the open, Android. (Anadolu)

In a Threads

post, Meta chief executive Pavit Built by the Ins- officer Mark Zuckerberg signed three (3) loan tagram team, the new app said the new app's vision aims to provide a platform is to create an option and for real-time online conver- friendly public space for ization Project (DPTMP) "We hope to take cia Hotel in Davao Citv.

According to the what Instagram does best

The Threads app is available in more than in Davao City. It will also toward making Threads 100 countries for iOS and

From Page 1

Finance Secre- in travel demand and Facebook's parent compa- works that we believe can tary Benjamin E. Diokno accelerate inclusive economic growth in the city.

"The administration of President Ferdinand Marcos Jr recognizes that modernizing our transportation systems will be critical in building a sustainable and global ly-competitive economy,' Secretary Diokno said in his message of commit-

The DPTMP will system that will provide an be supported by loans amounting to US\$1.074 billion from the ADB and ADB-administered funds.

cont. on page 2

Multilingual customer support outsourc- fectively, resulting in iming enables businesses to cater to the specific language requirements of their customers. The language skills, the Philip-Philippines, with its multi- pines' multilingual customcultural society, provides access to a diverse talent cultural intelligence that pool of call center agents enhances customer expe- a robust infrastructure proficient in various lan-riences. They are familiar guages. Whether it's with the cultural nuances for multilingual customer Spanish, French, German, and preferences of differor any other language, ent customer segments, ing call center companies companies can rely on allowing them to tailor in the country invest in the Philippines to provide their interactions accordskilled professionals who ingly. This cultural sensitiv- tion systems, customer er service excellence. PR

nicate with customers in rapport with customers, their preferred language.

multilingual call center ippines, companies can leverage the country's language proficiency to curate assistance. Filipino call center agents undergo rigorous language training to ensure fluency and proficiency in their respective expertise enables them to understand customer inquiries address concerns and provide solutions efproved customer satisfac-

tion and loyalty. In addition to er support agents possess

In an increasing- can effectively commu- ity helps to build trust and

in a respectful and empathetic manner. tilingual customer support to the Philippines offers cost advantages for businesses. The country's lower labor costs compared to Western countries enable companies to achieve significant savings without compromising on service quality. This cost-effectiveness allows businesses to allocate resources strategically and invest in other areas of their operations. driving overall business

In addition, the Philippines' strong business process outsourcing (BPO) industry provides and technology support support operations. Leadadvanced communica-

relationship management ensuring that their needs By outsourcing are understood and met

Outsourcing mul-

(CRM) software, and data analytics tools. These technological capabilities enable call center agents to handle multilingual interactions efficiently, manage customer data effectively. and provide personalized support tailored to individual customer preferences. The bottom line:

customer

From Page 1

Multilingual support outsourcing to the Philippines empowers businesses to elevate their customer experiences and build stronger customer relationships. The country's skilled and adaptable workforce, lanquage proficiency, cultural intelligence, cost advantages, and advanced infrastructure make it an ideal destination for companies seeking to provide exceptional customer support in multiple languages. By embracing multilingual customer support outsourcing, businesses can enhance their competitive edge and achieve custom-



Ms. Izzy Trazona-Aragon and her kids, Yana, Zoe and Shekinah enjoy playing and learning at the new kids' attraction installed at the event center of SM City Tanza, the Super Kids Park, Super Kids Park has three sections where kids can learn and have fun at the same time; Soft Play, Sensory Garden and Musical Corner. What are you waiting for? Let your kid enjoy and have fun at our Super Kids Park today. Simply present a Php1,000 single receipt or 3 Cinema receipts to get a free play pass! See poster for more details.

case may be.

MANILA Speaker Ferdinand Martin para sa ating pamilya lalo icate of Land Ownership G. Romualdez said Mon- na't walang iniisip na probday over 600,000 agrarian reform beneficiaries dream for our families, es- Then the condonation (ARBs) can realize their pecially if there's no prob- takes effect, and the apdreams and aspirations lem to think of)," he said. for their families with the (RA) 11953 or the New

Romualdez...

Emancipation Act. ers have been restrained Act. It is indeed a 'legacy by the crippling thought of losing the land they till to huge and unpaid debts. They can now put all of their efforts into cultivating their lands and providing for their families' needs in- added. stead of being immobilized

in a statement. These farmers. he said, would have ex- PHP57.56 billion worth of tra resources to spend on debt of 610,054 ARBs who food, education, shelter, are cultivating a total of 1.173 million hectares of wellness and other family land. These beneficiaries expenses as the new law gave them a clean slate are all under the Compre by its condonation of their hensive Agrarian Reform Program (CARP). PHP57.56 billion debt.

"They can now law, the Department of dream big and persevere for the sake of their Agrarian Reform (DAR) Piso polymer banknote will issue Certificates of families. They have been spared from having to Condonation in favor of contend with indebted- ARBs, which shall be an- lic Engagement Program"

lema (It's a nice feeling to

"This is why I am enactment of Republic Act proud to be a part of the EP, CLOA, or any other 19th Congress that craft- title under the applicable ed and passed the New "Before, our farm- Agrarian Emancipation with the annotation of the legislation' that will benefit not only the beneficia-

Under the new

ries of the agrarian reform reform, for our farmers to program but their families, own the land they till and gross estate for purposes their communities and the for them to cultivate it with- of estate tax; and restituwhole nation as well," he President Ferdiby debt," Romualdez said nand "Bongbong" R. Mar- our farmers with the sign- of annual amortization and cos on July 7 signed RA ing of the law," Romualdez interest. (PNA) 11953, which condones

- ness. Masarap mangarap tion Patent (EP) or Certif- said. Award (CLOA), as the

> propriate Registry of Deeds shall register the agrarian reform law, along Notice of Condonation.

"For me, this is the true intent of agrarian out the burden of debt. It for more than 600,000 of solely due to non-payment

of the indebtedness, additional benefits of RA 11953 include the mandatory inclusion of ARBs in the Registry System for Basic Sectors in Agriculture (RSBSA) entitling them to support services from government agencies: preference to credit facilities, support services, and relevant programs; exemption of awarded land from tion of the agrarian reform has now become a reality award in case of forfeiture

He added that

aside from the condonation

BSP wins international award for 1000-piso polymer banknote public engagement program

The communication campaign of the Bangko Sentral ng Pilipinas (BSP) for the 1000was recognized as the "Best New Currency Pubnotated on the Emancipa- by the International Asso-

ciation for Currency Affairs (IACA) at the 2023 Excellence in Currency Awards held in Mexico City on 16 May 2023. The award is conferred on institutions for exceptional initia-

cont. on page 5

Finance ... From Page 1

MANILA - Finance Secretary Benjamin Diokno said outstanding debt may exceed the PHP14.63 trillion assumption but debt to gross domestic product (GDP) ratio remains to be manage-

In his weekly press briefing, Diokno said that the right metric for assessing debt is its proportion to economic output.

"Usually, [assess] the debt as a percent of GDP. It will be around 60-61 percent this year but still manageable,"

Diokno said that pre-pandemic, the debt to GDP was around 39 per-

"It went up because we had to borrow money for medicines, plus revenues went down. But the last number in the first quarter was about 61 percent. And as a result of the pandemic, it's reasonable." he said.

Diokno said the government targets to bring down the debt to GDP to 51 percent by the end of President Ferdinand R. Marcos Jr.'s term. "By 2028 it's 51.2

and that's a combination of lower debt plus higher GDP," Diokno said.

From Page 1

"Like I said it also

Economic manare aiming to agers achieve 6 to 7 percent economic growth for this

For 2024 to 2028, the economy is expected to grow by 6.5 to 8 percent.

depends on where you put your borrowings. It's not bad to borrow money. We are using the money for infrastructure, we are expanding the capacity of the economy. And also. productivity-enhancing measures. like improvement of teacher education," added Diokno.

National Treasurer Rosalia de Leon said that in terms of debt. "we're not thinking of it in terms of nominal, but debt to GDP, how we're managing and using the debt to grow the economy."

She also noted that repayments would help reduce debt. De Leon added

that credit rating agencies are also not concerned about the country's debt. "We have two visits by credit rating agencies. They are not really concerned by the debt, because they saw that our debt profile continues to be resilient," De Leon said.

July 12-18, 2023

QUEZON CITY (PIA)—President Ferdinand Romualdez Marcos Jr. expresses his support to local businesses days before Micro. Small. and Medium Enterprise as consumers or entrepre-(MSME) Month this July.

President Marcos said during the Kanegosyo Center launch in Parañague City on 29 June 29, 2023, "We have now extended the definition. MSMEs are micro, small [and medium-sized] enterprises.

"We have begun to include what we call non-enterprises which are so small that they do not actually fall into any skills and knowledge to category of economic ac- entrepreneurs leading to tivity because they're way below the radar," PBBM said as he emphasizes the ents in accessing governneed for an inclusive business sector.

2021 Department of Trade and Industry data indicates 99.58% or 1,076,279 business cated in select Cebuana enterprises in the country are MSMFs with 978.613 (90.54%) micro business- sist gives entrepreneurs es, 93,230 small businesses (8.63%) and, 4,437 (0.41%) medium enterprises, majority of which are located in the Central Luzon, CALABARZON tion, and Barangay Micro and National Capital Re- Business Enterprise regis-

BSP...

tives designed to inform stakeholders about new banknotes or coins using multiple communication platforms, media, or formats.

The BSP's 1000-Piso polymer banknote public engagement program edged out finalists from the Royal Canadian Mint and the Central Bank of Barbados.

ger than paper banknotes,

which also helps reduce

printing costs over the

With the tagline "smarter cleaner. and stronger," the BSP's communication campaign highlights the advantages and benefits of polymer against paper banknotes. "Smarter" because polymer banknotes can accommodate more sophisticated security features against counterfeiting; "cleaner" because bacteria and viruses die faster on polymer due to its smoother surface; and "stronger" because polymer lasts at least two to five times lon-

FROM PAGE 4

long run.

Existing and new

government partnerships

and initiatives are in place

for Filipinos to utilize this

MSMEs Month whether

neurs in line with the pres-

ident's directive to boost

Kanegosyo & Negosyo for

ly-launched Kanegosyo

Center (KNC) is an ef-

fort by Cebuana Lhuillier

auidina business owners

through a one-stop-shop

in line with the president's

increased competitiveness

ment permits, registration

services and providing

skills development through

https://kanegosyocenter.

com and KNC kiosks lo-

access to forms such as

barangay clearance per-

mits, business permits,

DTI registration, Bureau of

Internal Revenue registra-

Kanegosyo

Lhuillier branches.

KNC provides

by assisting cli-

As-

whole-of-nation approach.

The

local businesses.

MSMFs

The central bank conducted stakeholder consultations and disseminated information via social media, webpages, press releases, roadshows, training sessions, and audiovisual presentations to generate public awareness and appreciation of the polymer

banknote launched in April

The 1000-Piso polymer banknote was also a finalist for IACA's 2023 "Best New Banknote or Banknote Series" award, which was given to Bank Indonesia's 2022 Rupiah Banknote Series. Recently, the BSP's 1000-Piso polymer banknote was named by the International Bank Note Society (IBNS) as the "2022 Banknote of the Year.'



PBBM assures entrepreneurs of support in time for MSME month Similar to the Ka- vices to the mainstream

> provide business registration services and business coaching on a community level resulting in ease of

doing business. In addition, DTI NCs also empower MS-MEs through the Kapatid Mentor ME (KMME) Proprogram facilitated by successful entrepreneurs sharing their best practices via face-to-face, online or hybrid methods.

nationally

eas with little to no telecommunications connecoffices headed by trained business counselors.

Go Lokal! Concept Stores

DTI Go Lokal MSME products and ser- media via Instagram at dti. PCO, DTI Go Lokal)

negosyo center, the DTI's market. established Negosyo Centers (NC) launched in 2017, is seen

> ing and product consumption towards local MSMEs. Go Lokal! boosts new and developing businesses through market access provided by retail operators and malls such as a recently-opened Go

Increased visibil-NCs give access ity in areas with high foot to government services traffic coupled with online especially in far-flung ar- promotion and marketing provided by the program are seen to introduce tivity through their physical more local products to the mainstream market and contribute both to eco-

MSME products are show-Concept Stores are also cased nationwide in Go an avenue to popularize Lokal Stores and social

as a way to funnel spend-

gram, a 10-day coaching Lokal Store in Intramuros on March 2023 which offers food and non-food products for both locals and tourists alike.

nomic growth and MSME revenues.

Locally-made

dti

DTI South Cotabato recently conducted a business improvement plan presentation of the 1st batch of mentees from the Kapatid Mentor Me-Money Market **Encounter (KMME-MME) program that showcased** the achievements of 8 aspiring entrepreneurs from the municipalities in South Cotabato. Photo: DTI South Cotabato

golokal and the Go Lokal Official Facebook Page, Facebook.com/DTI.GoLokal.

The currently implemented whole-of-nation approaches are seen to hasten business development and income generation through help of both government and non-government partners. (GG/PIA with reports from

DOST-CALABARZON conducts this year's Exit Conference to 392 scholars in CALABARZON

Last June 30, 2023, the Department of Science and Technolo-(DOST)-CALABAR-ZON, through its Scholarships Unit, conducted the DOST-Science Education Institute (DOST-SEI) Scholars' Exit Conference simultaneously at the Lima Park Hotel in Malvar. Batangas, via Zoom and Facebook live.

Gathering a total of 392 scholars from the whole region (50 from Cavite; 179 from Laguna; 90 from Batangas: 21 from Rizal: and 52 from Quezon), the conference aims to recognize the scholars' hard work and perseverance and to re-orient them of their obligations based on the Scholarship Agree-

DOST officials graced the event by expressing their support, including Usec. Maridon Sahagun, DOST Undersecretary for Scientific and Technical Services and Engr. Francisco R. Barquilla III, Assistant Regional Director for Technical Operations of the DOST-CALABARZON and the Senior Technical Staff for Scholarship.



Bagsit, Regional Director of DOST-CALABARZON, expressed her support through a message delivered by ARD Barquilla during the Opening Remarks Moreover, speak-

ers from various sectors provided comprehensive discussions for the outgoing scholars, namely, Mr. Peter Gerry P. Gavina, Chief Science Research Specialist from the DOST-SEI where he discussed the "DOST-SEL Scholarship Policies on Service Obligation and Issuance of Clearances" and the DOST-SEL Graduate Scholarship Programs"; Mr. Vergel P. Rebuta, Science Research Specialist II from the DOST-SEI and his discussion on

success stories including reer Experience Report (TRACER): Ms. Evelvn A Calderon. Administrative Officer IV from the Department of Education (DepEd) Calamba and her presentation on the DepEd Hiring Arrangements for RA 10612/RA

7687 Scholars. The latter part of the program featured previous DOST scholars who Meanwhile, Ms. Emelita P. the Tracking Actual Ca-shared their journey and

Mr. Mhark Ellgine A. Libao, Science Research Specialist from the Provincial S&T Office of Batangas (PSTO-Batangas); Ms. Andreana Amor M. Gulav Special Science Teacher I of the Camp Vicente Lim Integrated School; and Ms. I vn A. Fernandez, the Assistant Regional Director for Finance and Admin-

